



# Grand Forks

NORTH DAKOTA

# East Grand Forks

MINNESOTA

**2024 Community Profile  
Membership Directory**

**THE  
Chamber**  
GRAND FORKS • EAST GRAND FORKS



**HUGO'S**  
• FAMILY MARKETPLACE •

**HUGO'S**  
PURE MARKET

**12 Convenient Locations:**

**NEW! Fosston**

**Downtown Grand Forks**

**Grand Forks (4)**

**East Grand Forks**

**Crookston**

**Grafton**

**Thief River Falls**

**Park Rapids**

**Jamestown**

Shop Online at **shop.gohugos.com**  
Convenient Delivery or Curbside Pickup





# 2024 Community Profile/Membership Directory

The Chamber – GF/EGF has been working for our communities for over 120 years. As a 5 Star Accredited Chamber, we take pride in being the region’s largest business organization. As a chamber, we Inform, Promote, Advocate, Connect and Educate our members and the community.

## Chamber 2024 Board of Directors:

### EXECUTIVE COMMITTEE:

Tony Hodny	Board Chair
Michael McLean	Chair Elect
Russel Crary	Past Chair
Pat Boppre	Vice Chair
Mike Fridolfs	Vice Chair
Kay Derry	Vice Chair
Barry Wilfahrt	President/CEO, Chamber GF/EGF

### DIRECTORS:

Matt Bredemeier	Grand Forks Subaru Kia
Jon Fargo	Retrax Holdings, LLC
Matt Fischer	Probitas Promotions
Todd Forkel	Altru Health System
Derek Holt	First Community Credit Union
Tarek Howard	Auto Finance Super Center
Meloney Linder	University of North Dakota
Keith Lund	Grand Forks Region EDC
Matt Norby	Norby Work Perks
Emily O'Brien	Bioscience Association of ND
Scott Reck	Northdale Oil
Phil Ring	McKinnon Company
Liz Savage	Hugo's Family Marketplace
Andy Schneider	Dakota Concealed/GF County Sheriff
Penny Stai	River Cinema 15
Tyler Wilson	Vilandre Heating, AC & Plumbing

### Sr. Military Advisor to the Board

Col. Timothy Monroe, GFAFB

©2024 Chamber of Commerce Grand Forks/East Grand Forks. All rights reserved. No part of this publication may be reproduced or transmitted in any form, by any means, electronic, mechanical, photocopying or otherwise.



### The Chamber - GF/EGF

202 N. 3rd St.

Grand Forks, ND 58203

701-772-7271

[info@gochamber.org](mailto:info@gochamber.org)

[www.gochamber.org](http://www.gochamber.org)

[www.facebook.com/thechambergfegf](https://www.facebook.com/thechambergfegf)

[www.twitter.com/thechambergfegf](https://www.twitter.com/thechambergfegf)

## TABLE OF CONTENTS

<b>3</b>	Board of Directors
<b>4</b>	Telling Our Story
<b>6</b>	Defending Our Freedom
<b>8</b>	Feeding Our People
<b>10</b>	Buying & Selling
<b>12</b>	Educating Our Community
<b>16</b>	Being Active
<b>20</b>	Getting Together
<b>22</b>	Having Fun
<b>24</b>	Arts & Culture
<b>26</b>	Reading & Writing
<b>28</b>	Staying Healthy
<b>31</b>	Aging Well
<b>32</b>	Living Together
<b>33</b>	Growing Together
<b>35</b>	Membership Directory

Photos in this book are courtesy of:

Greater Grand Forks Convention & Visitors Bureau, Michael Lawrence, The Chamber-GF/EGF, Northland Community & Technical College, Ralph Engelstad Arena, Shawna Noel Schill, Jackie Lorentz, Tim Sanger, Lutheran Social Services, Altru Health System, Grand Forks Senior Center, Grand Forks Public Library, Grand Forks Country Club, True North Equipment, Northrop Grumman, Alerus Center, University of Minnesota Crookston, GF Police Department, Mark Eagleson, MJD Photography/Stable Days Youth Ranch, Erin Phillips/Soulshine Photography for Global Friends Coalition, Char Wick, iSight Drone Service, freepix.com, EL Photography.





# Telling Our Story

Hello and welcome to the community of Grand Forks, North Dakota and East Grand Forks, Minnesota.

## Prepare to be dazzled. That's our best advice.

Why? Because we've dazzled ourselves. In the last three years our economy has become more diverse, new missions have come to the Air Force base, the medical community has grown larger and more competitive, shopping options have expanded and eating options have exploded.

Even the landscape has been remade. It's still flat but downtown has been redone with architecturally striking new buildings joining venerable historic structures. New residences and new businesses have brought new life to the heart of the community. The university campus has been transformed with new construction and longer vistas. If you don't believe it, take a walk on campus. You'll be dazzled, and that's a promise.

We have built one of America's best small cities. We're genuinely proud of what we've done. We live here and we love it.

Sure, it gets cold here in the winter. But. And we're used to it. We've found so many ways to enjoy it. And our warm, beautiful summers can't be beat. Having four seasons is an asset not everyone gets to enjoy.

It's true that the wind blows.

It's also true that our streets are safer than almost any other metropolitan area in the United States and our air is cleaner here than almost anywhere in the country. We thank the wind for that.

There is a lot to do in the winter, spring, summer and fall; both indoors and out. You'll find that out.

We have built one of America's best small cities and we are making it better every day.

How did this happen?

The grand forks -- les grandes fourches -- have been here since the glaciers receded and Lake Agassiz drained to the sea, leaving us the incredibly rich Red River Valley. The place where the Red Lake River joins the Red has been a meeting place for centuries, and when European settlement began in this region, it quickly grew to be an important regional center. Important institutions were built here. The University of North Dakota was founded and named and produced its first graduates before North Dakota became a state. It has always been a critical part of the city. Grand Forks is not just a city with a college in it. It is a college town. It is a military town, too. Grand Forks Air Force Base was established here when the community was beginning to think about the centennial of its settlement. Today, it is morphing into the nation's first center for research into utilization of unmanned aerial systems. Grand Forks is also a medical town, with an important regional hospital, several other health care establishments and the state's medical school -- now occupying a magnificent new building on the UND campus. Of course, Grand Forks is also a shopping town, and not just for those of us who live here. It is a destination for





Canadian shoppers looking for a weekend getaway. They help give Grand Forks a range of goods and services, an abundance of hotel rooms, a variety of eateries and entertainment and cultural options that you might not expect in a city of this size. Now, none of this alone distinguishes Grand Forks from other progressive places. There is something extra here, and it grew out of a crisis.

In April 1997, our rivers rose against us. The resulting flood affected almost every structure in the two cities. Downtown Grand Forks suffered a major fire that left two dozen buildings in ruins.

The flood did not just test us.  
It tempered us.

We built a flood protection system and created a huge park along our rivers. We rebuilt our businesses. We added facilities for sports and entertainment -- to the point that all of us could get together in just two of these new buildings. We had a lot of help, of course, and we are deeply grateful for all of it.

We didn't stop with building.

We redesigned the city government. We cut away layers that had accumulated over decades. We rethought regulations and reduced the number of elected members of the council. We also learned how to work together. We had to. Our cities were at stake.

We are proud of what we've built.

Equally important, we're proud of how we did it. The Grand Sky

Initiative is a good example. This enterprise involves two states, two colleges, local city and county governments and the U.S. Air Force. This cooperation has brought opportunity as unmanned systems assume their role in commerce, industry and agriculture.

Perhaps this new field interests you.

Perhaps you're in the vanguard of companies large and small that are finding new ways to process the agricultural abundance of the Red River Valley.

Perhaps you've come to join one of the architectural, engineering and environmental firms that are helping direct the state's oil boom.

Maybe you've come to teach or to study or to heal.

Brain power and cooperation have made innovation flourish here.

We expect to grow. We'd like you and your family to grow with us.

This is an exciting time in our community.

This is the truth.

It's hard to know where to start when you want to brag about Grand Forks and East Grand Forks. It's the robust economy that makes everything else possible of course, and we could start there. ■



# OUR CONNECTION TO THIS PLACE IS STRONG.



Serving North Dakota for 113 years has always been about more than just supplying energy. It's so much bigger. That's why we buy locally. That's why we invest here. That's why we put in the work to make your energy safer, more reliable and cleaner. Energy you can trust to keep your home warm all winter and bright all summer long. We give back to this community like we live here. Because we do.

Visit [xcelenergy.com](https://www.xcelenergy.com) to learn more.

© 2023 Xcel Energy Inc.



# Defending Our Freedom

Grand Forks Air Force Base is home to about 3,300 Air Force personnel and their families.



But there's something else that's more important.

## Defending Our Freedom

Something that makes economic success possible. Something that undergirds our lives and our freedoms.

National security, of course.

The Grand Forks area is mission ready.

Grand Forks has a long military tradition with the United States Air Force and the North Dakota National Guard. Grand Forks Air Force Base is 14 miles west of the city. The National Guard Armory is at the western edge of town, visible from the interstate highway.

Grand Forks Air Force Base has a worldwide mission, and it has been a player in the Global War on Terror. Global Hawk – the big drones – are stationed here. The 319th Reconnaissance Wing is at home here, but on any given day some of its 2,500 active duty personnel are deployed elsewhere.

Grand Forks Air Force Base has several tenants, including the United States Customs and Border Protection, which operates its own fleet of drones. Plus, base personnel provide support to the 10th Space Warning Squadron at Cavalier Air Force Station,

which is about 90 miles northwest of Grand Forks.

New missions at the base will increase its strategic importance. These include a new intelligence, surveillance mission and a low-earth-orbit satellite mission. Various other space and cyber missions are being considered for location here. So, you may not see many planes flying overhead, but be assured that Grand Forks Air Force Base is critical to national security.

It's clear that Grand Forks Air Force Base plays a big role in the development of remotely piloted aircraft, also known as un-



**We Are Here  
For All Your  
Banking Needs.**

Treating you the way you deserve  
is just part of what we do.

**FS First State Bank**  
Today. Tomorrow. Together.

[firststatebanks.com](http://firststatebanks.com)

<b>Buxton</b> 423 Broadway 701.847.2600	<b>Grand Forks</b> 2500 32nd Ave S 701.746.7766	<b>Thompson</b> 612 Broadway 701.599.2600	<b>Mayville</b> 124 Center Ave S 701.788.9030	<b>Portland</b> 509 Park Ave 701.788.3791
---	---	---	---	---







manned aerial systems or drones, and this extends to development of these systems for commercial use.

Grand Forks and the Grand Forks Air Force Base are on the cutting edge of these developments. The UAS business park on the base, called Grand Sky, is the first in the nation. Grand Sky is a specialized location for testing and operating this new technology and it provides opportunities for partnership in research, testing and training. Grand Sky's multi-tenant building is now full. General Atomics operate UAS training facilities in the UAS park.

Northrop Grumman is converting the retiring Global Hawks to a mobile test range to test U.S. hypersonic missile and other top secret platforms. This testing will be done by the Test Resource Management Center (TRMC).

This opportunity comes after hard work and lots of cooperation.

The University of North Dakota and Northland Community and Technical College immediately got involved. UND offered the world's first academic program for UAS training and Northland added courses to prepare students for careers in the industry.

A local group, the Base Retention and Investment Committee (BRIC) involving governments and civic organizations, pushed the idea forward, negotiated terms for the lease of 217 acres on the Air Force Base and attracted companies who want to locate here.

Cooperation between the community and Grand Forks Air Force Base is not new. Twice, in 1998 and 2005, our communities won the Abilene Trophy. That's the hardware that Air Mobility Com-

mand presents to recognize community-based relationships and support.

Grand Forks and Grand Forks Air Force Base have had a strong partnership for more than six decades. Today the base's annual impact is about 2,500 jobs, a payroll of \$90 million and a total economic impact of nearly \$280 million.

It's important to acknowledge the men and women of the Air Force and their service to the nation and to our community. Air Force personnel were critical to the flood fight, and Air Force volunteers show up for many civic events.

We think of the Air Force as a vital, vibrant part of our community, and we've rallied to ensure that the base remains in our future – and grows with us. ■



**BROWN CORPORATIONS**  
Business Park & Properties

(701) 261-9588  
(701) 792-3530  
nickb@browncorp.com

[www.browncorp.com](http://www.browncorp.com)

**FURNISHED OFFICES**

WAREHOUSE, PRODUCTION,  
LIGHT MANUFACTURING &  
OFFICE SPACE AVAILABLE



**BROWN**  
CORPORATIONS





# Feeding Our People

Farming is the basis of the local economy and the Grand Forks region helps to feed the world.

Our soils are among the most fertile in the world; and today the two-counties in the Grand Forks metropolitan area sustain 2,500 farms producing more than two billion worth of crops every year.

You read that right. Those are big numbers.

The crops grown here fall into two broad categories, row crops and grains. Most important among the grains are wheat and barley -- wheat the source of bread and barley the source of beer. Among the row crops, sugar is king. It's not the most widely planted crop around here, but it is the most valuable, both on the farm and to the people who process it. Sugar is a major industry in our valley. Potatoes have long held second place among row crops and the Red River Valley is famous for the quality of its potatoes, which go into chips and French fries and are shipped around the country for seed stock. Soybeans have lately become a major crop here, corn acreage is increasing. A processor has reached an agreement with the city to build a wet corn mill here -- a development that will bring hundreds of jobs and consume millions of bushels of corn. The Valley's farmers also grow sunflowers and dry beans -- navy beans, pinto beans and several other kinds of beans. Sunflowers make a high-quality cooking oil. The beans are mostly exported to Great Britain -- big bean eaters, the Brits -- and Mexico. Small producers are important, too. Every Saturday in the summer months, fresh produce from area growers is available at Farmers Market in Town Square in downtown Grand Forks.

Bottom line here: You should raise your glass to local agriculture when you order a beer, a salad, a sandwich or dessert.

In the last little while, something called "precision agriculture" has taken center stage in farm fields in the Red River Valley. The term refers to the increasing tendency to apply technology at just the right time and in just the right place -- with complete precision, in other words, to improve yields and to help feed the world.

Of course, farming is not just about growing crops. It's about processing them and marketing them, too.

This has been a challenge for Red River Valley farmers. Much of what they grow is shipped away to be made into food. Still, several local companies have bucked this trend.

The North Dakota Mill and Elevator is one of these. It's owned by the state, a gift of the state's populist past. Today, it's one of the largest mills in the world.

J.R. Simplot, an enormous potato growing and processing enterprise, has a factory here. It's new freezer has changed the skyline along Gateway Drive.

Pasta is made here.... and mustard, too.

And there's American Crystal Sugar, the nation's first sugar cooperative. It's owned by 2,900 farmers in the Red River Valley.

**TRUENORTH**  
EQUIPMENT 

Baudette | Grafton | Grand Forks  
Warren | Kennedy | Mahnomen  
Northwood | Thief River Falls

**True to our Values.  
Driven by You.**



Together, they raise sugar beets on 500,000 acres. Today American Crystal Sugar refines more sugar from sugar beets than any other company in the United States. It's a point of pride with us that beet farmers made their decision to buy the company in East Grand Forks. That was nearly 50 years ago, in 1973.

Local food processors are an innovative bunch. Three sisters got together with a biosciences firm and created the Three Farm Daughters label, which appears on packages of pasta and flour – higher in protein, higher in fiber and lower in calories. Look for it as local groceries. ■

Looking ahead a new soybean processing plant is set to open in 2025. ■

NEWS

# NEED A BOOST FOR YOUR BUSINESS?

**To learn more:**  
[fcinfo@forumprinting.com](mailto:fcinfo@forumprinting.com)  
 701.476.2000



A Forum Communications Company  
[www.forumprinting.com](http://www.forumprinting.com)  
 Your Print, Mail & Online Experts



# Welcome to Express!

LOCALLY OWNED  
UNDER NEW OWNERSHIP

**Employing more than 2,000 people annually**



GET IT ON  
Google Play

Download the  
**ExpressJobs** app today!

Download on the  
App Store



 3590 S. 42nd St,  
Grand Forks, ND 58201

 Contact Us  
701-787-5655



**Express**  
EMPLOYMENT PROFESSIONALS



**SPECIALIZED**  
RECRUITING GROUP  
AN EXPRESS EMPLOYMENT PROFESSIONALS COMPANY

 [EXPRESSPROS.COM/GRANDFORKSND](http://EXPRESSPROS.COM/GRANDFORKSND)

 [JOBS.GRANDFORKS@EXPRESSPROS.COM](mailto:JOBS.GRANDFORKS@EXPRESSPROS.COM)



*SINCE 1948*



# ACMETOOLS®

BUILDING • REMODELING • WOODWORKING • LANDSCAPING™

**DO YOUR BEST WORK™**

[www.acmetools.com](http://www.acmetools.com)

**Grand Forks, ND | 1705 13th Ave. N**  
 701-746-6481 • 800-732-4287  
 Monday - Friday: 7:00am-5:30pm  
 Saturday: 8:00am-5:30pm

10 Locations To Serve You In ND, MN And IA!




















# GET THE I.T. MONKEY OFF YOUR BACK!





**N3 NETSPEC**  
[WWW.GFNETSPEC.COM](http://WWW.GFNETSPEC.COM)



# Buying & Selling



## Shopping Destinations

Grand Forks and East Grand Forks are with destinations within these destinations.

Columbia Mall is near the interstate highway on 32nd Avenue. JC Penney and Scheels are anchor stores.

The avenue itself is lined with retail establishments and eating places. We call this area The Market Place.

Among the large outlets are Lowe's, Super Target, Best Buy, Michaels, Hobby Lobby. Nearby are Sam's Club and a Super WalMart as well as Kohl's, Old Navy and Menards.

The Grand Cities Mall on Washington Street has a large antique mall, a general interest bookstore, an Asian grocery and a computer sales and service establishment, Raptor PCS.

There's a developing retail area on Gateway Drive at the northwest edge of town. It's anchored by a WalMart store.

In downtown East Grand Forks, there's a Cabela's outlet. It's something more than a store, with educational and entertainment attractions, including mounted game animals and live fish.

Across the street is a 15-screen theater with stadium seating, rocker seats and moveable arm rests. River Cities Cinema anchors a mall that contains a unique health cub & spa and a variety of boutique and curio stores.

Up North Pizza Pub and the Spud Jr. is just down the street.

Along the Boardwalk facing the Red River there's Restaurant Row, with such local outlets as Mike's Pizza, the Blue Moose; a rustic, Minnesota kind of place, Little Bangkok, the Boardwalk Bar & Grill and Molly Yeh from the Food Channels first restaurant Bernie's

Across the river in downtown Grand Forks another destination shopping area is developing, with specialty boutiques, great tasty treats and funky art spaces. ■





# Eating & Sleeping

The 5 Star Olive Ann Bourique Hotel complete with valet parking just opened downtown.

Downtown Grand Forks has eating options, too, including several fine dining establishments. The Toasted Frog offers an innovative menu of new cuisine; Sky's Fine Dining has a central European flair, Ely's Ivy coffers with fresh and local ingredients. New downtown is Harry's Steakhouse, which just might be the best steakhouse west of New York. These four are located within a few blocks of each other. It's possible to start with cocktails and appetizers in one, enjoy an entrée in a second and desert and after dinner drinks in the third.

Japanese eateries, like Asian food is plentiful with Japanese restaurants downtown, on South Washington Street and on 32nd Avenue South. There's Thai food, too. And Indian food. And Somali food. In the summer, the food trucks come out. For Mexican food, There's Charras on 32nd Avenue South, Mexican Village and Paradisco on South Washington, and Casa Mexico near the junction of U.S. 2 and Minnesota 220 in East Grand Forks.

