**PRESS RELEASE                  May 21, 2013**

**FOR IMMEDIATE RELEASE:**

**ESTHERVILLE REGIONAL WELLNESS CENTER**

**Bike Time Trial Results**

Results for the first of six time trials held on **Tuesday, May 21, 2013:**

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| --- | --- | --- | --- |
|  |  | **Time** |  |
| **Name** | **Hometown** | Min/Sec/Tenths | Place overall |
| Taylor Huseman | Manson | :29.32.88 | 1st |
| Alan Bailey | Spirit Lake | :33.50.28 | 2nd |
| Paula Richter | Milford | :34.19.53 | 3rd |
| Drew Mills | Okoboji | :34.33.53 | 4th |
| Bob Grems | Estherville | :34.59.07 | 5th |
| Bart Duncan | Spirit Lake | :35.14.24 | 6th |
| Jim Prust | Estherville | :35.20.66 | 7th |
| Jake Jacobusse | Algona | :35.25.25 | 8th |
| Roger Hash | Estherville | :35.38.58 | 9th |
| Tim Long | Jackson | :36.46.10 | 10th |
| Roger Carlson | Lakefield | :37.05.46 | 11th |
| Mike Karels | Estherville | :40.34.70 | 12th |
| Larry Anderson | Estherville | :42.43.51 | 13th |
| Bruce Chrestiansen | Estherville | :43.00.45 | 14th |
| Ron Sabby | Wallingford | :43.30.19 | 15th |
| Brandon Lewis | Estherville | :47.11.65 | 16th |
| Will Greig | Estherville | :48.07.19 | 17th |

**This was the first of six Time Trial Series that will be held throughout the summer on the following Tuesdays: May 28; June 11 and 25; July 2 and 16. Races are held west of Estherville on County Road A24 with an out and back course. The event is open to all riders, no matter experience level. Come and challenge yourself against the clock each week. New are riders are welcome to join at any time. For more information or to register, contact Bob Grems, RWC Director at 712-362-8484 or visit us on the web at** [**www.rwcinfo.com**](http://www.rwcinfo.com) **or** [**www.facebook.com/regionalwellnesscenter**](http://www.facebook.com/regionalwellnesscenter) **.**

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**For additional information please contact Bob Grems at the Regional Wellness Center at 712-362-8412 or email** [**Robert.grems@estherville.k12.ia.us**](mailto:Robert.grems@estherville.k12.ia.us)