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For Immediate Release

<p style="text-align:center">**VNA Home Health offering no-cost health screenings in December**</p>

MELBOURNE, Florida – (Tuesday, November 14, 2017) – VNA Home Health is offering the following no-cost community wellness screenings throughout Brevard County this December:

Blood Pressure and Blood Sugar Screenings:

- Wednesday, December 6 9:30 a.m. – 12:00 p.m. Cocoa Beach Public Library 550 N. Brevard Ave, Cocoa 32931
- Thursday, December 7   9:00 a.m. – 11:00 a.m.   Greater Palm Bay Senior Center 1275 Culver Dr. NE, Palm Bay 32907
- Monday, December 11 9:30 a.m. – 10:30 a.m.   Satellite Beach Civic Center 565 Cassia Blvd., Satellite Beach 32937
- Thursday, December 14 8:30 a.m. – 9:30 a.m.   Ascension Manor 2960 Pineapple Ave, Melbourne 32935
- Thursday, December 14 10:30 a.m. – 12:00 p.m. Sunflower House Merritt Square Mall Suite 201
- 777 E. Merritt Island Causeway, Merritt Island 32952
- Tuesday, December 19 9:30 a.m. – 11:30 a.m.   Melbourne Public Library 540 E. Fee Ave, Melbourne 32901
- Tuesday, December 26 9:00 a.m. – 11:30 a.m.   Eau Gallie Public Library 1521 Pineapple Ave, Melbourne 32953

For morning blood sugar tests, you will need to fast from midnight on.

Blood Pressure Screenings:

- Friday, December 1 11:00 a.m. – 12:00 p.m. AARP Indian Harbor Beach Recreation Center 1233 Yacht Club Blvd., Melbourne 32937
- Monday, December 11 11:30 a.m. – 1:00 p.m.   Daily Bread 815 East Fee Ave, Melbourne 32901

- Tuesday, December 12 10:30 a.m. – 12:00 p.m. Wickham Senior Center 2785 Leisure Way, Melbourne 32935
- Thursday, December 21 12:00 p.m. – 1:30 p.m.   South Mainland Library 7921 Ron Beatty Blvd., Micco 32976
- Friday, December 29   8:30 a.m. – 10:30 a.m.   Cocoa Beach Health & Fitness 1355 N. Atlantic Ave, Cocoa Beach 32931

About VNA Home Health

Since 2000, VNA Home Health has been providing home healthcare services throughout Brevard County. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com.

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