The Mall area also has favorites like Texas Roadhouse, The Ground Round and Buffalo Wild Wings.

Historic downtown buildings feature brews pubs such as Rhombus, Half Brothers and favorites like Bonzers. The Urban Stampede offers coffee in a cozy atmosphere.

Fast food options and local outlets of national restaurant



franchises are on South Washington, Gateway Drive, Columbia Road, 32nd Avenue and 42nd Street South, including the newly opened Crisp & Green. Be sure to enjoy a cup of locally roasted "Bully Brew" coffee at on of their several locations.

Forty-second Street has developed into a destination area of another kind. That's where you'll find many of the city's hotels, including Canad Inns with its three restaurants, Expressway Suites, Sleep Inn & Suites, America's Best Value Inn, Staybridge Suites, My Place Hotels, Spring Hill Suites, Baymont Inn & Suites and the Hilton Garden Inn.

Local favorites are scattered about. There's Italian Moon, known for its big menu, on South Washington Street. Perkins on Columbia Road and Helix wine & bites on South Washington near the newest area expanding with housing, shopping and a hockey arena. On the North End, there's Darcy's Cafe, a smallish place that's often packed with locals who want lots of good food and head to the Near North Neighborhood and you'll find long time local favorite The Fabulous Kegs Drive-In. The Speedway, a retro roadhouse, is on North 42nd Street.

Probably your best bet is to load the family in the car and explore the city's thoroughfares. You'll be sure to find a restaurant you like.

Oh! The Olive Garden restaurant that made local food writer Marilyn Hagerty an Internet celebrity. That's on 32nd Avenue South, too. ■

## Technology

UND supports the leading UAS ecosystem in the region

# LEADING TOGETHER

We're working collaboratively with community leaders to make our shared home a better place to live, learn and work.

[UND.edu](http://UND.edu)

**UND**  
UNIVERSITY OF NORTH DAKOTA  
LEADERS IN ACTION



## Education

UND connects students to regional businesses and agencies



## Health Care

We work closely with local health care providers to ensure the best educational opportunities for future caregivers





# Educating Our Community

## UND

The University of North Dakota -- founded in 1883 -- is the oldest and largest university in North Dakota.

In 139 years, it has granted more than 100,000 degrees. You've heard of some of UND's alums:

Phil Jackson, basketball player, guru and writer.

Karen Nyberg, astronaut.

Dick Fontain, CEO of GameStop.

Sally Smith, Buffalo Wild Wings.

Dave St. Peter, president of the Minnesota Twins.

Matt Greene, LA Kings defenseman and Stanley Cup winner -- only the latest in a long list with over 100 NHL Players, including Jonathan Toews, Eddie Belfour, Zach Parise, TJ Oshie and Brock Boeser.

Monique Lamoureux-Morando and Jocelyne Lamoureux-Davidson, the Grand Forks sisters that won olympic gold with the US Hockey Team in 2018.

And these are only the recent alums.

Go back a little farther and you'll find Maxwell Anderson, Pulitzer Prize winning playwright; Ernest Thompson, editor of Life magazine; Era Belle Thompson, editor of Ebony magazine and Vilhjalmur Stefansson, Arctic explorer.

Plus, enough senators and members of Congress, governors and legislative leaders to fill a bus. They've served several states.

All of them were drawn to Grand Forks by the quality of the university and its many programs -- nearly 250 fields of study and growing every year. One of the most recent additions is a petroleum engineering program, an example of how UND and Grand Forks respond to changing conditions in the region.

The university is built on a strong foundation of liberal and fine arts. The goal is to help students acquire and evaluate knowledge, to become creative and productive citizens in their

communities and nations.

The Washington Monthly, U.S. News and World Report have ranked UND consistently above other colleges on the Great Plains, and it has earned a reputation as the broadest and strongest educational institution between the Twin Cities and the Pacific Northwest.

The university has had a growth spurt -- literally. Enrollment has increased, bucking a national trend. Partly that's due to strong online offerings. The campus has been remade, with several large, new buildings, the Memorial Student Union, dedicated to veterans who attended the university, and the Nistler College of Business building, made possible by a gift from alum Werner Nistler, creator of the Travelodge motel franchise.

The Medical School has a new building. The Law School Building has been enlarged. Chester Fritz Library -- the largest in the state -- has been enlarged and modernized. The Gorecki Center, the state's first LED building, is an anchor "west of the coulee," which divides the UND campus. The College of Aerospace Sciences is there, too.

A drive along University Avenue will pass most of these -- but you

**SPA**★  
The Summer Performing Arts Co.  
Offers Fine Arts Programs  
for Children and Students  
Pre-K Through High School.

Instrumental Music  
Vocal Music  
Drama  
Dance  
Tech

[www.spacompany.org](http://www.spacompany.org)  
SPA is a program of the Grand Forks Public Schools.



really should park your car and explore the campus, which has become a landscape of its own, with wide vista and awe-inspiring views.

Be careful, though. The university enforces parking regulations. Perhaps your best bet is the pay lot at the corner of Columbia Road and Second Avenue North.

There you'll see the new Fritz Pollard High Performance Center, a key element in the university's athletic success. Another building, Merrifield Hall on College Drive is set for renovation. It's a classic academic building.

UND offers baccalaureate degrees in 90 areas, master's degrees in 67 programs and doctoral degrees in 38. There are two professional degree programs, law and medicine. UND is one of a handful of universities that have both a School of Law and a School of Medicine. In all there are nine degree granting colleges and schools. Among these is the John D. Odegard School of Aerospace Sciences, which trains pilots, air traffic controllers, unmanned aircraft operators, space systems engineers and support staff of all kinds for the aviation and space industries. In addition to these three, there are the College of Arts and Sciences, Business and Public Administration, Education and Human Development, Nursing and Professional Disciplines, Engineering and Mines and Graduate Studies -- a total of nine in all.

The university's campus is also home to the Energy & Environmental Research Center (EERC). The EERC was officially founded in 1951 as the Robertson Lignite Research Laboratory, a federal facility under the U.S. Bureau of Mines. However, the EERC's roots date back to the 1890s when Earl Babcock, a UND chemistry professor, began studying the state's vast lignite coal resources and investigating potential uses for them.

The work of Babcock and others at UND led to the establishment of a Bureau of Mines laboratory at the university and, in 1951, to the facility that is today the EERC. The Center became a federal energy technology center under the U.S. Department of Energy (DOE) in 1977 and was defederalized in 1983, at which time it became part of UND. The EERC has evolved to conduct research on all fossil fuels, as well as renewable and alternative fuels, and has become a world leader in the field of pollution prevention and environmental cleanup technologies. It's work on carbon sequestration – capturing and storing carbon before it reaches the atmosphere – is cutting edge.

The EERC was just awarded \$925 million Federal Grant as part of the Clean Energy Hydrogen Hubs Program.

As the opportunity engine for North Dakota, UND has



become a leader in research and discovery regionally and nationally. From the latest in aviation technologies, medicine, extractive industries, and engineering to transformative discoveries in the humanities and social sciences, our faculty and students work hard to continually push the boundaries of knowledge and innovation.

Making a difference, in other words. In students' lives and in the world. UND grads are truly **"leaders in action."**

**GROWING TOGETHER  
TO ENRICH THE WORLD.**

[www.gfschools.org](http://www.gfschools.org) | 701.746.2200

Follow us on Facebook  
[facebook.com/GrandForksPublicSchools](https://facebook.com/GrandForksPublicSchools)

GF School District #1 | GFAFB School District #140

**Fly Local  
Fly GFK**

**DELTA**  
[www.delta.com](http://www.delta.com)

**allegiant®**  
[www.allegiantair.com](http://www.allegiantair.com)

**GFK**  
Grand Forks International Airport  
[www.gfkairport.com](http://www.gfkairport.com)





# Northland Community and Technical College

Across the river is the East Grand Forks campus of Northland Community and Technical College, a comprehensive community and technical college that also has a campus in Thief River Falls, Minnesota.

The East Grand Forks campus offers programs in health, business, liberal arts and technology and trades. Health-related career opportunities are a specialty. Students can also take advantage of more than 22 associate of applied science degrees and carry these credits into the Minnesota state university system and the University of North Dakota.

Students at Northland are a diverse bunch. Some students are recent high school graduates, some are working people interested in expanding their skills, some are taking courses for personal enrichment.

Overall, the East Grand Forks campus has 1,750 students and 75 faculty members.

## Still more learning

We haven't exhausted the list of local educational institutions. Not yet.

The University of Minnesota has a coordinate campus in Crookston, Minnesota, 25 miles away.

UMC is a four-year school enrolling 1,600 students. It dates from 1966 and began offering baccalaureate degrees in 1993. Its record of innovation includes equipping students and faculty with laptop computers and offering a hands-on approach to learning.

The University of Mary, a Catholic college whose campus is near Bismarck, N.D., has a satellite location in Grand Forks. Students enroll in one-night-a-week, face-to-face classes or classes that are offered online around the clock and around the year. Advanced degrees can be completed in as few as 15 months. Students may switch seamlessly between delivery systems, from online to on site or on site to online.

Besides these traditional destinations for learning, Grand

UNIVERSITY OF MINNESOTA CROOKSTON

**GROWING A WORKFORCE  
IN THE REGION**

<b>25</b> YEARS OF DELIVERING ONLINE DEGREES	<b>15+</b> ONLINE MAJORS	<b>4</b> YEAR DEGREES
---	--------------------------------	-----------------------------

**START YOUR ONLINE DEGREE**  
[crk.umn.edu/online](http://crk.umn.edu/online)

**NORTHLAND**  
COMMUNITY & TECHNICAL COLLEGE

**Opportunity for all.**

**A MEMBER OF MINNESOTA STATE.**





Forks and East Grand Forks offer programs for working adults. Rasmussen College, a North Dakota-based college, offers online learning that prepares students for a variety of careers.

## Elementary and secondary education

Grand Forks and East Grand Forks are one community but involve two towns, two states and two ways of doing things. This is apparent in the public schools.

In East Grand Forks, four schools serve 12 grades. There's one school for kindergartners and first and second graders, another for Grades 3 through 5, a third for grades 6 through 8 and a high school. In East Grand Forks, these schools serve more than 2,000 students.

The public schools in Grand Forks are configured differently, with 12 elementary schools serving children in kindergarten through Grade 5, three middle schools service students in Grades 6 through 8 and two high schools. These schools educate more than 7,400 students, including those from Grand Forks Air Force Base.

Private schools are available, too. In East Grand Forks, Sacred Heart School offers pre-school through high school programs in a Catholic setting. In Grand Forks, there are two Catholic schools, St. Michael's and Holy Family, which provide education through Grade 6.

Riverside Christian School in East Grand Forks offers a program of education from pre-schools to Grade 8.

Grand Forks is also home to the North Dakota School for the Blind which

provides services for North Dakotans with visual impairments and the Grand Forks Montessori Academy.

Whatever the case, we here in Grand Forks and East Grand Forks are proud of our schools. Annually, some of our students qualify for important scholarships such as Merit or Presidential scholarships. Average scores on ACT tests are higher here than both state and national averages.

And there's more coming!

A Career Impact Academy is in our future. This will provide education and training for students in Grand Forks and seven rural school districts. The academy will also offer specialized job training for adults seeking to advance their skills or learn new ones. ■



**Preschool through 12th Grade**  
**RIVERSIDE**  
**CHRISTIAN SCHOOL**  
 610 2nd Ave NE, East Grand Forks, MN 56721

**Teaching & Equipping Tomorrow's  
 Christian Leaders**

**218-773-1770** [rcsrams.org](http://rcsrams.org)  
[admissions@rcsrams.org](mailto:admissions@rcsrams.org)





**SACRED HEART  
 SCHOOL**

Preschool | Elementary | High School



*All are welcome!*  
**YOURCHILD MATTERS.org**





# Being Active

## There's no excuse for sitting around in Grand Forks and East Grand Forks.

There's an activity or two or half a dozen to keep everyone active, whether outdoors or in.

There's the Red River Greenway. This 2,200 acres of open space, trails and recreational possibilities was a gift of the river. It was developed after the 1997 flood, between the flood protection works and the river itself.

The Greenway is open 365 days a year.

For hikers, bikers, walkers, runners and joggers, there are more than 20 miles of trails. In winter, there are groomed trails for cross country skiers.

The Greenway draws birders, disc golfers, fitness fanatics and loafers.

It is an incredible resource at the heart of the community.

Duck through one of the entrances and you'll find a quiet neighborhood. Through another, you'll enter a vibrant downtown area. Through still another, you find a church. Use another and you'll be at the historical center of our cities.

Within the greenway itself are golf courses, disc golf courses, a boat house, forested areas, open areas with plantings of native species, ponds that attract ducks and shorebirds, and spectacular birds including bald eagles, red-headed woodpeckers and Cooper's hawks -- a species adopted by the community and the subject of important ongoing studies about how these dramatic predators adapt to urban settings. Plus, many historic points are marked and interpreted.

Whatever the purpose of your presence on the Greenway, you'll be dazzled ..... and so will your dog.

There's a spacious dog park where your pets can romp off leash -- as long as you keep an eye on them.

On the Red River and its major tributary, the Red Lake River, there's canoeing, boating and fishing. Fishing goes on all year 'round. Channel catfish are the river's claim to international fishing fame, but the Red and Red Lake rivers have more than 70 species of native fish. The confluence of the rivers is an ice fishing destination.

Winter draws cross country skiers to the Greenway. More than seven miles of trails offer a good workout on a crisp day.



**East Grand  
FLORAL  
& GIFTS**

1521 CENTRAL AVE NW,  
EAST GRAND FORKS, MN 56721

**HOURS: MONDAY-FRIDAY - 8AM-5:30PM  
SATURDAY - 9AM - 1PM  
SUNDAY CLOSED  
HOURS WILL CHANGE  
ACCORDINGLY DUE TO HOLIDAYS**

📞 218.773.3400  
✉ [eastgrandfloralshop@gmail.com](mailto:eastgrandfloralshop@gmail.com)  
📘 [@eastgrandfloral](https://www.facebook.com/eastgrandfloral)  
📷 [@eastgrandfloralshop](https://www.instagram.com/eastgrandfloralshop)  
📍 1521 Central Ave NW,  
East Grand Forks, MN 567201



The Grand Forks Park District sponsors "Greenway Ski Days" every year. This offers families a chance to try cross country skiing -- with free rentals and ski clinics provided. The weekend starts with a candlelight ski outing on Friday night and continues with a full day of activities on Saturday.

If you're not interested in skiing, try strapping on your snowshoes and strike off on your own.

There's also sledding on the Greenway.

And ice skating, too, both neighborhood parks and Town Square located downtown. Together, Grand Forks and East Grand Forks have 18 neighborhood rinks.

That doesn't count the impromptu rinks established on streets and in backyards for the community's hundreds of eager hockey players.

You can even skate indoors. East Grand Forks has two indoor rinks and Grand Forks has four -- not counting the world class facility at Ralph Engelstad Arena, home of UND hockey, which offers occasional public skates.

Of course, you can run in winter. The Red River Runners Group sponsors The Frozen Feat 5K race in mid-winter -- and it sponsors half a dozen other racing events in the warmer months.

The club meets year 'round on Tuesday nights and Saturday mornings.

Snowmobiling is another winter possibility. There are scores of



miles of groomed trails in the area, many beginning at the edge of town.

We generally get about five feet of snow a season, so snowmobiling, skiing and skating are important activities from December through March.

For summer recreation, there are swimming pools, playgrounds, splash parks, basketball courts, softball fields, football fields, in-line skating possibilities; skate board parks, picnic shelters and more than 30 tennis courts. ■

**CIRRUS AIRCRAFT GRAND FORKS**  
INNOVATION STARTS HERE

 **CIRRUS**  
AIRCRAFT





## Grand Forks and East Grand Forks have five golf facilities, four of them public.

There are two 9-hole courses and two other 18-hole courses, one on each side of the Red River. Arnold Palmer and his team designed one of them, Kings Walk, which is the only PGA rated course in North Dakota or Manitoba. The course is operated by the Grand Forks Park District. It's open to the public.

The Grand Forks Country Club is a membership organization. It includes a restaurant and a pro shop.

In East Grand Forks, Valley Golf offers a unique layout that challenges all levels of golfers. The course has a pro shop, driving range, snack bar and banquet facilities with a full bar.

On the near south side in Grand Forks, there's Lincoln Golf Course, opened in 1909 and one of North Dakota's oldest golfing facilities. The course, originally an 18-hole course, was heavily damaged in the 1997 flood. Today it's a nine-hole par 35 course.

If you'd like to sleep under the stars and have a top-notch restaurant at your service, check out the Red River State Recreational Area on the East Grand Forks side of the river. In addition to hook-ups for recreational vehicles, the park offers remote camping and easy access to the river, whatever your physical condition. In all, there are 113 campsites, including 85 with electrical hook-ups.

All of this means a wide variety of recreation and fitness opportunities -- and we haven't mentioned the Choice Health and Fitness Center.

Operated by the Grand Forks Park District, this is a 161,000 square foot facility built on a 42 acre recreational park that includes hockey arenas and other venues.

Today, there are two basketball courts, three racquetball courts, an aquatics area including a three-lane lap pool and a zero-entry fun pool with two large slides and a dumping bay. There's more of 15,000 square feet devoted to cardio and fitness with state of

the art equipment. There are four group exercise rooms offering specialty classes. You can walk or run indoors. One of the longest in the Midwest, the track requires only seven times around to make a mile in distance.

Choice is a partner with the Grand Forks YMCA located near downtown. As part of the campaign to build Choice Fitness Center, donors provided funds to update the Y, which now offers a wide variety of training and fitness activities.

Rydell Skateboard Park is another option -- for the especially daring.

So -- to review -- more than 40 miles of walking and running trails, more than 30 miles of biking trails, fishing opportunities, outstanding nature watching, and a fitness center.

In Grand Forks and East Grand Forks, you can hardly avoid being active.

Besides these opportunities for recreation on your own, Grand Forks and East Grand Forks have year-round programs for all ages. Park Board programs for hockey and soccer begin before children start school and include recreational opportunities for older youth as well as adults.

There's a full range of other organized play options, too, for young people in the school system and at UND, and for adults in softball leagues, bowling leagues and golf clubs. ■







We'll help you navigate  
the complex world of  
technology by offering

**cutting-edge  
intel & trusted  
solutions**



**netcenter.net**

**ACME  
EQUIPMENT**  
SALES AND SERVICE

[www.acmekubota.com](http://www.acmekubota.com)  
**GRAND FORKS | 3401 Gateway Dr.**  
 701-335-5022 • 888-524-2383  
 Show Room Hours:  
 Monday - Friday: 7:00am - 5:30pm  
 Saturday: 9:00am - 2:00pm or by appointment

Also located in Fargo, ND

Kubota TORO JLG ADVANCED E V Genie  
 LEGEND LITTLE DIAMOND C LANDMASTER MEC





## Grand Forks is fortunate to have world class facilities.

There is The Ralph! You may know of Ralph Engelstad Arena. It's been described as "the finest facility of its kind in the world."

The 400,000 square foot arena is nothing but first class. Concourse floors are granite. Each seat is made of cherry wood and leather. There are 48 luxury suites, two mini suites and two great big club rooms at either end of the ice. The club bars are the largest in the state. Plus, there are more than 300 flat screen TV sets.

All of this to watch hockey.

The Ralph seats 11,634 for hockey, and there are seldom empty seats.

For players the arena offers a training facility including a 10,000 square foot weight room, an underwater treadmill, 14 locker rooms and a second ice sheet, this one Olympic sized.

No wonder so many young people in the community dream of playing there.

