

Estherville Wellness Expo @ YOUR RWC

Tuesday, October 25 (3 pm to 7 pm)

Registration Information

Wellness Expo Educator:

You are cordially invited to participate in the Estherville Wellness Expo to be held at **YOUR** Regional Wellness Center on Tuesday, October 25 from 3 pm to 7 pm. Our goal is provide a wellness educational experience for the attendees and this year we are adding vendors that will be offering health related items for sale. Along with educational information we do encourage displayers to have give-a-ways and drawings at their booth. Avera will be here offering FLU VACCINES at the event.

Non-profit vendors will be provided a free booth with a table and chair(s). For profit vendors may reserve a booth for a nominal fee of \$10. Booths are available on a first registered bases. Booth can be set up anytime between 11 am and 2 pm on October 25 and must be taken down immediately following the event to open up the space for RWC members.

The theme of the Wellness Expo is "Elements of a Healthy Life". Some ideas for your booth/display may be:

- ♦ Interactive, hands-on or learning activities
- ♦ Handouts and give-a-ways (Drawings for items/services are encouraged)
- ♦ Health information for all

We are excited to host this event and look forward to your participation . If you have any questions, please contact me at 712-362-8484 or email at Robert.grems@elc-csd.org or Jen Hough @ 712-362-6479 or Jennifer.hough@avera.org.

Cordially,

Bob and Jen

Robert L. Grems, RWC Director Jen Hough, Avera

"Elements of a Healthy Life"