



**FOR IMMEDIATE RELEASE**

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**Free Caregiver Conference Event on March 15**

MELBOURNE, Florida – (Wednesday, March 7, 2018) – The Visiting Nurse Association (VNA) is bringing its award-winning VNA Caregiver Conference to Melbourne on Thursday, March 15 from 9:00am – 12:00pm at the Wickham Park Community Center, located at 2815 Leisure Way, Melbourne, FL 32935. This is the first time the conference will be held in Melbourne, and the conference is offered at no-cost for attendees. Space is limited. Attendees must RSVP at [www.vnatc.com/caregiving](http://www.vnatc.com/caregiving) or call 772-978-5515.

The VNA Caregiver Conference will spotlight healthcare and human services available in our community. The core of the conference is an open question and answer session between attendees and a panel of local experts. This type of open questioning fosters interesting conversations and allows the other caregivers to participate and share their knowledge as well. The panel of local experts will include representatives from VNA Home Health, Aging Matters in Brevard, Brevard Alzheimer's Foundation, SHINE, Veterans Services and Walters Estate Planning.

Dr. Juan Lebron, medical director of HealthSouth Sea Pines Rehabilitation Hospital, will kick off the conference by speaking on fall prevention. Doors will open at 9:00 a.m. for a complimentary breakfast.

The VNA created the conference to bridge the gap between caregiver needs and local, affordable resources by partnering with other community organizations to bring awareness, education, resources and support to seniors and caregivers throughout Brevard County.

For more information about the conference or to RSVP, please visit [www.vnatc.com/caregiving](http://www.vnatc.com/caregiving).

**About the VNA**

VNA Home Health provides home healthcare services throughout Brevard County including Medicare-reimbursed skilled nursing care, physical, speech, and occupational therapy. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit [www.vnatc.com](http://www.vnatc.com).

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