The Ralph is more than a hockey arena. It's an international venue, hosting hockey and curling tournaments.

Plus, it's a concert venue, hosting such stars as Kenny Chesney, Carrie Underwood, Brad Paisley, Tim McGraw, Faith Hill and Elton John.

You can shop at the Ralph, too. The in-house boutique can has a dazzling array of UND regalia.

The Betty is attached to The Ralph. Betty Engelstad Sioux Center is home to UND basketball and volleyball programs.

The Ralph is named for Ralph Engelstad and the Betty for his wife. Engelstad was the goalie on UND's first national championship hockey team who became a real estate developer and hotel and casino operator in Las Vegas. He gave the community more than \$110 million for the buildings.

The Chester Fritz Auditorium, a magnificent center for the performing arts, is considered the finest facility of its kind from Minneapolis to the West Coast.

## We've Got You Covered

Protect your family, business, assets – and yourself – with the **best coverage at the best price** based on your needs.

[www.bell.insurance](http://www.bell.insurance)



4303 S. Columbia Rd. | Suite 103 | Grand Forks

Bell Insurance Services, LLC is a wholly owned subsidiary of Bell Bank. Products and services offered through Bell Insurance are: Not FDIC Insured | No Bank Guarantee | May Lose Value | Not a Deposit | Not Insured by Any Federal Government Agency. | 37625





The Chester Fritz Auditorium accommodates up to 2400 audience members on three seating levels. The main floor offers 1200 seats with four aisles and a middle cross-way. The mezzanine and balcony each accommodate 600 people.

The Empire Arts Center is a historic gem in downtown Grand Forks, now home to the lively local arts and cultural scene. Here, you'll find professional theatre, world-class entertainers, local treasures, community gatherings, and so much more. Let us roll out the red carpet for you.

The Alerus Center is named for Alerus Financial, North Dakota's largest bank, which has its headquarters in downtown Grand Forks and branches in Fargo, the Twin Cities and Arizona.

Home of UND football, the arena can seat 13,000 for football and up to 20,500 for concerts. The arena provides diverse and quality entertainment with events of all kinds ranging from family shows to comedians to rodeos to concerts, such as Metallica, Luke Bryan, and Britney Spears.

More than just an arena, Alerus Center is the largest exhibit space between Seattle and the Twin Cities, with 160,000 square feet of convention and trade space.

Attached to The Alerus Center is the Canad Inn, a full-service destination hotel with bars, restaurants, a water park, themed suites and luxury penthouses.

Right here in River Cities -- probably the only cities in the country whose entire population could be accommodated in just two buildings. ■



Engineering and Beyond

[www.ae2s.com](http://www.ae2s.com)

*Award-Winning Best Place to Work*





# Having Fun

Looking for a way to relax and enjoy some family time during the beautiful summer months --

months that bring us more hours of daylight than any other place in the Lower 48 states?

Check out the races.

River Cities Speedway is one of the country's best quarter-mile dirt tracks.

Friday is race night, with outlaw sprints, late models, super stocks, street stocks and Midwest modifieds.

Looking for an open air market?

Check out the farmer's market in Town Square in downtown Grand Forks. It's held every Saturday in the summer, and it draws farmers and crafters -- as well as shoppers -- from throughout the area.

Town Square is also the locale for the annual Fourth of July activities, an in-line skating marathon, a disc golf tournament, and the Grand Forks Marathon running events, including 5 and 10 kilometer races and half and full marathon distance races.

Then there's Art in The Park in University Park.

This venue draws more than 160 artists and performers as well as unique food facilities. It's held in



**Absolute**  
REFRIGERATION

LARGEST COMMERCIAL REFRIGERATION COMPANY IN GF AREA

**701.787.1200**

818 S 46th St • Grand Forks, ND 58201

[www.absoluterefrigerationservices.com](http://www.absoluterefrigerationservices.com)

**In Business for your Business**

Designed with Customers, Patients and Workforces in mind.







grand forks 701.746.8444 | drayton 701.454.3504



early June every year.

Every fall the East Grand Forks Arts and Crafts Council organizes the area's largest craft show spread out between the two largest arenas in East Grand Forks with hundreds of vendors.

The Blues come to the banks of the Red River on the fourth Saturday of the three summer months with Blues on the Red.

There's an Art and Wine Walk on the third Saturday of every month from April through October.

Looking for a fair or a festival?

Check out the Grand Forks County Fair. Held each June at the historic fairgrounds.

The grandstand was dedicated by President Franklin Delano Roosevelt. There are 4-H exhibits, a livestock show, commercial booths, home arts exhibits, concerts and a carnival midway.

Check out Catfish Days. This is a nationally known tournament held on the Red River. A total of 250 anglers in 125 teams compete to see who catches the biggest of the big Red River channel cats.

Cats Incredible usually takes place in early August.

Later in August, East Grand Forks rolls out its Heritage Days. This event emphasizes heritage and tradition and includes antique tractors and machinery, a general store with penny candy, an ice cream parlor and steam threshing, log sawing, blacksmithing and other attractions.

September brings UND's annual Potato Bowl with such extravaganzas as a French Fry Feed. And a football game of course.

In November there's a HollyDazzle festival of lights, with a parade and fireworks downtown. That kicks off the holiday season here. [□](#)





# Arts & Culture



## Appreciating the Arts

The range of arts activity in Grand Forks and East Grand Forks that one local wag once referred to the community as "The Athens of the Prairie."

He wasn't far off.

There are no classic ruins here, but there is a lively arts community.

A string of alliterative words apply to the arts scene locally.

Electric.

Energetic.

Entrepreneurial.

Excellent.

The Greater Grand Forks Symphony Orchestra is one of the oldest in the United States west of the Mississippi River. It's been performing for more than a century.

The Northern Valley Youth Orchestra involves 25 adult musicians who mentor and coach more than 125 young people.

There's also a community band, which offers outdoor concerts in the summer.

Other local groups are the Grand Forks Children's Choir and the Master Chorale. The Chorale's concerts have become season

toppers and social events. Each December, members host a "Sing along Messiah" that's classic and a lot of fun.

UND's Music Department showcases its choirs at Winter WUNDERland, also in December.

UND contributes to the community's cultural life with theater, performed at Burtress Theater, named for its donor, a long-time member of the U.S. House of Representatives whose home on Reeves Drive is a classic of Victorian architecture in the city.

The high schools, too, have well developed music and theater traditions. The performance space at Red River High School in Grand Forks is especially fine.

SPA, the Summer Performing Arts program, draws students into doing and not just watching. Their performances are first rate. You'll be dazzled.

The North Dakota Museum of Art

*We create*  
**HAPPY & PRODUCTIVE**  
*employees for you!*

**CHOICE** HEALTH & FITNESS  
Altru

**BUSINESS MEMBERSHIP DEALS AVAILABLE**

**2 FACILITIES**  
**1 AMAZING**  
**MEMBERSHIP**

**CHOICE** HEALTH & FITNESS  
the Y

DETAILS AT [CHOICEHF.COM](http://CHOICEHF.COM) OR [GFYMCA.ORG](http://GFYMCA.ORG)



hosts summer workshops for young people, too. Housed in an historic building on the UND campus, the NDMOA is the state's official art museum. For nearly half a century, it has presented cutting edge exhibits examining issues from rapid oil development to "the disappeared" in Argentina.

NDMOA has drawn international attention. Artist Barton Benes left his Manhattan apartment to the Museum. It's on display on the second floor.

The visual arts are well represented elsewhere in the city.

UND displays its collections on a rotating basis in space at the Empire Arts Center downtown. Downtown also has several private galleries and artist studios.

The Public Arts Commission has two galleries. One at Altru South and the other is at the Alerus Center. Recently, The Public Arts Commission dedicated a 150-ton granite sculpture, "Prairie Rose." Master sculptor Zoran Mojsilov was commissioned for the project. It sits on 42nd Avenue in front of the Canad Inn. Have a close look. At first you'll be puzzled – but the dazzle will grip you soon enough.

Those who want to work in clay will find Muddy Waters Clay Center, classes, hands-on experience and shopping opportunities year around.

Downtown you'll find Badman Design, where fine jewelry and display art are crafted and shipped around the continent.

Likewise performing arts.

The Empire Theatre in downtown Grand Forks is a venue for a wide range of performance, from stage shows to symphony concerts and films. The historic Firehall Theatre is home to Greater Grand Forks Community Theater.

East Grand Forks has its performance arts center, too, and it showcases talent of many kinds: Celtic, cowboy, classical.

The North Dakota Ballet Company has classes for all ages and regular performances.

Dance etc! provides classes in jazz, tap, ballet and hip hop. Dancers perform at two yearly recitals and at special events throughout the community. ■



**RJ ZAVORAL**  
& SONS, INC.

PAVING THE WAY.

CALL TODAY FOR A  
FREE ESTIMATE!

**COMMERCIAL & RESIDENTIAL PAVING**

- Driveway and Parking Lot Paving & Repair
- New Construction • Pothole Paving & Repair
- Seal Coating / Crack Filling • Excavation & Grading
- Resurfacing / Mill & Overlay • Bike Paths
- Line Striping • On-Site Certified Testing Lab

**(218) 773-0586** **RJZAVORAL.COM**

**HOMEMADE  
FOOD?**

**OF COURSE!**

**Locally Owned? YES WE ARE!**

**THE  
BLUE MOOSE  
BAR & GRILL**

***A Place in East Grand Forks***

218-773-6516 • 507 2nd Street NW • [bluemoose@midconetwork.com](mailto:bluemoose@midconetwork.com)



# Reading & Writing



## One of the Midwest's premiere literary events takes place in Grand Forks each March, as it has since 1970

UND's annual Writer's Conference has brought more than 325 writers to Grand Forks, including four Nobel laureates and 32 Pulitzer Prize winners.

The list of guests is dazzling. Among these authors who have attended and taken part are some of the most influential of the 20th and 21st centuries, including Allen Ginsberg, Norman Mailer, Tom Wolfe, Alice Walker, Tony Kushner, Salman Rushdie, Eudora Welty, Joseph Brodsky, August Wilson. The list goes on.

Nor has the event overlooked local authors, bringing Larry Woiwode and Lois Erdrich, whose literary landscapes are our own.

The three-day-long conference offers opportunities to hear writers read their work, discuss their work and defend their work.

Readings of fiction, non-fiction and poetry occur at other venues, including NDMOA, local bookstores and coffee shops.

Both Grand Forks and East Grand Forks have public libraries.

In East Grand Forks the Campbell Library is housed in a new building made possible by the flood of books that arrived here when Americans realized that a library had been drowned in the Red River Flood of 1997.

In Grand Forks, the public library has been renovated and provides books, reading spaces and activities. It's on Library Circle off South Washington.

In addition to these public libraries, UND's libraries include a medical and a law library that are second to none in the region, as well as the main campus library. This is named for Chester Fritz, an alumnus who became a trader in China and left the university a valuable collection of manuscripts and works of art. The library completed a renovation and expansion in 2021.

Beyond these, there are library services at the North Dakota School for the Blind's Vision Resource Center, at local schools and hospitals.

Grand Forks also boasts the first iBrary, a digital media library consisting of computers and tablets. The iBrary is located in the public housing area of town and plans are to add another half dozen around town.





## Sharing Cultures

These communities are increasingly diverse, and we are learning about one another and growing together.

UND's International Center hosts a major celebration of cultural diversity each year. The Feast of Nations is named literally for the culinary and cultural offerings from around the world. It's a highlight of the winter season in Grand Forks.

Another highlight, this time of spring, is the annual Wacipi mounted by the local American Indian community. This "time out" includes a traditional powwow and educational forums on native culture.

Plus, there are ethnic festivals involving the many European immigrant communities: Norwegians, Swedes, German, Poles, Irish and Scots among us. ■



# BEARS

HOME SOLUTIONS

## YOUR LOCAL HOME COMFORT EXPERTS

Proudly Serving the Red River Valley for Over 45 Years

- Heating
- Cooling
- Plumbing
- Fireplaces
- Aroseal
- Indoor Air Quality



**Call 701.314.1114**  
**or book online at**  
**BearsHomeSolutions.com**





# Staying Healthy

Altru Health System is the largest and most comprehensive medical facility in the northern Red River Valley.

A community-owned, integrated health care system, Altru has an acute care hospital, a specialty hospital, more than a dozen clinics spanning more than 55 specialties in Grand Forks, East Grand Forks and the region, and a large home care network.

Construction is underway on a state-of-the-art hospital. Watch the progress on Columbia Road.

Altru has more than 300 physicians and advanced practice providers, 3,600 staff and 300 volunteers -- all of them committed to improving health and enriching lives across the Red River Valley.

These reach almost a quarter of a million people in northeastern North Dakota and northwestern Minnesota. In fact, it can be said that Altru's system stitches the valley together by providing care for us all.

Providers serve patients with highly specialized care through telemedicine and in-person specialist visits in more than 40

regional locations in North Dakota and Minnesota. As the first member of the Mayo Clinic Care Network, Altru is helping to bring Mayo Clinic's knowledge and expertise to the Red River Valley. Altru and Mayo Clinic share a common philosophy and commitment to improve the delivery of healthcare through high quality, data driven, evidence-based medical care and treatment. Patients here have access to the highest level of clinical proficiency available anywhere.

Committed to caring for the region for 125 years, Altru works hard to create a culture of caring, where healing, patient safety, cleanliness and utilizing leading practices in care are the highest priorities.

Altru is proud to offer our patients some of the most advanced, minimally invasive surgical systems, skillfully operated by our expert surgeons. These procedures mean shorter hospital stays and faster recoveries, so patients can get back to their daily life quicker. These advancements include:

Deployed the first Mako® Robotic Arm system in North Dakota and enhanced Altru's Robotics with the recent addition of the DaVinci Xi Robotic Surgical System.



Integrated TAVR, which is used for patients with aortic valve stenosis, or a narrowing of the valve. This minimally invasive procedure replaces the aortic valve without opening the chest.

Altru's vascular team completed the first TCAR case in North Dakota, which reduces the risk of stroke risk with carotid stenting and endartery through a minimally invasive procedure.

Implemented WATCHMAN, which is a permanent device implanted in a one-time procedure that safely and effectively reduces the risk of stroke, without the risk of bleeding.

Targeted to complete construction late in 2024, our new hospital will exude innovation, embody world-class care and provide the calming environment our patients, families and caregivers deserve.

With a working budget of \$470 million, Altru's new hospital will include seven floors, space for 226 licensed patient beds, a 16-bed observation unit and an entire negative pressure unit.

Additional key patient benefits incorporated into the new hospital will include:

- Private NICU
- Private pre/post-operative rooms
- State-of-the-art operating rooms
- A dedicated trauma operating room
- A trauma elevator for quick transport
- An overall improved aesthetic and wayfinding experience

They also plan for better flow for our teams throughout the space, ensuring efficiency, safety and a better experience for our patients and our staff.

By combining world-class facilities, technology and a new approach to patient care, Altru is meeting the patients' changing needs and expectations and securing the region's future for generations to come.

TruYu Aesthetic Center has four locations, offering a spa-like setting for comprehensive aesthetic and laser services, dermatology and cosmetic surgery. Its DeMers Avenue location in Grand Forks has a private surgical suite, spacious recovery areas and a confidential exit offering comprehensive outpatient services.

In addition to its 55 specialties, Altru works closely with the University of North Dakota School of Medicine and Health



# Lighting the Way to the Future of Healthcare

[altru.org](https://altru.org)



**Altru**



**DAK MINN**  
BLOOD BANK

The provider of blood products for  
Altru Health System

[www.dakminnbloodbank.org](https://www.dakminnbloodbank.org)

3375 Demers Ave - Grand Forks | 701-780-5433





Behavioral Health company. The Center's 62,000 square foot hospital is located on the Aurora Medical Park campus. The Cancer Center of North Dakota, located on South Washington Street, offers medical oncology and radiation oncology as well as diagnostic services. With its Varian radiation treatment system, CCNSD's technology is the most current available.

A number of independent practices are housed at Aurora Medical Park. These include primary care to specialties, a lab, a pharmacy, and imaging center and physical and occupational therapy services. In all the Aurora campus has 100,000 square feet in its state-of-the-art medical facility.

Sanford Health has 3 locations in East Grand Forks and a brand new facility – opened in 2021 – in Grand Forks. Sanford offers easy access to primary care for all ages. Specialty services and outreach services include urology, cardiology, neurosurgery, reproductive medicine, oncology, nutrition therapy, surgery (including Bariatrics), podiatry, and OB/GYN. Occupational medicine, physical therapy, health care accessories, and a walk-in clinic are available at Sanford's location at 621 Demers Ave. Sanford Dermatology & Laser Clinic located at 625 Demers Ave offers non-surgical treatments to help you make positive and healthy changes to your skin. Medically-directed staff specializes in advanced techniques to achieve and maintain radiant skin and also offer Mohs surgery,

which is a specialized highly effective technique for the removal of skin cancer.

Grand Forks Clinic offers primary care in a brand new facility at the south end of town.

Grand Forks and East Grand Forks have over one hundred dental, eye care and other specialty medical services.

Sciences, Mayo Clinic and the North Central Cancer Treatment Group on research projects every year.

#### Other medical services

Red River Behavior Health System offers acute inpatient stabilization for children, adolescents and adults experiencing a mental health and/or substance use related crisis. They offer a full continuum of quality psychiatric care and access to a team of board certified professionals that create individualized care plans to meet each patient's specific needs. RRBHS is a Meridian

**A Century of Our Family Caring for Yours**

- Independent Living
- Assisted Living
- Basic Care
- Transitional Care
- Memory Care
- Skilled Nursing Care

**701.787.7900**      [valleyseniorliving.org](http://valleyseniorliving.org)

**The Light Is In YOU.**

**218.281.3940 | [allumacares.org](http://allumacares.org) | @allumacares**  
**24/7 Support & Crisis Helpline: 800.282.5005**





# Aging Well

## Our community has many options for seniors

The Grand Forks Senior Center helps older adults live healthy and independent lives. The center provides services that allow seniors to remain in their homes, including meals in a social setting at a few different locations in the community, Meals on Wheels, frozen meals, foot care and medication setups. The Resource Department connects older adults to services in the community. For active older adults, the center offers a range of activities, volunteer opportunities and travel.

Parkwood Senior Living is a 172-unit senior living facility. Located at the intersection of DeMers Avenue and Columbia Road, Parkwood offers private apartments for independent living, assisted living, basic care and adult day services. The facility has 132 independent living units and 40 basic care studio apartments.

Edgewood Vista is an assisted living community in East Grand Forks. Staff are trained specifically in Alzheimer's and dementia care. The facility is designed and built with the Alzheimer's patient in mind, with a quiet calming atmosphere. There are group and

individual activities, personalized meals and compassionate care 24 hours a day.

Maple View Memory Care Center, one the valley's premiere memory care centers, has highly specialized staff and Montessori-based programming. The environment nurtures independence, self-assurance and positivity attitudes in seniors and memory-impaired individuals as well as their families.

Valley Senior Living operates three locations in Grand Forks with levels of care including skilled nursing, memory care, basic care, assisted living and independent living. Included in the non-profit corporation are three care communities; Valley Senior Living on Columbia with skilled nursing and transitional acute care, Valley Senior Living on 42nd (Woodside Village, Wheatland Terrace, Country Estates) with skilled nursing, memory care, assisted living and independent living, and Valley Senior Living on Cherry (Tuftte Manor and Cherrywood Village) with basic care and independent living. We serve over 550 residents and employ nearly 900 people with the mission of providing compassionate Christian care and service to enhance the quality of life for those we serve. The corporate office is located at 2900 14th Avenue South in Grand Forks.

