

Retirement, again.

Third time's a charm, yes? For Rosemary Barton, co-owner of Seniors Helping Seniors in-home care this may be the fourth or fifth. She is the epitome of an active senior, continuing to give back to her community. Will retirement stick this time? Time will tell.

Rosemary began her working career on Wall Street at 16, but later moved with her husband to a small town in upstate New York. At a time when women were not allowed to work while pregnant, Rosemary created her own "Kelly Girl" company, specializing in filling in at Attorney's offices. She also served as the School Tax Collector. Her "big break" came though when she was hired to be a receptionist for a tiny insurance agency. As the sole person at that small branch, Rosemary convinced the owner to let her become a licensed agent. What began as a receptionist position ended twenty years later as a CPCU and Vice President of a multi office company with national insurance programs.

Rosemary retired to Florida destined for relaxation under the sun during the winter months, although she already had a summer job volunteering aboard the square-rigged ship "Half Moon". A replica of the ship Henry Hudson sailed when he discovered "New Amsterdam", Rosemary became the ship's cook, a position she held for fifteen summers, while her husband Dan served as the first mate. Wanting to stay active during the winter months she took a part time seasonal job at the Windsor Club, a beautiful community in Vero Beach. There she worked in the concierge office, enjoying interacting within an office setting again. She missed the community within an office and helping others. Although she wasn't quite ready, after ten years she retired from Windsor, to make time for her next and possibly most challenging adventure, opening Seniors Helping Seniors in-home services with her daughter here in Brevard County.

Promising three good years to her daughter and co-owner, Jennifer Helin, she has finally decided to go into retirement after six years in the business. "Well, semi-retirement" says Rosemary. While she is looking forward to spending more time with her husband and family, traveling and quilting, she still isn't ready to walk away entirely. "I really enjoy some of the meetings I attend and would miss being part of our community involvement. There are so many ways I can still be involved, without being tied down to a set schedule. Seniors need to remain active, and I am convinced about this more every day. It is important to have a purpose, something to get out of bed for". We're sure that whatever lies ahead for her, Rosemary will continue to be an inspiration all those she meets.

