



Back for its fifth year, Refresh Leadership Live is your opportunity to come together with other members of our business community to learn more about the principles of great leadership from a lineup of speakers who have proven their mettle and are now sharing their insight and experience with you.

Conscious Leadership

Presented by John Mackey

Co-founder and co-CEO of Whole Foods Market

A strong believer in free market principles, John Mackey co-founded the Conscious Capitalism Movement to challenge business leaders to rethink why their organizations exist and to acknowledge their roles in the interdependent global marketplace. In his presentation, he will share how leaders can personally grow and evolve to, in turn, grow and engage employees and the company itself.

The Game of Life

Presented by Dick Vitale

Legendary sportscaster and former pro and college basketball coach

Dick Vitale's experience and enthusiasm for the game of basketball are unparalleled and his "Vitale-isms," like "Awesome, baby!" and "diaper dandy" have taken on a life of their own. Seemingly emblematic of his own last name in that he's always full of vitality, Vitale will share the lessons he has learned from sports for addressing the problems of life head-on, with the boundless humor and optimism.

Stop Global Whining!

Presented by Christine Cashen

Professional speaker and expert on handling conflict and stress

We are all forced to do more with less these days – fewer staff, declining resources, and 40 hours of stuff to do in a 24-hour day. This can really wear us down! So, what do you do? You can waste energy complaining, but how productive is that? Instead, be part of the solution! Christine will share the secret to getting what you want with what you've got to make a difference in your workplace and your life.

Join us for an inspirational leadership event you won't want to miss!

WHEN:

Wednesday, April 16, 2014

8:00 a.m. - 12:00 p.m.

WHERE:

Maritz Theater

1400 South Highway Drive

Fenton, MO 63099

(Registration and Continental Breakfast @ 7:30a.m)

Cost:

No charge for friends of Express, \$200 value

RSVP:

Call (314) 968-2700 or e-mail

marianne.burlis@expresspros.com or web

www.refreshleadership.com/live

Select - **MO-Missouri-St Louis South**

by April 11th, 2014



David & Marianne Burlis



Are proud to present
this event to
St Louis Businesses



The Refresh Leadership Live simulcast has been pre-approved for 2 HRCI recertification credit



#refreshleadership

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