The Good-Samaritan Society -- Heritage Grove offers senior housing and assisted living services in three connected buildings in East Grand Forks. This community for people 55 years and older offers apartments, round-the-clock staffing and security. Amenities include dining areas, meeting rooms, lounges, beauty salons, wellness rooms and a chapel.

## Helping Out

Grand Forks and East Grand Forks have a full range of service clubs and plenty of volunteer opportunities.

The local United Way maintains a volunteer hot line.

More than a dozen service clubs are active in a range of activities, from providing coats for needy children and pajamas for threatened women to providing fireworks for the Fourth of July.

The local YPs -- short for "Young Professionals" -- are especially active, hosting social, professional, cultural and philanthropic events throughout the year.

YP is primarily a networking group, engaging young professionals in the community. Their mission statement says, "We enhance our community, create connections and invest in each other." ■

### Wall's Medicine Center

Your Family  
Pharmacy

With 2 Location in Grand Forks



708 South Washington Street  
Grand Forks, North Dakota 58201  
Phone: 701-746-0497  
Fax: 701-746-7908



Serving the Long Term Care Community  
1020 S. Washington St.  
Grand Forks, North Dakota 58201  
Phone: 701-738-0804 Fax: 701-738-0806



# Living Together

By now we hope you're feeling good about Grand Forks and East Grand Forks and that you're thinking you might like to join our progressive community.

Of course, you'll need a place to live.

That's been a pressing problem here, as our economy expands and our population grows.

So, it might take some effort to find exactly what you want.

Local builders are working hard to meet the housing needs, and there are a number of new developments running from starter homes to luxury developments. You may choose from single-family homes, condos, town houses, twin homes and apartments. If you're a student, the dormitories may be an option.

The point is you will find a place to live.

And you can afford it.

Local lenders offer a range of financing programs and are eager to help you find the right package, be it a conventional mortgage, a VA financed mortgage and FHA loan, or a first-time home buyers loan or an American Dream package, there's a housing option available.



[www.egf.mn](http://www.egf.mn)

## Governing ourselves and keeping safe

Government is everybody's business in North Dakota and Minnesota. The states have some of the most comprehensive open meetings and open records laws in the nation.

The sun never sets on North Dakota government.

Except for very specific reasons, usually involving personnel decisions or proprietary secrets, every North Dakota government meeting is open. Every record is available to any citizen.

What's more, every public meeting must be announced in advance. Notices are published in newspapers and posted online.

One result is an extraordinary level of participation in government and trust in government. North Dakota elects more of its official than almost any other state. Initiative and referendum are highly developed here. In the November 2014 elections, there were eight measures on the ballot.

Voters sifted through them — and rejected all but one.

Another result of openness is a very high level of trust in government, the highest in the nation according to a recent survey.

North Dakotans know their government officials. Almost invariably, they call them by their first names: Doug, John, Kevin.

They're our neighbors after all. Midwesterners in general, and North Dakotans and Greater Minnesotans in particular, pride ourselves on our civil society. We respect each other, even like each other, even when we disagree.

The civil society works here.

One bit of evidence is the crime rate. Grand Forks and East Grand Forks are among the safest places in the nation. Of course, crime happens. We are humans after all. But, the crime index here is much lower than the national average for metropolitan statistical areas.

Policing here is community focused. In East Grand Forks, 20 officers work with the public and local schools. The Grand Forks force is larger, 80 officers and seven community relations officers who are assigned to each of the city's seven wards.

It's an example of effective government. On the street.

When Grand Forks faced a critical shortage of housing in 2012, the city convened a task force to assess the problem and to recommend solutions. In 2014, a similar task force was established to consider social service needs in the city and this year a group to look at adding additional air service.

Both were led by members of the City Council. Both are examples of government responding to real needs in real time.

It's sometimes hard to say it, but responsive government is one of our great strengths.

Even if some of us think government doesn't respond quickly enough and others think it responds too much. ■



# Growing Together

Grand Forks is growing. The 2020 census found just over 100,000 people in the metropolitan area. A little more than half live in the city of Grand Forks.

There are more than 2,500 businesses in the Grand Forks Metropolitan Statistical Area, and they employ nearly 60,000 people.

We've already met some of the major employers: UND, Altru Health System, the financial community, agribusinesses.

Grand Forks is also an important center for engineering, environmental and architectural services. More than a dozen firms are head-quartered here employing over 500 locally and another 400 in offices in other cities and states. That's only one example of the many "brainpower companies" in our communities. There are many others.

Other local companies make their own contributions to the cutting edge, from private aircraft to turbines for windmills that generate energy. Another local company is developing vaccines against a range of diseases, including Ebola, at a lab on the UND campus.

At the Grand Sky park on Grand Forks Air Force Base, companies are beginning to develop the future of aviation using unmanned aerial systems. Familiar names like Northrop Grumman and General Atomics are located there.

These developments add to the diversity and dynamism of our community.  
We expect to grow.

We hope you will want to join us as we continue to build one of America's best small cities.

For all of us.

Including you and your family.

There's activity here for your interests.

There are services here to meet your needs.

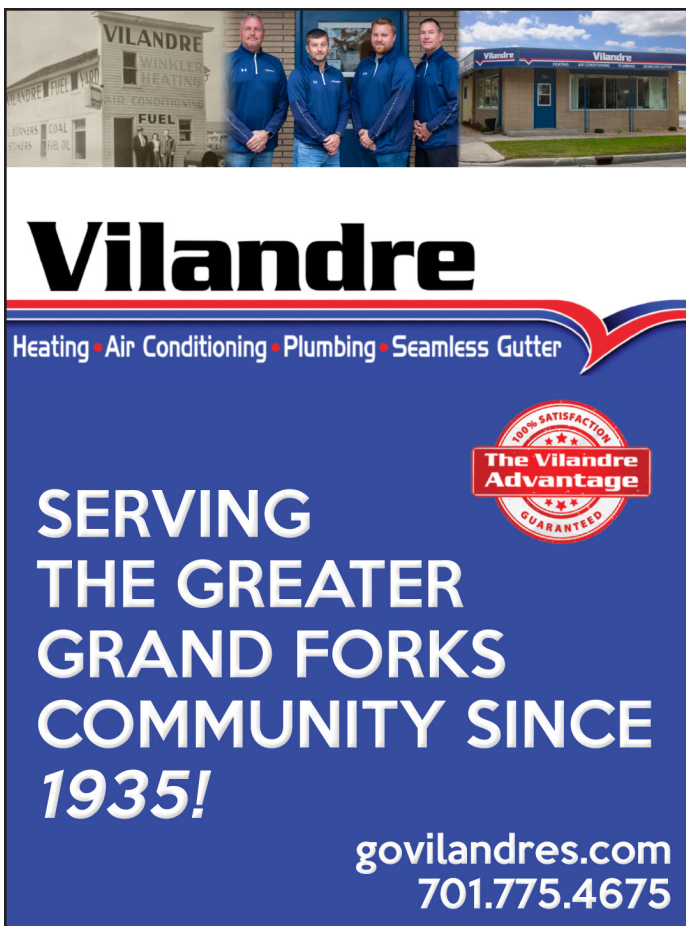
There's room here for your dreams.

Welcome.

Come, grow with us.

Settle in with us.

And prepare to be dazzled. ■



**Vilandre**  
Heating • Air Conditioning • Plumbing • Seamless Gutter

**SERVING  
THE GREATER  
GRAND FORKS  
COMMUNITY SINCE  
1935!**

**The Vilandre  
Advantage**

**govilandres.com  
701.775.4675**





**MIKE MILLER**

PHONE: 701.741.6060  
EMAIL: MILLERMOTIVATIONS@HOTMAIL.COM  
WEB: MILLERMOTIVATIONS.COM



CONCRETE  
STAMPED CONCRETE  
LAWN CARE  
PROPERTY MAINTENANCE  
SNOW REMOVAL  
ICE CONTROL  
SNOW HAULING




Our reason is water.™

Advanced Drainage Systems leads the industry with a comprehensive and sustainable suite of products proven to work.

We're looking for people looking for a career.  
adspipe.com/careers






**Your LOCAL Supplier of Sporting Goods Since 1972**



(701) 775-0553  
www.hockeyworldgrandforks.com

**OUR PURPOSE  
IS HELPING YOU  
ACHIEVE YOURS.**

**BANK WITH PURPOSE.**

**ALERUS.COM**  
Member FDIC

**ALERUS**

BANKING :: MORTGAGE :: RETIREMENT :: WEALTH MANAGEMENT



# 2024 Membership Directory

**Joel Arnason**  
2904 Belmont Rd  
Grand Forks, ND 58201  
218-791-6198  
jfamoose@gra.midco.net  
INDIVIDUALS

**452nd Ordnance Company**  
US Army Reserves  
Ben Ochs  
520 N. 47th St.  
Grand Forks, ND 58203  
719-366-2671  
Benjamin.d.ochs.mil@mail.mil  
GOVERNMENTAL AGENCIES

**5-Star Collision & Glass Center**  
Bob Arnold  
210 N. Washington St. Suite 4  
Grand Forks, ND 58203-3436  
701-775-3454  
bob.fivestarcollision@gmail.com  
https://5-starcollision.com/  
AUTOMOBILE REPAIR & SALES

**701 Beauty Bar**  
Alayna Johnson  
4551 S Washington St  
Grand Forks, ND 58201  
218-779-6882  
701beautybar@gmail.com  
701beautybar.com  
BARBERS & BEAUTY SALONS

**A & L Potato Co. Inc.**  
Randy Boushey  
PO Box 193,  
East Grand Forks, MN 56721  
218-773-0123  
randyb@aalpotato.net  
www.AandLPotato.net  
AGRICULTURE / AGRIBUSINESS

**A & L Siding & Home Improvement Center**  
Jeff Heath  
1505 11th Ave. N.,  
Grand Forks, ND 58203-2316  
701-775-0980  
htjiff@yahoo.com  
www.ansiding.com/  
CONTRACTORS & CONSTRUCTION SERVICES

**A&H Vending CO. INC**  
Curt Helgeson  
212 2nd ST NE,  
East Grand Forks, MN 56721  
218-773-1192  
ahvend@rrv.net  
SPECIALTY STORES

**Aaltos Garden Cafe**  
Jeff Demarcke  
1000 S. 42nd St.,  
Grand Forks, ND 58201-3927  
jdemarcke@canadinns.com  
www.canadinns.com  
RESTAURANTS

**Aaron Horak Farmers Insurance Agency**  
Aaron Horak  
910 Central Ave NE,  
East Grand Forks, MN 56721  
218-791-0006  
ahorak@farmersagent.com  
https://m.facebook.com/ahorak.farmersagent/  
INSURANCE AGENCIES / BROKERAGES

**Aatrix Software**  
Steve Luneth  
2617 S Columbia Rd - Ste 1  
Grand Forks, ND 58201  
701-746-6801  
chamber@aatrix.com  
https://www.aatrix.com/  
ACCOUNTING SERVICES

**Abra Auto Body and Glass**  
Deron Pederson  
2151 32nd Ave. S  
Grand Forks, ND 58201  
701-795-1700  
www.abraauto.com  
AUTOMOTIVE SUPPLIES & REPAIRS

**Absolute Glass**  
Chris & Laura Schauer  
924 Belmont Rd,  
Grand Forks, ND 58201  
701215-3591  
chri-sschauer7@gmail.com  
CLEANING SERVICES/ SUPPLIES

**Absolute Refrigeration, LLC.**  
Mark 'JR' & Jen Sertich  
818 S. 46th St.,  
Grand Forks, ND 58201  
701-787-1200  
owners@459below.com  
www.absoluterefrigeration.com  
REFRIGERATION & A/C SERVICES

**Accessnd**  
Lee Nordin  
401 17th Ave S.,  
Grand Forks, ND 58201  
218-791-0953  
lee.g.nordin@accessnd.com  
www.accessND.com  
CONSULTING

**Achieve Therapy & Fitness**  
Laurie Holte  
3035 DeMers Ave.,  
Grand Forks ND 58201  
701-746-6694  
lholte@achieve-therapy.com  
www.achieve-therapy.com  
PHYSICAL THERAPISTS

**Achieve Therapy & Fitness**  
Michelle Ellis  
1425 S Columbia Road  
Grand Forks, ND 58201  
701-746-8374  
mellis@achieve-therapy.com  
www.achieve-therapy.com  
PHYSICAL THERAPISTS

**Achieve Therapy & Fitness - EGF**  
Heather Walsh  
1421 Central Ave. NW  
East Grand Forks, MN 56721  
218-773-3388  
hwalsh@achieve-therapy.com  
www.achieve-therapy.com  
PHYSICAL THERAPISTS

**Acme Equipment**  
Nick Korynta  
3401 Gateway Drive  
Grand Forks, ND 58203  
701-335-5024  
nkorynta@acmetools.com  
www.acmeequipment.com  
CONSTRUCTION EQUIPMENT

**Acme Rents (Heavy Equipment)**  
Damon Pearson  
3401 Gateway Drive  
Grand Forks, ND 58203  
701-335-5022  
dpearson@acmerents.com  
www.acmerents.com  
CONSTRUCTION EQUIPMENT

**Acme Rents (Tailgate)**  
Bob Krigbaum  
1702 12th Ave N  
Grand Forks, ND 58203  
701-746-2802  
rkrigbaum@acmerents.com  
www.acmerents.com  
RENTAL EQUIPMENT & FURNITURE

**ACME TOOLS**  
Joel Kovar  
1705 13th Ave. N.  
Grand Forks, ND 58203  
701-746-6481  
jkovar@acmetools.com  
www.acmetools.com  
CONSTRUCTION EQUIPMENT

**Acres & Shares, LLC**  
Jayson Menke  
1397 Library Circle, Suite 102  
Grand Forks, ND 58201  
218-779-1293  
jayson.menke@acresandshares.com  
www.acresandshares.com  
AGRICULTURE / AGRIBUSINESS

**Ad Monkeys**  
Scott Telle  
1165 S Columbia Rd.  
Grand Forks, ND 58201-4007  
701-795-5805  
scott@admonkeys.com  
admonkeys.com  
ADVERTISING SERVICES

**Adams Family Farms, Partnership**  
Christopher Adams  
801 62nd Ave SE  
Grand Forks, ND 58201  
218-779-2121  
Chris@adamsfamily.farm  
www.adamsfamily.farm  
AGRICULTURE / AGRIBUSINESS

**Advanced Business Methods**  
Holly Sauve  
875 North 42nd Street  
Grand Forks, ND 58203-1918  
701-746-0394  
holly.sauve@abmnow.com  
www.abmnow.com  
OFFICE SERVICES, SUPPLIES / EQUIPMENT / FURNITURE

**Advanced Drainage Systems, Inc.**  
Ethan William  
16234 13th St. NE  
Buxton, ND 58218  
701-317-4415  
ethan.williamson@ads-pipe.com  
www.ads-pipe.com  
MANUFACTURING & PROCESSORS

**AE2S**  
Jordan Grasser  
4050 Garden View Drive  
Grand Forks, ND 58201  
701-746-8087  
jordan.grasser@ae2s.com  
www.ae2s.com  
ABSTRACTORS, ARCHITECTS & ENGINEERS

**Aerotek**  
Valen Anton  
901 University Ave.  
Grand Forks, ND 58203  
701-526-3015  
Vanton@aerotek.com  
www.aerotek.com  
SERVICES

**Aethero**  
Josh Klug  
975 58th Ave S.  
Grand Forks, ND 58201  
josh@aethero.ai  
www.aethero.ai  
Unmanned Air Systems

**Affinity Builders LLC**  
Jeff Weber  
5680 E. Prairiewood Dr.  
Grand Forks, ND 58201  
218-791-8051  
jweber@gra.midco.net  
CONTRACTORS & CONSTRUCTION SERVICES

**Aflac District Office**  
Kirk Motl  
2750 Gateway Dr. Suite D  
Grand Forks, ND 58203  
701-739-7546  
kirk\_motl@us.aflac.com  
www.aflac.com  
INSURANCE AGENCIES / BROKERAGES

**AFS Automated Financial Services, Inc.**  
Rusty Steffan  
2860 19th Ave S  
Grand Forks, ND 58201  
701-738-5010  
Rustys@automatedfinancialservice.com  
www.automatedfinancialservice.com  
FINANCIAL SERVICES

**Agassiz Associates, PLLC**  
Heidi Jensen  
2424 32nd Ave S  
Grand Forks, ND 58201  
701-746-6336  
www.agassizassociates.com  
MENTAL HEALTH CLINIC

**AgCountry Farm Credit Services**  
Marissa Moffet  
4350 32nd Ave. S.  
Grand Forks, ND 58201  
701-775-3193  
Marissa.Moffet@agcountry.com  
www.agcountry.com  
APPRAISAL & INSURANCE

**Airial Robotics, Inc.**  
Birgit Schamuhn  
4200 James Ray Dr.  
Grand Forks, ND, 58202  
680-216-3353  
bs@airialrobotics.com  
airialrobotics.com  
AVIATION MANUFACTURING

**Airspace Link**  
Sonny Beech  
503 49th Ave S  
Grand Forks, ND 58201  
701-739-6841  
sonny.beech@airspaceink.com  
airspaceink.com  
AIRLINES AND AVIATION

**Airtonomy**  
Josh Riedy  
4200 James Ray Drive  
Grand Forks, ND 58202  
701-330-0157  
josh@airtonomy.ai  
www.airtonomy.ai/  
UNMANNED AIR SYSTEMS

**Alerus - Columbia Road**  
Chris Wolf  
2300 S. Columbia Rd  
Grand Forks, ND 58201  
701-795-2684  
chris.wolf@alerus.com  
https://alerus.com/  
FINANCIAL SERVICES

**Alerus - Downtown**  
Chris Wolf  
401 Demers Avenue  
Grand Forks, ND 58201  
701-795-3369  
chris.wolf@alerus.com  
https://alerus.com/  
FINANCIAL SERVICES

**Alerus - Downtown Hugo's**  
500 DeMers Ave. - Suite B  
Grand Forks, ND 58201  
701-795-3303  
chris.wolf@alerus.com  
https://alerus.com/  
FINANCIAL SERVICES

**Alerus - Northwood**  
Chris Wolf  
P.O. Box 220  
Northwood, ND 58267  
701-587-5101  
chris.wolf@alerus.com  
https://alerus.com/  
FINANCIAL SERVICES



# 2024 Membership Directory

## Alerus Center

Anna Rosburg  
1200 42nd Street South  
Grand Forks, ND 58201  
701-792-1200  
anna.rosburg@oakviewgroup.com  
www.aleruscenter.com  
AMUSEMENT & ENTERTAINMENT

## All About Moving, Inc.

Trevor Kittelson  
2402 North 69th Street  
Grand Forks, ND 58203  
701-772-4100  
trevor@all-aboutmoving.com  
www.all-aboutmoving.com  
MOVING & STORAGE

## All Embracing Home Care, LLC

DeeDecimus Holmes  
2211 S Washington St.  
Grand Forks, ND 58201  
701-330-8373  
info@allembracinghcc.com  
www.allembracinghomecare.com  
HEALTH & WELLNESS

## Alluma, Inc.

Michelle Van Camp  
PO Box 603  
Crookston, MN 56716  
218-281-3940  
michelle.vancamp@allumacares.org  
www.allumacares.org  
MENTAL HEALTH CLINIC

## Alluma, Inc.

Michelle Van Camp  
1422 Central Ave NE  
East Grand Forks, MN 56721  
218-281-3940  
michelle.vancamp@allumacares.org  
www.allumacares.org  
MENTAL HEALTH CLINIC

