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Wuesthoff Medical Center—Rockledge Welcomes New Chief Nursing Officer to Team

Longtime healthcare professional responsible for compliance with care standards

Rockledge, Florida (October 5, 2017) – Wuesthoff Health System welcomes Mary Sue Zinsmeister, MSN, RN, to its family of healthcare professionals. Zinsmeister now serves as the chief nursing officer at Wuesthoff Medical Center—Rockledge.

A graduate of East Carolina University, in Greenville, NC, Zinsmeister holds a master of science in nursing degree and is currently working on her doctorate. During her distinguished career that spans more than 20 years, Zinsmeister has worked at hospitals in North Carolina, Nevada, Virginia and Texas. In her last position, she was national director of critical care at Tenet Healthcare Corp. in Dallas.

“I’m passionate about nursing and providing care. It’s always been something I’ve wanted to do,” said Zinsmeister. “This career has been extremely fulfilling. It’s not only given me the opportunity to make a difference for nurses but to also make a positive difference for the communities in which I live.”

Zinsmeister’s interest in nursing dates back to her childhood and is rooted in her enthusiasm for service. “I’ve always enjoyed helping and caring for others, so this career option interested me when I was very young,” she said. Inclinations toward the profession also run in the family – her sister, too, is a nurse.

As chief nursing officer, Zinsmeister oversees the patient care services. She is ultimately responsible for the nursing care patients receive, and works to ensure the hospital complies with all regulations and standards of care.

Early in her career, Zinsmeister worked as a bedside nurse, caring for patients directly. She later moved into leadership, which she said broadened her opportunities to serve. “I appreciate being in a leadership role, because I’m able to shape the way healthcare is delivered to patients,” she said. “I can make a major difference that way.”

The main thing Zinsmeister anticipates in the healthcare profession is a continued shifting of the landscape to meet the needs of 21st century patients. “That’s one of the challenges in healthcare today – it changes so rapidly. One thing we are sure of, it will change,” she said. “The main thing amid all this change is to make sure patients are getting the best care possible. That’s my goal.”



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About Wuesthoff Health System:

The Mission of Wuesthoff Health System: Everyone doing everything to pursue the perfect patient experience. Wuesthoff Health System includes Wuesthoff Medical Center-Rockledge and Wuesthoff Medical Center-Melbourne, both full acute care hospitals and Wuesthoff Health Services, a network of affiliates providing rehab services, wound care, laboratory services and assisted living. For more information on Wuesthoff Health System, visit www.wuesthoffrockledge.org.

About Steward Health Care:

Steward Health Care is a fully integrated national health care services organization committed to providing the highest quality of care in the communities where our patients live. Steward owns and operates 18 community hospitals across four states, serves over 800 communities, and has more than 23,000 employees. The Steward network includes more than 25 urgent care centers, 42 preferred skilled nursing facilities, substantial behavioral health offerings, and more than 3,700 beds under management.

The innovative, community-based Steward Health Care Network includes more than 4,500 physicians who care for approximately 2 million patients annually. Steward Medical Group, the company's employed physician group, provides more than 1 million patient encounters per year and manages Steward Home Care and Hospice with 300,000 and 35,000 patient encounters respectively. Steward's unique health care service delivery model leverages technology and care coordination to keep patients healthier and in the community. Steward is recognized as one of the nation's leading accountable care organizations. Steward hospitals have received the country's top awards for quality and safety.

Additional information is available at www.steward.org.

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