

For Immediate Release

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**Heart Rhythm Associates Welcomes New Electrophysiologist to Wuesthoff Family of Physicians**

*Love of science, people drew Sujata Balulad, MD, to her chosen field*

Rockledge, Florida (September 21, 2017) – Wuesthoff Health System welcomes Sujata Balulad, MD, to its family of physicians at Heart Rhythm Associates. Dr. Balulad is a clinical cardiac electrophysiologist.

Board certified in internal medicine, cardiovascular disease and clinical cardiac electrophysiology. Dr. Balulad performed her residency at Albany Medical Center Hospital in Albany, NY.

The love of science was one factor that prompted Dr. Balulad to pursue her career in medicine – she was torn in the beginning between medicine and engineering. “I really am glad I chose the path to become a physician,” she said. “I enjoy interacting with others and being a physician provides me an opportunity to connect with people over the long term and help improve their lives. That’s very satisfying, and I’m so glad I chose this path.”

As an electrophysiologist, Dr. Balulad specializes in treating the electrical function of the heart. She performs ablations to treat conditions such as arrhythmia, which involve abnormal heartbeats. An ablation acts as a corrective agent by scarring certain areas of the heart that may be responsible for the abnormal rhythms.

“In my practice, I focus on three main things,” Dr. Balulad said. “I use my people skills, the latest technology and continuing care to help my patients better their health.”

One of the things she tries to instill in patients: Don’t ignore symptoms and write them off as “getting older.”

“I continually remind patients to take proper care of themselves and pay attention to any changes in their health,” she said. “It can be common for patients to attribute a health problem to age. That’s why it’s so important to encourage patients not to just shrug off any symptoms they may be experiencing, as these could underlie a more serious issue.”

Before joining Wuesthoff Health System, Dr. Balulad completed a fellowship in clinical cardiac electrophysiology at the Hemsley Center for Electrophysiology, Icahn School of Medicine at Mount Sinai, NY. She received her medical degree at Topiwala National Medical College in Mumbai, India.

Many publications feature Dr. Balulad’s work and she has presented often at physician meetings.

Dr. Balulad said there are many things she enjoys about her career, such as the hands-on procedural work involved and a chance to form relationships with patients over the long term. “When you’re treating patients, you see them on a regular basis, you get to know them,” she said. “It’s very rewarding when you’re able to make a difference in their quality of life.”

Dr. Balulad’s office phone is 321-632-6963.

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About Wuesthoff Health System:

The Mission of Wuesthoff Health System: Everyone doing everything to pursue the perfect patient experience. Wuesthoff Health System includes Wuesthoff Medical Center-Rockledge and Wuesthoff Medical Center-Melbourne, both full acute care hospitals and Wuesthoff Health Services, a network of affiliates providing rehab services, wound care, laboratory services and assisted living. For more information on Wuesthoff Health System, visit [www.wuesthoffrockledge.org](http://www.wuesthoffrockledge.org).

About Steward Health Care:

Steward Health Care is a fully integrated national health care services organization committed to providing the highest quality of care in the communities where our patients live. Steward owns and operates 18 community hospitals across four states, serves over 800 communities, and has more than 23,000 employees. The Steward network includes more than 25 urgent care centers, 42 preferred skilled nursing facilities, substantial behavioral health offerings, and more than 3,700 beds under management.

The innovative, community-based Steward Health Care Network includes more than 4,500 physicians who care for approximately 2 million patients annually. Steward Medical Group, the company's employed physician group, provides more than 1 million patient encounters per year and manages Steward Home Care and Hospice with 300,000 and 35,000 patient encounters respectively. Steward's unique health care service delivery model leverages technology and care coordination to keep patients healthier and in the community. Steward is recognized as one of the nation's leading accountable care organizations. Steward hospitals have received the country's top awards for quality and safety. Additional information is available at [www.steward.org](http://www.steward.org).