## American Family Insurance

-Larson and Associates Agency, LLC  
Jacob Larson  
408 3rd St NW  
East Grand Forks, MN 56721  
218-773-3608  
jlarson1@amfam.com  
www.amfam.com/agents/minnesota/east-grand-forks/jacob-larson  
INSURANCE AGENCIES / BROKERAGES

## Altru Cancer Center

Todd Forkel  
960 South Columbia Road  
Grand Forks, ND 58201  
701-780-5000  
tforkel@altru.org  
www.altru.org/cancer  
CLINICS, PHYSICIANS & SURGEONS

## Altru Family Medicine Center

Todd Forkel  
1380 South Columbia Road  
Grand Forks, ND 58201  
701-780-5000  
tforkel@altru.org  
www.altru.org/familymedicine  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Altru Family YMCA

Bob McWilliams  
215 N. 7th Street  
Grand Forks, ND 58208-3177  
701-775-2586  
bmcwilliams@gfymca.org  
www.gfymca.org  
FITNESS CLUBS

## Altru Health Foundation

Kristi Hall-Jiran  
2501 DeMers Ave  
Grand Forks, ND 58206-6002  
701-780-5600  
khaljiran@altru.org  
https://www.altru.org/foundation  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Altru Health System

Todd Forkel  
1200 S. Columbia Road  
Grand Forks, ND 58206-6002  
701-780-5000  
TForkel@altru.org  
www.altru.org  
CLINICS, PHYSICIANS & SURGEONS

## Altru Performance Center

Todd Forkel  
1375 S. Columbia Road  
Grand Forks, ND 58201  
701-780-5000  
tforkel@altru.org  
www.altru.org  
HEALTH & WELLNESS

## Altru Rehabilitation Hospital

Luke Lawrimore  
4500 S Wash. St Ste B  
Grand Forks, ND 58201-7217  
701-739-9632  
lucas.lawrimore@encompasshealth.com  
encompasshealth.com/locations/grandforksrehab  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Altru Specialty Center

Todd Forkel  
4500 South Washington  
Grand Forks, ND 58201  
701-732-7000  
tforkel@altru.org  
https://www.altru.org  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Altru's Home Health

Todd Forkel  
1380 S. Columbia Rd  
Grand Forks, ND 58206-6011  
701-780-5258  
www.altru.org/hospice  
HOSPICE

## Altru's Sleep Center

Todd Forkel  
1200 S Columbia Road  
Grand Forks, ND 58201  
701-780-5382  
tforkel@altru.org  
www.altru.org/sleepcenter  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Alzheimer's Association

MN - ND  
Maggie Kness  
311 S 4th St.  
Grand Forks, ND 58201  
701-775-8544  
mkness@alz.org  
www.alz.org/mnnd  
NON-PROFIT ORGANIZATION

## America's Best Value Inn

Smiley Thakker  
1000 N. 42nd St.  
Grand Forks, ND 58203-1916  
701-775-0555  
thakkersmiley@hotmail.com  
www.abvigrandforks.com  
HOTELS & MOTELS

## American Crystal Sugar

Jeff Bugliosi  
1020 Business Hwy 2  
East Grand Forks, MN 56721-3109  
218-773-1131  
jbugliosi@crystalsugar.com  
www.crystalsugar.com/  
AGRICULTURE / AGRIBUSINESS

## American Family - Jeremy Fulton

Jeremy Fulton  
1220 S. Washington St.  
Grand Forks, ND 58201  
701-746-1919  
jfulton@amfam.com  
INSURANCE AGENCIES / BROKERAGES

## American Federal Bank

Brad Costello  
140 Gateway Drive NE  
East Grand Forks, MN 56721  
218-773-9711  
bcostello@americanfederal.net  
www.americanfederalbank.com  
FINANCIAL SERVICES

## American Federal Bank

Bradley Costello  
2551 S Columbia Rd  
Grand Forks, ND 58201  
701-775-1133  
bcostello@americanfederal.net  
www.americanfederalbank.com  
FINANCIAL SERVICES

## American Legion Post #157

Jim Hance  
1009 Central Ave NW  
East Grand Forks, MN 56721  
218-773-1129  
RESTAURANTS, LOUNGES & LIQUORS

## American Legion Post 6

Michael Brown  
151 So. 4th St  
Grand Forks, ND 58206  
218-230-4101  
mrbrown5578@gmail.com  
SERVICE & CIVIC CLUBS & ASSOCIATIONS

## Americinn By Wyndham

Crookston  
Cory Dallager  
1821 University Ave.  
Crookston, MN 56716  
218-281-7800  
crookston.mn@americinn.com  
www.americinn.com  
HOTELS & MOTELS

## Americinn Lodge & Suites

Kayla Cluff  
1820 S Columbia Rd.  
Grand Forks, ND 58201-5819  
701-780-9925  
grandforks.nd@americinn.com  
www.wyndhamhotels.com/  
americinn  
HOTELS & MOTELS

## AmeriPride

Keith Hovelson  
206 Northern Pacific Avenue  
Fargo, ND 58102  
701-476-2403  
keith.hovelson@ameripride.com  
www.ameripride.com  
LAUNDRY & LINEN SUPPLY/ SERVICE

## Ameriprise Financial - Ethan Hodnefield

Ethan Hodnefield  
3425 S Wash. St, Suite A  
Grand Forks, ND 58201  
701-746-5429 x3  
ethan.hodnefield@ampf.com  
www.ameripriseadvisors.com/  
ethan.hodnefield  
FINANCE & INVESTMENT

## Amundson Family Funeral Home

Philip Amundson  
2975 S. 42nd St.  
Grand Forks, ND 58208-2012  
701-772-7070  
phil@amundsonfuneralhome.com  
www.amundsonfuneralhome.com  
FUNERAL SERVICES

## Amundson, Roger D.D.S.

Dr. Roger Amundson  
2600 DeMers Ave.  
Grand Forks, ND 58201-4100  
701-772-0171  
info@rogeramundsondds.com  
www.rogeramundsondds.com/  
DENTISTS

## Anchor Marketing

Hal Halliday  
4200 James Ray Drive  
Grand Forks, ND 58203  
701-787-8230  
halh@anchorwebsite.com  
www.anchorwebsite.com  
ADVERTISING SERVICES

## Anderson Appraisal Service, Inc.

David Nord  
1130 North 5th Street  
Grand Forks, ND 58203  
701-772-4700  
david.aaps@midconetwork.com  
APPRAISERS

## Anderson Brothers Auto Body Shop

Scott Anderson  
2010 Washington St. N.  
Grand Forks, ND 58203-1449  
701-772-1122  
scott@andersonbrosgrf.com  
AUTOMOTIVE SUPPLIES & REPAIRS

## Anderson Steel Erection & Crane Service

Rodney & Jane Syverson  
214 Cleo Ct  
Grand Forks, ND 58201  
701-775-7079  
andersonsteel@gra.midco.net  
CONSTRUCTION & BUILDING TRADES

## Anne Carlsen Center Community Services

Jackie Walsh  
2016 S. Washington Street  
Grand Forks, ND 58201  
701-757-4200  
Jackie.Walsh@annecenter.org  
www.annecenter.org  
NON-PROFIT ORGANIZATION

## Anytime Fitness

Danny Holwerda  
3750 32nd Ave S  
Grand Forks, ND 58201  
701-738-0036  
grandforks@anytimefitness.com  
https://www.anytimefitness.com/  
FITNESS CLUBS

## Apex Apparel

Elizabeth Thompson  
2000 DeMers Ave  
Grand Forks, ND 58201  
701-335-9112  
elizabeth@apexapparelnd.com  
www.apexapparelnd.com  
CUSTOM APPAREL

## Applegren Construction

Nate Applegren  
1015 N 51st St., Ste. B  
Grand Forks, ND 58203-1881  
701-746-6978  
nate@applegrenhomes.com  
http://www.applegrenhomes.com/  
HOME BUILDERS  
COMMERCIAL AND INDUSTRY

## The Arc, Upper Valley

Rachel Hafner  
1200 South Washington St.  
Grand Forks, ND 58201  
701-772-6191  
rhafner@arcuv.com  
www.thearcuppervalley.org  
NON-PROFIT ORGANIZATION



# 2024 Membership Directory

**Archives Coffee House**  
Kyle Thorson  
3012 University Ave  
Grand Forks, ND 58201  
701-757-1970  
kyle@archivescoffee.com  
<https://www.archivescoffee.com/>  
COFFEE SHOPS

**Area Community Credit Union**  
Connie Johnston  
2800 South Washington Street  
Grand Forks, ND 58201-6748  
701-772-2690  
cjohnston@gfaccu.com  
[www.gfaccu.com/](http://www.gfaccu.com/)  
FINANCIAL INSTITUTIONS

**Arvig**  
Rachel Laudenbach  
150 Second St SW  
Perham, MN 56573  
888-992-7844  
answers@arvig.com  
arvig.com  
COMMUNICATIONS SALES & SERVICE

**Arvig Media**  
Chris Littlejohn  
701-741-1969  
chris.littlejohn@arvigmedia.com  
[www.arvigmedia.com](http://www.arvigmedia.com)  
ADVERTISING SERVICES

**Asche Insurance Agency**  
Rick Asche  
1521 24th Ave S  
Grand Forks, ND 58201  
701-772-1138  
yoaschey@aol.com  
INSURANCE AGENCIES / BROKERAGES

**Ashley Furniture HomeStore**  
Dustin Mason  
3201 32nd Ave South  
Grand Forks, ND 58201  
701-746-8089  
Dustin.Mason@fm-usa.com  
[www.thefurnituremart.com](http://www.thefurnituremart.com)  
FURNITURE

**Aspire Health**  
Phil Gisi  
3523 45th St. South, Ste 100  
Fargo, ND 58104  
833-866-0925  
<https://aspirehealthcare.com/>  
CLINICS, PHYSICIANS & SURGEONS

**Assurity Finance & Development, LLC**  
Jon Ramsey  
305 S. 4th Street  
Grand Forks, ND 58206-5926  
701-795-1115  
jon.ramsey@assurityfd.com  
[www.assurityfd.com](http://www.assurityfd.com)  
FINANCE

**Aurora Dialysis**  
Khaled Rabadi  
1451 44th Ave S.  
Grand Forks, ND 58201  
701-732-2839  
juliem@kidneynd.org  
[www.kidneynd.org](http://www.kidneynd.org)  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

**Auto Finance Super Center**  
Ryan Mullen  
2251 32nd Ave. S.  
Grand Forks, ND 58201-3602  
701-772-6274  
ryan@autofsc.com  
[www.autofsc.com](http://www.autofsc.com)  
AUTOMOBILE DEALERS

**Auto Massage LLC**  
Mike Hoekstra  
1232 Rylan Road  
Grand Forks, ND 58201  
701-335-3940  
mike@automassagelc.com  
[www.automassagelc.com](http://www.automassagelc.com)  
SERVICES

**Avis Rent A Car**  
Shari Storbakken  
Grand Forks Airport  
Grand Forks, ND 58203  
701-775-0688  
avisgfk@gmail.com  
[www.avis.com](http://www.avis.com)  
AUTO RENTALS

**Azurance Group**  
Matthew Sullivan  
4510 13th Ave S  
Fargo, ND 58121  
701-282-1100  
matthew.sullivan@azurancegroup.net  
INSURANCE AGENCIES / BROKERAGES

**Badger Dental Group**  
Dr. Jeremy Badger  
1197-A Columbia Rd. So.  
Grand Forks, ND 58201-4033  
701-775-4751  
jbadge84@gmail.com  
[www.drtanabe.com](http://www.drtanabe.com)  
DENTISTS

**Balloons by Misti**  
Misti Kauffman  
3340 Royal Cir  
Grand Forks, ND 58201  
701-490-2370  
balloonsbymisti@gmail.com  
[www.balloonsbymisti.com](http://www.balloonsbymisti.com)  
EVENT PLANNING

**Bank Forward - Columbia Rd**  
Brady Trenbeath  
4651 South Columbia Road  
Grand Forks, ND 58201  
701-738-8700  
brady.trenbeath@bankforward.com  
[www.bankforward.com](http://www.bankforward.com)  
FINANCIAL SERVICES

**Bank of North Dakota**  
Tyson Zeltinger  
4200 James Ray Dr. STE 505  
Grand Forks, ND 58203  
701-328-5694  
tzeltinger@nd.gov  
<http://www.banknd.nd.gov>  
FINANCIAL SERVICES

**Barys Construction**  
Brandon Bochenski  
1777 Kings View Dr  
Grand Forks, ND 58201  
701-314-9183  
barysconstruction@gmail.com  
[www.barysconstruction.com](http://www.barysconstruction.com)  
CONTRACTORS & CONSTRUCTION SERVICES

**Baymont Inn & Suites, Grand Forks**  
Mike Smith  
951 South 42nd Street  
Grand Forks, ND 58201  
701-757-2345  
baymontgm@pecokidllc.com  
[www.baymontinns.com/](http://www.baymontinns.com/)  
GrandForks  
HOTELS & MOTELS

**BBI International**  
John Nelson  
308 Second Ave. N., Suite 304  
Grand Forks, ND 58203  
701-746-8385  
jnelson@bbiinternational.com  
[www.bbiinternational.com](http://www.bbiinternational.com)  
PUBLISHERS

**Bears Home Solutions**  
Darin Gador  
1318 12th Ave S.  
Grand Forks, ND 58201  
701-775-5522  
dgador@bearshs.com  
<https://bearshomesolutions.com/>  
HEATING & AIR CONDITIONING & PLUMBING

**Becker Marketing Consultants**  
Richard Becker  
3633 Lynwood Circle Grand  
Forks, ND 58201  
218-779-5736  
richb7742@aol.com  
INDIVIDUALS

**Beckstead's Auto Repair**  
Kevin Folk  
1319 9th Avenue South  
Grand Forks, ND 58201-4345  
701-746-6758  
AUTOMOBILE REPAIR & SALES

**Behl's Photography**  
Cecilia Lysne  
2017 S Washington St #4  
Grand Forks, ND 58201  
701-772-9431  
behlsp@rrv.net  
[www.behls.net](http://www.behls.net)  
PHOTOGRAPHERS

**Bell Insurance Services LLC**  
Kelly Hjelle  
4303 S. Columbia Rd.  
Grand Forks, ND 58201  
701-775-4626  
khjelle@bell.insurance  
[www.bellinsurance.com](http://www.bellinsurance.com)  
INSURANCE AGENCIES / BROKERAGES

**BeMobile Corporate Center**  
Megan Rupe  
2100 S Columbia Rd.  
Grand Forks, ND 58201-5895  
701-775-9696  
megan.rupe@bemobile.com  
[www.bemobile.com](http://www.bemobile.com)  
COMMUNICATIONS SALES & SERVICE

**BeMobile Verizon Columbia Road**  
Shayden Christenson  
2100 S Columbia Rd  
Grand Forks, ND 58201  
701-775-9696  
shayden.christenson@bemobile.com  
[www.bemobile.com](http://www.bemobile.com)  
COMMUNICATIONS SALES & SERVICE

**Benchmark Mortgage**  
Scott Meyer  
202 North 3rd Street  
Grand Forks, ND 58203  
218-791-7655  
Scott.Meyer@Benchmark.us  
[www.ScottMeyer.Benchmark.us](http://www.ScottMeyer.Benchmark.us)  
MORTGAGE COMPANIES

**Bergstrom Electric, Inc.**  
Cliff Moen  
3100 N. Washington St  
Grand Forks, ND 58203  
701-775-8897  
cmoen@bergstromelectric.com  
[www.bergstromelectric.com/](http://www.bergstromelectric.com/)  
ELECTRICIANS

**Berkshire Hathaway HomeServices Family Realty**  
Katie Marcotte  
1725 32nd Ave. S.  
Grand Forks, ND 58201  
701-746-0303  
k8marcotte@gmail.com  
<https://www.grandforksfamilyrealty.com/>  
REALTORS

**Berkshire Hathaway HomeServices Family Realty - Jodi Danzl**  
Jodi Danzl  
1725 32nd Ave S  
Grand Forks, ND 58201  
218-779-3478  
danzl3@hotmail.com  
[https://linktr.ee/realtor\\_jodi\\_danzl](https://linktr.ee/realtor_jodi_danzl)  
REALTORS

**Berkshire Hathaway HomeServices Family Realty - Katie Marcotte**  
Katie Marcotte  
1725 32nd Ave. S.  
Grand Forks, ND 58201  
701-215-2363  
k8marcotte@gmail.com  
<https://www.grandforksfamilyrealty.com/>  
REALTORS

**Bert's Truck Equipment, Inc**  
Riley Gregoire  
2506 Business Hwy 2 East  
East Grand Forks, MN 56721  
218-773-1194  
riley@bertstruck.com  
bertstruck.com  
RETAILERS

**Best Western Harvest Inn & Suites**  
Annette Aird  
3350 32nd Ave. S.  
Grand Forks, ND 58201-6016  
701-775-5000  
aird@christiansoncompanies.com  
[www.bestwestern.com](http://www.bestwestern.com)  
HOTELS & MOTELS

**Big Jim's East Side Tire**  
Dick Hiebert  
111 Gateway Drive  
Grand Forks, ND 58203-2422  
701-775-7045  
dick\_bigjims@midconetwork.com  
[www.bigjimstire.com](http://www.bigjimstire.com)  
TIRES SALES & SERVICE

**Big Sky Kennel**  
John Staley  
Grand Forks, ND 58201  
701-740-0265  
jstaley@midco.net  
PET SERVICES

**Bioscience Association of North Dakota**  
Richard Glynn  
4200 James Ray Drive  
Grand Forks, ND 58202  
701-738-2431  
BioscienceND@gmail.com  
[www.ndbio.com](http://www.ndbio.com)  
CONSULTING

**Black Gold Farms**  
Bob Hoffert  
4320 18th Ave. S  
Grand Forks, ND 58201  
701-772-2620  
bob.hoffert@blackgoldfarms.com  
[www.blackgoldfarms.com](http://www.blackgoldfarms.com)  
POTATO GROWERS & WHOLESALERS

**Blessed Home Care**  
Binod Kharel  
1407 24th Ave S  
Grand Forks, ND 58201  
605-323-9936  
laxmikhare1274@gmail.com  
HOME SERVICES

**Blue Cross Blue Shield of ND**  
Kari Hunt  
3570 S. 42nd St.  
Grand Forks, ND 58201  
701-795-5340  
[www.bcbsnd.com](http://www.bcbsnd.com)  
INSURANCE AGENCIES / BROKERAGES

**Blue Line Custom Detailing**  
Vanessa Richter  
1114 5th Ave NE  
Thompson, ND 58278  
701-302-0567  
bluelinecustomdetailing@gmail.com  
[bluelinecustomdetailing.com](http://bluelinecustomdetailing.com)  
RESTORATION

**Blue Moose Bar & Grill**  
Pat Bopp  
507 2nd St NW  
East Grand Forks, MN 56721  
218-773-6516  
patrick.bopp@gmail.com  
[www.thebluemoose.net](http://www.thebluemoose.net)  
RESTAURANTS



# 2024 Membership Directory

## Blue Zones Project - Grand Forks

Ashlee Kleveland  
713 10th St  
Hatton, ND 58240  
651-587-2929  
ashlee.kleveland@sharecare.com  
grandforks.bluezonesproject.com  
SERVICES

## Bluepeak Broadband

Jeremy Davidson  
5100 S Broadband Lane  
Sioux Falls, SD 57108  
jeremydavidson@mybluepeak.com  
www.mybluepeak.com  
INTERNET PROVIDER

## BNSF Railway Company

Jarod Senger  
1796 DeMers Ave.  
Grand Forks, ND 58201-4209  
701-795-1255  
Jarod.Senger@BNSF.com  
TRANSPORTATION

## Boardwalk Bar & Grill

Jane Moss  
415 2nd St NW  
East Grand Forks, MN 56721  
218-399-3000  
boardwalkbargrill@midconetwork.com  
www.boardwalkkegf.com  
RESTAURANTS

## Bob's Oil and Gas LLC

Darin Gilbertson  
524 Gateway Dr.  
Grand Forks, ND 58203  
701-335-3443  
Mrgas524@gmail.com  
GAS STATION

## Bolton & Menk

Blue Weber  
3168 41st St  
Fargo, ND 58104  
701-9609-107  
blue.weber@bolton-menk.com  
www.bolton-menk.com/  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

## Bon Voyage Travel Leaders

Bonnie Rygg Haley  
2100 S Columbia Rd Ste 118  
Grand Forks, ND 58201  
701-772-6313  
bonnie@bonvoyagetravelnd.com  
www.bonvoyagetravelnd.com  
TRAVEL AGENTS

## Bonzer's Sandwich Pub

Matt Bonzer  
420 DeMers Avenue  
Grand Forks, ND 58201-4508  
701-775-0365  
matt@bonzerspub.com  
www.bonzerspub.com  
RESTAURANTS

## Boot Barn

Hillary Starke  
3841 32nd Ave S.  
Grand Forks, ND 58201  
store116@bootbarn.com  
CLOTHING STORES

## Border States Electric Supply Co.

Reannon Hoverson  
2311 S. 48th St  
Grand Forks, ND 58201  
701-772-3477  
rhoverson@borderstates.com  
www.borderstateselectric.com  
LIGHTING & ELECTRICAL  
WHOLESALE

## Border States Trophy & Awards

Tim Riopelle  
2131 Pioneer Court NW  
East Grand Forks, MN 56721  
218-779-9770  
tim@borderstatetrophy.com  
www.borderstatetrophy.com  
SPECIALTY STORES

## Braaten's Quality Auto Service

Kevin Reitmeier  
210 N. Washington St. #3  
Grand Forks, ND 58201  
701-795-5164  
BraatensAuto@gmail.com  
www.BraatensAuto.com  
AUTOMOTIVE SUPPLIES &  
REPAIRS

## Brady, Martz & Associates, P.C.

Tim Mehlhoff  
401 Demers Avenue, Suite 300  
Grand Forks, ND 58208-4296  
701-775-4685  
tim.mehlhoff@bradymartz.com  
www.bradymartz.com  
ACCOUNTANTS

## Brandon Cobb Agency - Country Financial

Brandon Cobb  
802 Demers Ave  
Grand Forks, ND 58201  
701-620-6040  
brandon.cobb@countryfinancial.com  
INSURANCE AGENCIES /  
BROKERAGES

## Brekke Tours & Travel

Char Brekke  
802 N. 43rd St.  
Grand Forks, ND 58203-1999  
701-772-8999  
tours@brekкетours.com  
www.brekкетours.com  
TRAVEL AGENTS

## Bremer Bank

Tammy Peterson  
3100 S Columbia Road  
Grand Forks, ND 58208-3118  
701-795-4500  
tlpeterson@bremer.com  
Bremer.com  
FINANCIAL SERVICES

## Brick & Barley

Sarah Horak  
9 N 3rd St  
Grand Forks, ND 58203  
701-757-4012  
sarah@brickandbarleygf.com  
www.brickandbarleygf.com  
RESTAURANTS

## Brockmeyer Tile & Stone, Inc.

Mike Brockmeyer  
2202 Gateway Dr.  
Grand Forks, ND 58201  
701-772-7730  
mike@btsgranite.com  
www.btsgranite.com  
CONSTRUCTION &  
BUILDING TRADES

## Brode Communications Consulting, LLC

Barry Brode  
792 Barley Ct.  
Grand Forks, ND 58201  
218-791-0340  
brode@midco.net  
COMMUNICATIONS SALES &  
SERVICE

## Brown Corporations

Nick Brown  
1168 12th St. NE  
Grand Forks, ND 58201  
701-772-0265 x 555  
nickb@browncorp.com  
www.browncorp.com  
DEVELOPMENT

## Bud & Ralph's Appliance Service

Tom Wacek  
1555 North 42nd Street  
Grand Forks, ND 58203-0809  
701-772-7106  
brservice.gf@gmail.com  
APPLIANCE &  
ELECTRONICS DEALERS

## Budget RV

Mike Johnson  
5200 Gateway Dr  
Grand Forks, ND 58201  
701-772-7233  
mike@budgetrvgf.com  
www.budgetrvgf.com R.V.  
SALES, PARTS & SERVICE

## Buff City Soap

Kacey Russell  
3811 32nd Avenue  
Grand Forks, ND 58201  
kacey.russell@glowbrands.com  
BuffCitySoap.com  
RETAILERS

## Buffalo Wild Wings

Jeff Groven  
2717 Columbia Road South  
Grand Forks, ND 58201  
701-775-9464  
gf.buffalowildwings@midconetwork.com  
www.buffalowildwings.com  
RESTAURANTS

## Bully Brew Coffee - East Grand Forks

Sandi Luck  
321 DeMers Ave  
East Grand Forks, MN 56721  
218-399-0187  
bullybrewcoffeehouse@gmail.com  
www.bullybrewcoffeehouse.com  
COFFEE SHOPS

## Bully Brew Coffee - Grand Forks

Sandi Luck  
2100 S Columbia Rd  
Grand Forks, ND 58201  
701-772-1995  
Bullybrewcoffeehouse@gmail.com  
www.Bullybrewcoffeehouse.com  
COFFEE SHOPS

## The Bun Lounge

Jack Gregory  
1708 Mill Road  
Grand Forks, ND 58203-1534  
701-772-4366  
kateslom@yahoo.com  
BAR / BARS / LOUNGES /  
NIGHTCLUBS

## Burggraf's Ace Hardware

Tony Gillson  
Grand Cities Mall  
Grand Forks, ND 58201  
701-738-0455  
tony@burggrafsace.com  
www.acehardware.com  
HARDWARE & LIGHTING

## Burian & Associates, LLC

Steve Burian  
4340 18th Ave S, Ste 120  
Fargo, ND 58103  
701-740-4881  
steve.burian@burianassociates.com  
CONSULTING

## Business Essentials

Jason Bossert  
610 S 19th St, Unit 4  
Grand Forks, ND 58201  
701-775-5503  
jbossert@orderbe.com  
www.orderbe.com  
OFFICE SERVICES,  
SUPPLIES / EQUIPMENT /  
FURNITURE

## Business Specialties, CPAs

Dona Wambsgans  
3001 A 32nd Ave S  
Grand Forks, ND 58201  
701-772-2491  
donacpa@polarcomm.com  
www.donacpa.com  
ACCOUNTANTS

## C & H Insurance

Justin Hecht  
1427 Central Ave. NW  
East Grand Forks, MN 56721  
218-773-0287  
justin@candhinsurance.net  
www.candhinsurance.net  
INSURANCE AGENCIES /  
BROKERAGES

## C & R Cleaners & Laundry

Don Larsen  
1010 North Fifth Street  
Grand Forks, ND 58203-2498  
701-775-5336  
clean@circleaners.com  
www.crcleaners.com  
LAUNDRY & LINEN SUPPLY/  
SERVICE

## C'Mon Inn

Eric Kendall  
3051 32nd Avenue South  
Grand Forks, ND 58201-6021  
701-775-3320  
grandforks@cmoninn.com  
www.cmoninn.com  
HOTELS & MOTELS

## C.L. Linfoot Company

Dan Mulroy  
4805 DeMers Avenue  
Grand Forks, ND 58201  
701-775-3961  
danm@linfoot1893.com  
www.linfoot1893.com  
HEATING & AIR  
CONDITIONING

## Cabela's

Daren Muscha  
210 DeMers Avenue  
East Grand Forks, MN 56721  
218-773-0282  
Manager\_East\_Grand\_Forks\_MN@basspro.com  
https://stores.cabelas.com/us/mn/east-grand-forks/210-demers-ave-nw.html  
SPORTS STORES

## Cambridge Property Mgmt

Brad Stenberg  
2603 7th Avenue S #12  
Grand Forks, ND 58201  
701-775-8670  
brad.cpm@midconetwork.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## Campbell, Tom

Tom Campbell  
15111 Hwy. 17  
Grafton, ND 58237  
701-520-2727  
tom@campbellfarms.net  
INDIVIDUALS

## Camrud, Maddock, Olson & Larson Ltd

Randall Hanson  
401 DeMers Avenue, Suite 500  
Grand Forks, ND 58201  
701-775-5595  
rhanson@camrudlaw.com  
www.camrudlaw.com  
ATTORNEYS

## Canad Inns

Jeff Demarcke  
1000 S. 42nd St  
Grand Forks, ND 58201-3927 701-772-8404  
jdemarcke@canadinns.com  
www.canadinns.com  
HOTELS & MOTELS



# 2024 Membership Directory

## Cancer Center of North Dakota

Dr. William Noyes  
1451 44th Ave. S., Unit E  
Grand Forks, ND 58201-3434  
701-787-5800  
www.cancercenternd.com  
CLINICS, PHYSICIANS & SURGEONS

## Canna Corners

Ronny Reitmeier  
910 Central Ave NW Unit D  
East Grand Forks, MN 56721  
218-220-5561  
Ronny@CannaCorners.com  
cannacorners.com/  
RETAILERS

## Capital Resource Management

Jay Matthews  
3001 32nd Ave. S.  
Grand Forks, ND 58201-6068  
701-746-6729  
jay.matthews@pesmail.com  
www.capitalresourcegmt.com  
FINANCE & INVESTMENT

## Caribou Coffee - EGF Hugo's

Daniel Compos  
306 14th St. NE  
East Grand Forks, MN 56721  
218-773-2418 Ext. 10555  
danny.compos@gohugos.com  
www.gohugos.com  
COFFEE SHOPS

## CaringEdge Health Services

Phil Gisi  
322 Demers Avenue  
Grand Forks, ND 58201  
877- 651-5839  
info@caringedge.com  
https://CaringEdge.com/  
HEALTH & WELLNESS

## Carrington Court Townhome Apts.

Scott Stauss  
2299 S. 34th Street  
Grand Forks, ND 58201  
701-775-5544  
scotts@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT & DEVELOPMENT

## Cash-Wa Distributing Co. of Fargo

Jeff Steckman  
4101 15th Ave. N.  
Fargo, ND 58102  
701-741-0674  
jeff.steckman@cashwa.com  
www.fsafood.com  
GROCERY SUPPLY

## Catalyst Medical Center

Susan Mathison  
1800 21st Avenue South  
Fargo, ND 58103  
701-365-8700  
wecare@  
catalystmedicalcenter.com  
www.catalystmedicalcenter.com  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

## Caulfield Studio

Robert Caulfield  
1020 South Wash. St - Suite D  
Grand Forks, ND 58201  
701-746-0078  
caulfieldstudiogf@hotmail.com  
PHOTOGRAPHERS

## Centerspace

Tracy Skjerven  
2151 36th Ave S #101  
Grand Forks, ND 58201  
701-775-8535  
tskjerven@centerspacehomes.com  
APARTMENT UNITS

## Century Electric, Inc.

Brian Harris & Greg Mattson  
915 S.48th St.  
Grand Forks, ND 58201-3829  
701-746-8727  
brianh@centuryelect.com  
www.centuryelect.com  
ELECTRICIANS

## CF Industries Distribution Facilities, LLC

Mike Hutton  
4975 N. Washington St.  
Grand Forks, ND 58203  
701-772-3471  
mhutton@cfindustries.com  
www.cfindustries.com  
CHEMICALS & FERTILIZERS

## The Chamber Bismarck Mandan

Brenda Nagel  
1640 Burnt Boat Drive  
Bismarck ND, 58502  
701-223-5660  
bnagel@bmcedc.com  
CHAMBER OF COMMERCE

## Chapter Aesthetic Studio

Danielle Nelson  
3300 32nd Avenue South  
Grand Forks, ND 58201  
701-765-3590  
danielle.nelson@mychapter.com  
www.mychapter.com  
COSMETICS / SKIN CARE

## Chebec Consulting

William Bell  
205 Plain Hills Drive  
Grand Forks, ND 58201  
701-314-7592  
chebecconsulting@gmail.com  
ENGINEERS

## Chiro Rx Ltd

Phillip Berg  
2625 24th Ave S  
Grand Forks, ND 58201-6180  
701-746-7979  
dr.berg@hotmail.com  
www.chirorx.com  
CHIROPRACTORS

## Choice Bank - 42nd Street

Chris Johnson  
1697 S. 42nd St.  
Grand Forks, ND 58201-3740  
701- 746-6010  
cj.johnson@bankwithchoice.com  
www.bankwithchoice.com  
FINANCIAL SERVICES

## Choice Bank - South Washington

Chris Johnson  
4501 S. Washington St  
Grand Forks, ND 58201  
701-738-4300  
cj.johnson@bankwithchoice.com  
www.choicefinancialgroup.com  
FINANCIAL SERVICES

## Choice Health & Fitness

Michael Orr  
4401 S. 11th Street  
Grand Forks, ND 58201  
701-746-2790  
morr@gfparks.org  
www.choicehf.com  
FITNESS CLUBS

## CHS Ag Services-Grand Forks

Brandon Bina  
2002 N Washington St  
Grand Forks, ND 58203  
701-746-1911  
Brandon.Bina@chsinc.com  
https://chsagservices.com/  
AGRICULTURE / AGRIBUSINESS

## CHS Ag Services-Warren

Ryan Anderson  
747 South Main St  
Warren, MN 56762  
218-745-4166  
ryan.anderson@chsinc.com  
www.chsagservices.com  
AGRICULTURE / AGRIBUSINESS

## Circle of Friends Animal Shelter Medical Center

Lauralee Tupa  
4375 N. Washington St.  
Grand Forks, ND 58203-3817  
701-775-3732  
lauralee@cofpets.com  
www.copets.com/  
PET SERVICES

## Cirrus Aircraft

Jill Johnson  
1400 S. 48th St.  
Grand Forks, ND 58201-3814  
218-788-3993  
jiljohnson@cirrusaircraft.com  
www.cirrusdesign.com  
AIRLINES AND AVIATION

## City of East Grand Forks

Reid Huttunen  
600 DeMers Ave.  
East Grand Forks, MN 56721  
218-399-3388  
RHuttunen@egf.mn  
www.egf.mn/  
GOVERNMENTAL AGENCIES

## City of GF Assessor's Office

Tami Lazur  
255 North 4th Street  
Grand Forks, ND 58206-5200  
701-746-2617  
tlazur@grandforksgov.com  
http://www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of GF Engineering Dept.

Al Grasser  
255 North 4th Street  
Grand Forks, ND 58206-5200  
701-746-2630  
agrasser@grandforksgov.com  
http://www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of GF Fire Dept.

Gary Lorenz  
1124 DeMers Avenue  
Grand Forks, ND 58201-4322  
701-746-2566  
glorenz@grandforksgov.com  
http://www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of GF Human Resource Dept.

Tangee Bouvette  
255 North 4th Street  
Grand Forks, ND 58206-5200  
701-746-2667  
tbouvette@grandforksgov.com  
www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of GF Inspections Department

Brandon Boespflug  
255 N. 4th Street  
Grand Forks, ND 58201  
701-746-2631  
bjboespflug@grandforksgov.com  
www.grandforksgov.com  
CONTRACTORS & CONSTRUCTION SERVICES

## City of GF Planning Dept.

Ryan Brooks  
255 North 4th Street  
Grand Forks, ND 58206-5200  
701-746-2655  
RBrooks@grandforksgov.com  
www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of Grand Forks

Brandon Bochenski  
255 N. 4th Street  
Grand Forks, ND 58206-5200  
701-746-2607  
bbochenski@grandforksgov.com  
www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of Grand Forks - Department of Finance

Maureen Storstad  
255 North Fourth Street  
Grand Forks, ND 58203  
701-746-2620  
mstorstad@grandforksgov.com  
www.grandforksgov.com  
GOVERNMENTAL AGENCIES

## City of Grand Forks - Greenway

Kim Greendahl  
P.O. Box 5200  
Grand Forks, ND 58206-5200  
701-738-8740  
www.greenwayggf.com  
HEALTH & WELLNESS

## City of Grand Forks- Public Works

Sharon Lipsh  
724 N. 47th St  
Grand Forks, ND 58203-1812  
701-738-8740  
slipsh@grandforksgov.com  
www.gfgov.com  
GOVERNMENTAL AGENCIES

## CleanTech

Rilie Domres  
1600 47th Ave S  
Grand Forks, ND 58201  
701-215-6574  
rdomres@cleantechllc.us  
cleantechllc.us  
CLEANING SERVICES/ SUPPLIES

## Cloud 9 Events

Sadie Gardner  
322 Demers Avenue  
Grand Forks, ND 58203  
701-317-3255  
info@cloud9eventsgrandforks.com  
https://www.cloud9eventsgrandforks.com/  
BANQUET SERVICES

## Coca-Cola Bottling Company High Country

Jared Schultz  
819 46th St. S.  
Grand Forks, ND 58201-3841  
800-658-3638  
Jared.Schultz@cokehc.com  
http://www.coca-colahighcountry.com/  
SOFT DRINK DISTRIBUTORS

## Coleman Family Law

Pamela Coleman  
667 Demers Ave., Ste. 1003  
Grand Forks, ND 58201  
701-757-2030  
pam@pcolemanlaw.com  
pcolemanlaw.com  
ATTORNEYS

## Columbia Grain

Cody Michael  
7400 55th Street South  
Grand Forks, ND 58201  
701-775-3317  
CMichael@columbiagrains.com  
https://www.facebook.com/  
cgicolumbiagrainsinternational/  
AGRICULTURE / AGRIBUSINESS

## Columbia Mall

Justin Valinski  
2800 South Columbia Road  
Grand Forks, ND 58201-6030  
701-746-7383  
justin@shopcolumbiamall.com  
www.shopcolumbiamall.com  
MALL ASSOCIATIONS

## Comeau Electric, Inc.

Paul Comeau  
614 S. 18th St.  
Grand Forks, ND 58201-4247  
701-775-4608  
paul.comeauelectric@invisimax.com  
ELECTRICIANS



# 2024 Membership Directory

**Community Contractors, Inc.**  
Craig Tweten  
4297 16th Ave. N.  
Grand Forks, ND 58208-3593  
701-772-2111  
rdeschene@communitycontractorsinc.com  
www.communitycontractorsinc.com  
CONTRACTORS & CONSTRUCTION SERVICES

**Community Foundation of Grand Forks, East Grand Forks & Region**  
Becca Baumbach  
620 DeMers Ave.  
Grand Forks, ND 58201-4531  
701-746-0668  
communityfoundation@gofoundation.org  
www.gofoundation.org/  
NON-PROFIT ORGANIZATION

**Community Options**  
Shannon Rolandson  
1405 Library Cir  
Grand Forks, ND 58201  
701-223-2417  
ShannonR@coresinc.org  
https://www.communityoptionsnd.com/  
SERVICES

**Community Violence Intervention Center**  
Lindy Merck  
211 S. 4th Street  
Grand Forks, ND 58201-4737  
701-746-0405  
lindym@cviconline.org  
www.cviconline.org  
NON-PROFIT ORGANIZATION

**Compass Leadership Advisors**  
Trent Lee  
6190 Martens Way South  
Fargo, ND 58104  
701-219-4402  
Trent@compassleadershipadvisors.com  
www.compassleadershipadvisors.com  
CONSULTING

**Conlin's Furniture**  
Jamie Olson  
1605 S Washington St.  
Grand Forks, ND 58201-6333  
701-775-0475  
jamie\_olson@conlins.com  
www.conlins.com/  
FURNITURE

**Connect Interiors**  
Jan Badding  
2150 32nd Ave. S.  
Grand Forks, ND 58201  
701-746-6466  
jbadding@connectinteriors.com  
www.connectinteriors.com  
OFFICE SERVICES, SUPPLIES / EQUIPMENT / FURNITURE

**Connecting Point**  
Bryan Waeger  
PO Box 1626  
Watertown, SE 57201  
701-885-6991  
bwaeger@connectingpoint.biz  
www.connectingpoint.biz  
COMPUTER SALES / SERVICE

**Construction Engineers, Inc.**  
Scott Kringstad  
200 N 69 St  
Grand Forks, ND 58203-2507  
701-792-3200  
scott@constructionengineers.com  
www.constructionengineers.com  
CONTRACTORS & CONSTRUCTION SERVICES

**Continental Covenant, LLC**  
Craig Johnson  
1706 Continental Drive  
Grand Forks, ND 58201  
701-739-1668  
www.midconetwork.com  
PROPERTY MANAGEMENT & DEVELOPMENT

**Cornerstone Caregiving**  
McKenzie Ratelle  
1133 S Columbia Rd, Suite B1  
Grand Forks, ND 58201  
701-203-9326  
mratelle@cornerstonecaregiving.com  
cornerstonecaregiving.com/  
grandforks/about-us/  
HOME SERVICES

**Cost Cutters**  
Robert Wedin  
2475 32nd Ave. S  
Grand Forks, ND 58201  
701-772-1488  
rwed@msn.com  
www.costcutters.com  
SPAS & SALONS

**Cost Cutters - Grand Cities Mall**  
Bob Wedin  
1726 S. Washington St.  
Grand Forks, ND 58201  
701-772-4523  
rwed@msn.com  
www.costcutters.com  
SPAS & SALONS

**Country Inn & Suites**  
Monica Senger  
3101 South 42nd Street  
Grand Forks, ND 58201  
701-757-2200  
cx\_grks@countryinnamericas.com  
www.countryinns.com/  
grandforks  
HOTELS & MOTELS

**Country View Townhome Apartments**  
Meghan Shortt  
1720 5TH AVE NE  
East Grand Forks, MN 56721  
218-773 3466  
information@centurypropertiesegf.com  
www.rtpgf.com  
PROPERTY MANAGEMENT & DEVELOPMENT

**Countryside Insurance Agency, Inc.**  
Jennifer Ottosen  
321 Broadway  
Buxton, ND 58218  
218-791-9113  
jennifer@countrysidecropinsurance.com  
AGRICULTURE / AGRIBUSINESS

**Countrywide Moving and Storage**  
Rachel Gornowicz  
1925 N. 42nd. St  
Grand Forks, ND 58203  
701-772-3344  
rachel@countrywidesanitation.com  
www.countrywidesanitation.net  
STORAGE FACILITIES

**Countrywide Sanitation**  
Rachel Gornowicz  
1925 N. 42nd. St  
Grand Forks, ND 58203  
701-772-3344  
rachel@countrywidesanitation.com  
www.countrywidesanitation.net  
RECYCLING & WASTE MANAGEMENT

**CPR - Cell Phone Repair**  
Perry Peyerl  
1003 South Wash, St. - Suite A  
Grand Forks, ND 58201  
701-371-3592  
perry@thecomputerplace.com  
https://www.cellphonerepair.com/  
grand-forks-nd/  
COMPUTER SALES / SERVICE

**CPS, Ltd. Engineering - Land Surveying**  
Mike Korman  
308 2nd Ave. N.  
Grand Forks, ND 58203-3730  
701-746-7459  
mike.korman@cpsengineering.net  
www.cpsengineering.net  
ENGINEERS

**Crary Real Estate**  
Tim Crary  
4551 S Washington St Ste G  
Grand Forks, ND 58208-3762  
701-775-0013  
tim@craryrealestate.com  
www.craryrealestate.com  
REALTORS

**Crary Real Estate-Jack Wadhawan**  
Jack Wadhawan  
4551 S. Washington St.  
Grand Forks, ND 58201  
218-779-1161  
jackwadhawan@gmail.com  
www.grandforkshomes.com  
REALTORS

**Crary Real Estate-Linda Pierce**  
Linda Pierce  
4551 S Washington St.  
Grand Forks, ND 58201  
218-779-3371  
lpierce@craryrealestate.com  
lindapierce.craryrealestate.com  
REALTORS

**Crary Real Estate-Mary Adams**  
Mary Adams  
4551 S Washington  
Grand Forks, ND 58201  
701-739-5520  
mka@gra.midco.net  
www.craryrealestate.com  
REALTORS

**Crisp & Green**  
Skavlem, Tyler  
2712 S. Columbia Rd. Ste. 450  
Grand Forks, ND 58201  
701-757-1004  
grandforks@crispandgreen.com  
http://crispandgreen.com  
RESTAURANTS

**Culinex**  
Bart Nelson  
513 10th Ave. N.  
Grand Forks, ND 58203  
701-746-8471  
bnelson@goculinex.com  
www.goculinex.com  
RESTAURANT / STORE EQUIPMENT & SUPPLY

**Cummins Sales and Service**  
Shane McKenna  
4728 Gateway Drive  
Grand Forks, ND 58203  
701-402-9011  
shane.mckenna@cummins.com  
salesandservice.cummins.com  
DIESEL SERVICE

**Curt Kreun**  
Curt Kreun  
3111 Longbow Ct  
Grand Forks, ND 58203  
701-795-8829  
curt@gra.midco.net  
INDIVIDUALS

**Custom Aire**  
Scott Boettner  
5525 1st Ave N  
Grand Forks, ND 58203  
701-775-0305  
sboettner@customaire.net  
www.customaire.net  
HEATING & AIR CONDITIONING & PLUMBING

**Custom Stripes, Inc.**  
Brian Perreault  
20123 430th Ave SW  
East Grand Forks, MN 56721  
218-773-7157  
bperreault@yahoo.com  
www.customstripes.com  
SIGNS & LETTERING

**D.J. Burris Quality Carpet Cleaning**  
D.J. Burris  
320 Reeves Dr. Apt. 1  
Grand Forks, ND 58201  
701-746-5889  
burris5585@yahoo.com  
CLEANING SERVICES/ SUPPLIES

**Dacotah Paper Company**  
Paul Kalka  
3940 15th Ave NW  
Fargo, ND 58108  
701-741-6796  
paulk@dacotahpaper.com  
www.dacotahpaper.com  
WHOLESALE

**Dahl Funeral Home**  
Dan Dahl  
2029 Central Ave. NW  
East Grand Forks, MN 56721  
218-773-2971  
dan.dahl@midconetwork.com  
www.dandahlfuneralhome.com  
FUNERAL SERVICES

**Dahlstrom Motors**  
David Dahlstrom  
301 Main Street  
Oslo, MN 56744  
218-695-2721  
david@dahlstrommotors.com  
www.dahlstrommotors.com  
AUTOMOBILE DEALERS

**Dairy Queen**  
Jim Wilson & Vicki Wilson  
1412 Central Ave NW  
East Grand Forks, MN 56721  
218-773-7602  
jv\_wilson@msn.com  
https://www.dairyqueen.com/us-en/Locator/Detail/?localechange=1&store-id=3516  
RESTAURANTS

**Dairy Queen-Northend**  
Jenny & Dean Kuhns  
1209 N. 5th St.  
Grand Forks, ND 58203  
701-772-3801  
jennylkuhns2012@yahoo.com  
www.facebook.com/  
Northend-Dairy-Queen-311201258943709/?fref=ts  
RESTAURANTS

**Dak Minn Blood Bank**  
Monica Janssen  
3375 DeMers Ave  
Grand Forks, ND 58201  
701-780-5433  
mjanssen@altru.org  
www.dakminnbloodbank.org  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

**DakMinn Technologies**  
Cole Spencer  
5606 1st Ave. N  
Grand Forks, ND 58201  
701-746-1001  
cole@dakminntech.com  
www.dakminntech.com  
TELEPHONE SERVICES

**Dakota Boys and Girls Ranch**  
Tammy Noteboom  
2017 DeMers Ave.  
Grand Forks, ND 58201-8624  
701-551-6807  
t.noteboom@dakotaranch.org  
www.dakotaranch.org  
SECOND HAND STORE



# 2024 Membership Directory

## Dakota Commercial & Development Inc. - Jerry Youngberg

Jerry Youngberg  
615 1st Ave N  
Grand Forks, ND 58208-4010  
218-779-5544  
jerry@jerryyoungberg.com  
www.JerryYoungberg.com  
REALTORS

## Dakota Commercial & Development, Inc

Kevin Ritterman  
615 1st Ave N  
Grand Forks, ND 58203  
701-772-3101  
kritterman@dakotacommercial.com  
www.dakotacommercial.com  
PROPERTY MANAGEMENT & DEVELOPMENT

## Dakota Concealed

Andy Schneider  
410 18th Ave S  
Grand Forks, ND 58201  
701-741-2269  
andrew.schneider@gfcounty.org  
www.facebook.com/Dakota-Concealed-638185132862479/  
GUN SAFETY TRAINING & SHOOTING RANGE

## Dakota Dry Bean

Todd Smith  
3301 30th Ave South  
Grand Forks, ND 58201  
701-746-7493  
todd@dakotadrybean.com  
www.dakotadrybean.com  
AGRICULTURE / AGRIBUSINESS

## Dakota Dry Bean-East Grand Forks

Todd Smith  
43485 Business Hwy 2  
East Grand Forks, MN 56721  
todd@dakotadrybean.com  
www.dakotadrybean.com  
AGRICULTURE / AGRIBUSINESS

## Dakota Fence

Nick Bujold  
1110 25th Ave N  
Fargo, ND 58102  
701-237-6181  
sales@dakotafence.com  
https://www.dakotafence.com/  
CONTRACTORS & CONSTRUCTION SERVICES

## Dakota Fire Protection

Teresa Washburn  
1710 N Washington Street  
Grand Forks, ND 58206-5327  
701-772-8820  
teresaw@dakotafire.com  
FIRE PROTECTION SERVICES

## Dakota Mailing & Shipping Equipment Inc.

Adam Berge  
4141 38th St S,  
Fargo, ND 58104  
701-451-0663  
adam@dakotamailing.com  
www.dakotamailing.com  
MAIL & SHIPPING SERVICES

## Dakota Peat & Equipment

Kevin Pierce  
833 Gateway Drive NE  
East Grand Forks, MN 56721  
218-773-4247  
sales@dakotapeat.com  
www.dakotapeat.com  
MANUFACTURING & PROCESSORS

## Dakota Sales - Budweiser

Randy Kieffer  
1916 DeMers Avenue  
Grand Forks, ND 58208-2209  
701-746-0341  
randy.kieffer@dakotasales.net  
BEVERAGE DEALERS

## Dakota Science Center

Laura Munski  
1701 Cherry Street  
Grand Forks, ND 58206-5023  
701-772-8207  
Dakota.Science@gmail.com  
www.dakota-science.org/  
EDUCATION

## Dakota Supply Group

Matt Zirnelt  
715 South 48th Street  
Grand Forks, ND 58208-4757  
701-746-7373  
matt.zirnelt@dsgsupply.com  
www.dakotasupplygroup.com  
LIGHTING & ELECTRICAL WHOLESALE

## Dakota TV & Appliance

Andy Schneider  
2218 32nd Ave. S.  
Grand Forks, ND 58201-6549  
701-772-5533  
andys@dakatatv.com  
www.dakatatv.com  
APPLIANCE & ELECTRONICS DEALERS

## Dakota Venture Group

Hans Peterson  
4200 James Ray Dr  
Grand Forks, ND 58203  
701-738-4822  
hpeterson@dakotaventuregroup.com  
www.dakotaventuregroup.com  
NON-PROFIT ORGANIZATION

## Dale Carnegie Training of ND and MN

Melissa Marshall  
3308 Oak Ridge Pond Way E  
West Fargo, ND 58078  
701-730-6643  
melissa.marshall@dalecarnegie.com  
www.northdakota.dalecarnegie.com  
TRAINING / EDUCATION SERVICES

## Dan's Pest Control

Dan Mayers  
500 Broadway St.  
Thompson, ND 58278  
701-740-4034  
dmayers@gra.midco.net  
PEST CONTROL

## Dance, Etc!

Hovi Straus  
1305 Dyke Avenue  
Grand Forks, ND 58203  
701-775-3476  
hs-hs@live.com  
www.dance-etc-nd.com  
FITNESS CLUBS

## Daydreams Specialties

Jola Streifel  
1501 11th Ave. N.  
Grand Forks, ND 58203-2301  
701-746-1963  
jola.daydreams@midconetwork.com  
EMBROIDERY

## Days Inn

Michelle Hayes  
3101 S. 34th Street  
Grand Forks, ND 58201-5904  
701-775-0060  
gfdaysinn@live.com  
www.daysinn.com  
HOTELS & MOTELS

## DCN (Dakota Carrier Network)

Troy Walker  
3901 Great Plains Dr. S.  
Fargo, ND 58104-3916  
701-323-3000  
twalker@dakotacarrier.com  
www.dakotacarrier.com  
TECHNOLOGY

## Deek's Pizza

Tyler Kuenzel  
512 N Washington St  
Grand Forks, ND 58203  
701-772-3335  
kelly@deekspizza.com  
www.deekspizza.com  
RESTAURANTS

## Dell-Comm, Inc.

Sharon Luney  
710 South 14th Street, Ste. C  
Grand Forks, ND 58201  
701-780-2086  
sharon.luney@dell-comm.com  
www.dell-comm.com/  
COMMUNICATIONS SALES & SERVICE

## Delta Dental of Minnesota

Cory Erickson  
500 Washington Ave. South  
Minneapolis, MN 55415  
612-224-3304  
cerickson@deltadentalmn.org  
www.deltadentalmn.org  
INSURANCE AGENCIES / BROKERAGES

## DeMers Dental - Dr. Erickson

Chelsea Erickson  
706 DeMers Avenue  
East Grand Forks, MN 56721  
218-773-7474  
demersdental@midconetwork.com  
www.demersdental.com  
DENTISTS

## DeMers Dental - Dr. Stadem

Dr. Paul Stadem  
706 DeMers Avenue  
East Grand Forks, MN  
56721-1842  
218-773-7474  
info@demersdental.com  
www.demersdental.com  
DENTISTS

## Design Rich Architect, LLC

Joyce Fries-Brune  
211 N 4th Street  
Fisher, MN 56723  
218-773-4866  
joyce.brune@dsgnrch.com  
www.dsgnrch.com  
ARCHITECTURAL SERVICES

## DeTect, Inc.

Ryan Walsh  
375 Second Ave N  
Grand Forks, ND 58203  
701-850-6015  
ryan.walsh@detect-inc.com  
www.detect-inc.com  
UNMANNED AIR SYSTEMS

## Development Homes, Inc.

Tricia Lee  
3880 S. Columbia Road  
Grand Forks, ND 58201-3523  
701-335-4000  
tleee@developmenthomes.org  
www.developmenthomes.org  
NON-PROFIT ORGANIZATION

## Dietzler Electric LLC

Jamie Dietzler  
203 Veitch Street  
Emerado, ND 58228  
jamie@dietzlerelectric.com  
www.dietzlerelectric.com/  
ELECTRICIANS

## DJ Colter Agency Inc.

American Family Insurance  
David Colter  
1725 32nd Ave. S.  
Grand Forks, ND 58201  
701-775-5568  
dcolter@amfam.com https://  
agent.amfam.com/d-j-colter/nd/  
grand-forks/1725-32nd-ave-s/  
INSURANCE AGENCIES / BROKERAGES

## Docu-Shred, Inc.

Chad Thorson  
42424 240th St SW  
East Grand Forks, MN 56721  
218-893-1126  
chad@docushredinc.com  
www.docushredinc.com  
DOCUMENT DESTRUCTION

## Doherty Staffing Solutions

Jacob Johnson  
2397 Demers Ave  
Grand Forks, ND 58201  
701-757-0562  
jjohnson@doherty.com  
www.doherty.jobs  
EMPLOYMENT SERVICES

## Doherty Staffing Solutions

Jacob Johnson  
402 North Broadway  
Crookston, MN 56716  
218-470-0175  
jjohnson@doherty.com  
www.dohertystaffing.com  
EMPLOYMENT SERVICES

## Don's ABC Seamless, Inc.

Rod Linnertz  
1175 62nd St N  
Grand Forks, ND 58203  
701-746-7246  
rod@donsabcseamless.com  
www.donsabcseamless.com  
CONSTRUCTION & BUILDING TRADES

## Downtown Development Association

Jill Proctor 23 N 3rd St.  
Grand Forks, ND 58203  
701-757-4051  
jill@gfdda.com  
www.downtownforks.com  
NON-PROFIT ORGANIZATION

## Drees Farming Association

Bob Drees  
7200 South 55th Street  
Grand Forks, ND 58201-9108  
701-772-2509  
dfa@invisimax.com  
AGRICULTURE / AGRIBUSINESS

## Drew Molstad

Drew Molstad  
5700 Pinehurst  
Grand Forks, ND 58201  
701-740-4410  
drew.molstad@gmail.com  
PROPERTY MANAGEMENT & DEVELOPMENT

## Driscoll's Auto Service

Kaleb Driscoll  
622 10th St NE  
East Grand Forks, MN 56721  
218-773-7809  
kalebdriscoll@midconetwork.com  
https://www.driscollautoservice.com/  
AUTOMOBILE REPAIR & SALES

## Dusek Law

David Dusek  
712 DeMers Ave.,  
East Grand Forks, MN 56721  
701-746-4107  
david@duseklaw.com  
www.duseklaw.com  
ATTORNEYS

## Dusso Photography

Robert Dusso  
1023 15th Ave. S.  
Grand Forks, ND 58201  
218-230-4325  
Bobby@dussophoto.com  
Dussophoto.com  
PHOTOGRAPHERS



# 2024 Membership Directory

**Dusterhoft Family Stores**  
Scott Dusterhoft  
1970 32nd Ave. South  
Grand Forks, ND 58201  
701-746-0623  
info@dusterhofts.com  
www.dusterhofts.com  
GAS STATION

**Dusterhoft Family Stores**  
Scott Dusterhoft  
4315 DeMers Avenue  
Grand Forks, ND 58201-3901  
701-772-6702  
info@dusterhofts.com  
www.dusterhofts.com  
SERVICE STATIONS &  
CONVENIENCE STORES

**Eagle Electric, Inc.**  
Darryl Beauchamp  
119 3rd St. NE  
East Grand Forks, MN 56721  
701-746-0449  
eagle1980@midconetwork.com  
ELECTRICIANS

**Eagle's Crest Grill**  
Jeff Waind  
5031 South Columbia Rd  
Grand Forks, ND 58201  
701-787-3491  
eaglescrest2@hotmail.com  
http://www.eaglescrestgrill.com/  
RESTAURANTS, LOUNGES &  
LIQUORS

**Eagles Club #350**  
Brian Lyons  
227 10th St NW  
East Grand Forks, MN 56721  
701-330-5726  
keeper202000@yahoo.com  
www.foe.com/  
NON-PROFIT  
ORGANIZATION

**EAPC Architects Engineers**  
Lori Bakken  
3100 Demers Avenue  
Grand Forks, ND 58201-4000  
701-775-3000  
lori.bakken@eapc.net  
www.eapc.net  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

**East Grand Floral Savannah & Kevin Johnson**  
1521 Central Ave NW  
East Grand Forks, MN 56721  
218-773-3400  
eastgrandfloralshop@gmail.com  
https://eastgrandfloralshop.com/  
FLORISTS & NURSERIES

**East Grand Forks Dental Care**  
David Thorfinnson  
22 4th St. NE  
East Grand Forks, MN 56721  
218-773-0842  
egfdc@midconetwork.com  
www.eastgrandforksdentalcare.com  
DENTISTS

**East Grand Forks Economic Development Authority**  
Paul Gorte  
600 DeMers Ave  
East Grand Forks, MN 56721  
218-773-8939  
pgorte@egf.mn  
www.egf.mn  
DEVELOPMENT

**East Grand Forks Public Schools**  
Bryan Hackbarth  
1420 4th Avenue NW  
East Grand Forks, MN 56721  
218-773-3494  
bhackbarth@egf.k12.mn.us  
www.egf.k12.mn.us/  
EDUCATION

**East Grand Forks Water & Light Department**  
Todd Grabanski  
600 Demers Ave  
East Grand Forks, MN 56721  
218-773-1163  
tgrabanski@egf.mn  
http://www.egf.mn/244/Water-Light  
SERVICES

**East Grand Inn**  
Paramjit Singh  
606 Gateway Dr. NE  
East Grand Forks, MN 56721  
218-773-9822  
eastgrandinn@yahoo.com  
www.eastgrandinn.com  
HOTELS & MOTELS

**East Grand Storage**  
Ron Vasek  
1708 Central Ave. NE  
East Grand Forks, MN 56721  
218-773-3700  
karynv@invisimax.com  
www.sparehusband.com  
STORAGE FACILITIES

**Easter Seals Goodwill ND, Inc.**  
Christine Jackson  
3651 S. Washington  
Grand Forks, ND 58201-7201  
701-787-8201  
cjackson@esgwnd.org  
www.esgwnd.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Economy Plumbing, Inc.**  
Richard McGurran  
1120 Dyke Avenue  
Grand Forks, ND 58203-3650  
701-775-0509  
richard.economyplumbing@midconetwork.com  
www.economyplumbinginc.com  
HEATING & AIR  
CONDITIONING & PLUMBING

**Edgewood - East Grand Forks**  
Luke Knauf  
608 Fifth Avenue NW  
East Grand Forks, MN 56721  
218-773-6648  
Luke.Knauf@edgewoodvista.com  
www.edgewoodhealthcare.com  
ASSISTED LIVING  
FACILITIES

**Edgewood Healthcare, LLC**  
Phil Gisi  
322 Demers Avenue  
Grand Forks, ND 58203  
701-738-2000  
philg@edgewoodmail.com  
www.edgewoodhealthcare.com  
ASSISTED LIVING  
FACILITIES

**Edward Jones - Financial Advisor: Bret A. Bentow**  
Bret Bentow  
4350 S. Wash. St., Suite 102  
Grand Forks, ND 58201  
701-746-9344  
bret.bentow@edwardjones.com  
www.edwardjones.com/bret-bentow  
FINANCE & INVESTMENT

**Edward Jones - Financial Advisor: Brian Emerson**  
Brian Emerson  
2860 10th Ave N.  
Grand Forks, ND 58203  
701-772-1078  
brian.emerson@edwardjones.com  
www.edwardjones.com/brian-emerson  
FINANCE & INVESTMENT

**Edward Jones - Financial Advisor: Brian Fedje**  
Brian Fedje  
424 DeMers Ave  
Grand Forks, ND 58201  
701-746-1260  
Brian.Fedje@edwardjones.com  
www.edwardjones.com/brian-fedje  
FINANCE & INVESTMENT

**Edward Jones - Financial Advisor: Bryan Brenden**  
Bryan Brenden  
2850 24th Avenue South  
Grand Forks, ND 58201  
701-772-6525  
Bryan.brenden@edwardjones.com  
www.edwardjones.com  
FINANCE & INVESTMENT

**Edward Jones - Financial Advisor: Matt Odenbach**  
Matt Odenbach  
3251 32nd Ave. South  
Grand Forks, ND 58201  
701-775-1184  
matt.odenbach@edwardjones.com  
www.edwardjones.com  
FINANCE & INVESTMENT

**EGF Blue Line Club**  
Justin Mero  
PO Box 125  
East Grand Forks, MN 56721  
218-773-6649  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**EGF Rod & Gun Club**  
Kevin Engelstad  
12923 480th Ave NW  
East Grand Forks, MN 56721  
701-732-0486  
info@egfgunclub.org  
www.egfgunclub.org  
NON-PROFIT  
ORGANIZATION

**El Way Child Care and Learning Center**  
Stephen & Dee Decimus  
Holmes  
624 North Washington St  
Grand Forks, ND 58201  
701-757-0670  
info@elwaycclc.com  
https://www.facebook.com/elwayCCLC  
CHILDCARE / DAYCARE  
SERVICES

**Elements Yoga Studio**  
Diane Magnuson  
2397 Demers Avenue  
Grand Forks, ND 58201  
elementsyogagf@gmail.com  
www.elementsyogagf.com/  
HEALTH & WELLNESS

**Elite Steering Driving School**  
Jon Dondoneau  
6741 Ashwood Loop S  
Fargo, ND 58104  
701-388-7068  
jon@elitesteeing.com  
www.elitesteeing.com  
EDUCATION

**Elle Interiors**  
Melissa Link  
2001 Gateway Dr.  
Grand Forks, ND 58203  
701-757-0563  
melissa@elleinteriorsgf.com  
www.elleinteriorsgf.com  
INTERIOR DESIGN

**Ellingson Companies**  
Levi Otis  
500 Ellingson Road  
Harwood, ND 58042  
701-893-9030  
lotis@ellingsoncompanies.com  
ellingsoncompanies.com/  
AGRICULTURE /  
AGRIBUSINESS

**Ely's Ivy**  
Scott & Rachel Franz  
22 South 3rd Street  
Grand Forks, ND 58201  
701-757-0243  
info@elysivy.com  
Elysivy.com  
RESTAURANTS, LOUNGES &  
LIQUORS

**Emerson Duty Free Shop**  
Kyle Hiebert  
P.O. Box 460  
Emerson, MB R0A 0L0  
204-373-2600  
kyle@emersondutyfree.mb.ca  
www.emersondutyfree.com  
LIQUORS -- OFF SALE

**Empire 1**  
Scott Stauss  
2001 Empire Ct  
Grand Forks, ND 58201  
701-775-5544  
scott@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**Empire Arts Center**  
Debra Pflughoeft-Hassett  
415 DeMers Avenue  
Grand Forks, ND 58201-4507  
701-746-5500  
debraph@empireartscenter.com  
www.empireartscenter.com/  
AMUSEMENT &  
ENTERTAINMENT

**Enbridge**  
Jeremy Finnie  
2715 Valley Circle  
Grand Forks, ND 58203-0807  
701-746-9772  
jeremy.finnie@enbridge.com  
www.enbridge.com  
PETROLEUM SERVICES

**Enclave Property Management**  
Morgan Sabbe  
300 23rd Ave E  
West Fargo, ND 58078  
701-478-4310  
morgan@luxcommunities.com  
https://www.enclavepm.com/  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**Epic Companies**  
McKenzy Olson  
745 31st Ave. E  
Fargo, ND 58078  
701-866-1006  
mckenzy@epiccompaniesnd.com  
www.epiccompaniesnd.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**Epitome Energy**  
Dennis Egan  
1651 Old Highway 19  
Red Wing, MN 55066  
612-325-1330  
dennis@epitomeenergy.com  
epitomeenergy.com  
AGRICULTURE /  
AGRIBUSINESS

**Erickson Financial Advisors**  
Bradley Erickson  
2812 17th Ave. S.  
Grand Forks, ND 58201  
701-772-1681  
brad@ericksonfinance.com  
www.ericksonfinance.com  
FINANCE & INVESTMENT

**Ethos Home Care & Hospice**  
Stephanie Stauss  
4491 S. Washington St, Suite A  
Grand Forks, ND 58201  
701-757-0328  
stephanie.stauss@ethoscare.org  
www.ethoscare.org  
HEALTH & WELLNESS



# 2024 Membership Directory

## Evergreen Insurance

Jason Mack  
722 DeMers Avenue  
East Grand Forks, MN 56721  
218-773-4158  
jmack.evergreen@midconetwork.com  
www.evergreeninsuranceagency.com  
INSURANCE AGENCIES / BROKERAGES

## Evolve Grand Forks

33 S. 3rd St.  
Grand Forks, ND 58201  
701-335-7638  
info@evolvegf.com  
www.evolvegf.com  
BUSINESS SERVICES

## Ewing Oil LLC

Tyler Meyer  
803 South Washington  
Grand Forks, ND 58201  
701-757-3835  
tylerm@ewingoil.com  
GAS STATION

## Executive Properties Construction

Chris Grochow  
P.O. Box 5263  
Grand Forks, ND 58206  
701-330-1273  
info@executiveproperties.org  
www.executiveproperties.org  
CONSTRUCTION & BUILDING TRADES

## The Exponent

Rollin Bergman  
207 2nd Ave NE  
East Grand Forks, MN 56721  
218-773-2808  
rolly@wiktel.com  
www.page1publications.com  
PUBLISHERS

## Express Employment Professionals Alyssa Kaste

3590 S 42nd St  
Grand Forks, ND 58201  
701-787-5655  
alyssa.kaste@expresspros.com  
www.expresspros.com  
EMPLOYMENT SERVICES

## Expressway Suites

Ashleigh Lee  
4040 11th Ave South  
Grand Forks, ND 58201  
701-757-7000  
alee@NHSHotels.com  
www.expresswaysuitesgf.com  
HOTELS & MOTELS

## F Pederson Consulting LLC

Faye Pederson  
311 S 4th Street, Ste 113  
Grand Forks, ND 58201  
701-746-7212  
faye@pedersonconsultingllc.com  
www.pedersonconsultingllc.com  
ACCOUNTING SERVICES

## F5 Project

Matt Quinn  
311 4th St S  
Grand Forks, ND 58201  
701-612-1412  
matt@f5project.org  
www.f5project.org/  
NON-PROFIT ORGANIZATION

## Face & Jaw Surgery Center

Omar Chahal  
2845 36th Avenue South  
Grand Forks, ND 58201  
701-775-4444  
drchahal@faceandjawsurgery.com  
www.faceandjawsurgery.com  
ORAL SURGEON

## Fairfield Inn & Suites East Grand Forks

Joseph Sproul  
514 Gateway Drive NE  
East Grand Forks, MN 56721  
218-399-3030  
Joseph.Sproul@marriott.com  
www.marriott.com/gfkeg  
HOTELS & MOTELS

## Farmers National Company

Nick Watson  
4050 Garden View Drive  
Grand Forks, ND 58201  
701-780-2828  
NWatson@fncagstock.com  
www.farmersnational.com  
REALTORS

## Farmers Union Insurance Vik/Kadlec/Eggl Agency

Brent Vik  
1551 28th Ave. S.  
Grand Forks, ND 58201  
701-757-5757  
brent.vik@funic.com  
www.farmersunioninsurance.com/  
BrentVik  
INSURANCE AGENCIES / BROKERAGES

## Federated Insurance-Adam Shaugabay

Adam Shaugabay  
5910 Wydown Dr  
Grand Forks, ND 58201  
ajshaugabay@fedins.com  
federatedinsurance.com  
INSURANCE AGENCIES / BROKERAGES

## Fenworks, Inc.

Kaleb Dschaak  
4551 S Wash. Street, Suite J  
Grand Forks, ND 58201  
701-248-9786  
info@fenworks.com  
www.fenworks.com  
TECHNOLOGY

## Fert-L-Lawn

Mike Gornowicz  
1222 Gateway Drive NE  
East Grand Forks, MN 56721  
218-773-0901  
fertlawn@yahoo.com  
LAWN & TREE CARE

## Finest Auto Trim, INC

Carmen Sorenson  
2201 Demers Ave  
Grand Forks, ND 58201  
701-775-8422  
finest2201@gra.midco.net  
www.finestautotrim.com  
AUTOMOTIVE & MARINE UPHOLSTERY

## First Class Mortgage

Shea Gaier  
2750 17th Ave S  
Grand Forks, ND 58201  
701-775-3288  
shea@firstclasscorp.com  
www.firstclasscorp.com  
MORTGAGE COMPANIES

## First Community Credit Union

Derek Holt  
3351 32nd Ave South  
Grand Forks, ND 58201  
701-772-9960  
Derek.Holt@myfccu.com  
myfccu.com  
FINANCIAL SERVICES

## First Community Credit Union-EGF

Derek Holt  
428 Bygland Rd SE  
East Grand Forks, MN 56721  
218-399-0324  
Derek.Holt@myfccu.com  
myfccu.com  
FINANCIAL SERVICES

## First International Bank & Trust

Wayne Zink  
1970 S. Columbia Rd. Ste. 110  
Grand Forks, ND 58201  
701-757-6500  
wzink@firstintlbank.com  
www.firstintlbank.com  
FINANCIAL INSTITUTIONS

## First State Bank

Eric Scheffer  
2500 32nd Avenue S  
Grand Forks, ND 58208-4899  
701-738-4137  
erics@firststatebanks.com  
www.firststatebanks.com  
FINANCIAL SERVICES

## Five Star Storage

Ben Hendricks  
5118 Gateway Drive  
Grand Forks, ND 58203  
701-775-8191  
ben@fivestorstorage.biz  
www.fivestorstorage.biz/  
self-storage/nd/grand-forks/  
gateway-storage/  
STORAGE FACILITIES

## Florian's Excavating

Bruce Otteson  
5151 12th Ave. South  
Grand Forks, ND 58201  
701-775-7011  
bruce@floriansexcavating.com  
www.floriansexcavating.com  
EXCAVATING SERVICES  
FOB

## NoDak

Gregory Bowen  
178 32nd St NE  
Northwood, ND 58267  
719-352-6227  
gregory.s.bowen1@gmail.com  
CONSULTING

## Forks Frame up

Jane Meyer  
1901 DeMers Ave  
Grand Forks, ND 58201  
701-746-7248  
info@forksframeup.com  
https://forksframeup.com/  
CUSTOM FRAMING

## Forks Freightliner

Dan Lais  
4200 Gateway Drive  
Grand Forks, ND 58208-2665  
701-780-9395  
dlais@forksfreightliner.com  
www.forksfreightliner.com  
TRUCK DEALERS

## Forks Lath & Plaster, Inc.

Jared Roach  
1810 25th St NE  
Emerado, ND 58228  
701-594-8166  
jared@forkslath.com  
CONTRACTORS & CONSTRUCTION SERVICES

## Forum Communications Printing

Laura Feldner  
4601 16th Ave N  
Fargo, ND 58102  
701-476-2000  
fcpinfo@forumprinting.com  
https://www.forumprinting.com/  
PRINTING SERVICES

## Forx Builders Association

Dylan Young  
519 DeMers Avenue  
Grand Forks, ND 58201-4258  
701-746-4536  
info@forxbuilders.com  
www.forxbuilders.com  
CONTRACTORS & CONSTRUCTION SERVICES

## Frandsen Bank & Trust - East Grand Forks

Brandon Heider  
1413 Central Avenue NW  
East Grand Forks, MN 56721  
218-773-2451  
bheider@frandsenbank.com  
www.frandsenbank.com  
FINANCIAL SERVICES

## Frandsen Bank & Trust - Grand Forks

Bernie Knutson  
1616 S Washington  
Grand Forks, ND 58201  
701-780-7700  
bknutson@frandsenbank.com  
https://www.frandsenbank.com/locations/grand-forks/  
FINANCIAL SERVICES

## Freedom Church

Nathan Johnson  
308 Demers Ave  
Grand Forks, ND 58203  
701-772-3117  
nathan@freedomchurchgf.com  
www.hellofreedomchurch.com  
CHURCHES

## Galstad, Jensen, and McCann, PA

Ron Galstad  
411 2nd St. NW  
East Grand Forks, MN 56721  
218-773-9729  
rgalstad@gjmlaw.com  
ATTORNEYS

## Garon Corporation

Stacy Schumacher  
1290 8th Ave NE  
Thompson, ND 58278  
701-599-2127  
psjnd@aol.com  
www.garonconstruction.com  
CONTRACTORS & CONSTRUCTION SERVICES

## Gate City Bank - 24th Ave S

Becky Mindeman  
2850 24th Ave S  
Grand Forks, ND 58201  
701-792-4350  
beckymindeman@gatecity.bank  
www.gatecitybank.com  
FINANCIAL SERVICES

## Gate City Bank - DeMers Ave

Becky Mindeman  
501 DeMers Ave  
Grand Forks, ND 58201  
701-792-4360  
beckymindeman@gatecity.bank  
www.gatecitybank.com  
FINANCIAL SERVICES

## Gate City Bank - So. Washington

Becky Mindeman  
3205 S. Washington St.  
Grand Forks, ND 58201-7169  
701-792-4370  
beckymindeman@gatecity.bank  
www.gatecitybank.com  
FINANCIAL SERVICES

## Gayle Mischel

Gayle Mischel  
1096 Oxbow Court  
Grand Forks, ND 58203  
703-338-6146  
mischege@hotmail.com  
INDIVIDUALS

## General Atomics

Aeronautical Systems, Inc.  
Dean Gorder  
4775 Technology Circle  
Grand Forks, ND 58203  
701-757-1534  
Dean.gorder@ga-asi.com  
http://www.ga-asi.com  
AIRLINES AND AVIATION



# 2024 Membership Directory

**Genius AV and Security**  
Clarkson Sande  
1759 Lydia Circle  
Grand Forks, ND 58201  
701-314-2799  
csande@genius-av.com  
genius-av.com  
AUDIO / VIDEO SERVICE

**Gereszek Law Office P.L.L.C.**  
Samuel Gereszek 3001  
32nd Ave S.  
Grand Forks, ND 58201  
701-786-6068  
samuel@gereszek.law  
www.gereszek.law  
ATTORNEYS

**German Law**  
Raymond German  
4200 James Ray Drive  
Grand Forks, ND 58202  
701-738-0060  
ray@germanlawgf.com  
https://germanlawgf.com/  
ATTORNEYS

**German Wealth**  
Raymond German  
4200 James Ray Drive  
Grand Forks, ND 58202  
701-738-0062  
heidi@germanlawgf.com  
REGISTERED INVESTMENT  
ADVISOR

**Gerrells Sports Center -  
Hockey World**  
**Eric Knudson**  
1004 S. Washington St.  
Grand Forks, ND 58201  
701-775-0553  
eknudson@gerrells.net  
www.  
hockeyworldgrandforks.com  
SPORTS STORES

**GF Air Force Base**  
Timothy Monroe  
319 RW/CC  
Grand Forks AFB, ND  
58205-6231  
701-747-4150  
timothy.monroe@us.af.mil  
www.grandforks.af.mil  
GOVERNMENTAL AGENCIES

**Gf Bin Cleaners**  
George Scott  
614 9th Ave S  
Grand Forks, ND 58203  
218-693-1079  
gfbincleaners@gmail.com  
gfbinwash.com  
SERVICES

**GF Blue Line Club**  
Chuck Jacobi  
PO Box 12284  
Grand Forks, ND 58206  
218-791-3333  
RECREATION

**GF Board of Realtors**  
Mike Thompson  
1407 24th Avenue S #340  
Grand Forks, ND 58201  
701-775-4231  
mike@gfndrealtors.com  
www.grandforksndrealestate.  
com/  
REALTORS

**GF County-Veterans Service  
Office**  
Lou Lombardi  
PO Box 5547  
Grand Forks, ND 58208  
701-780-8296  
lou.lombardi@gfcounty.org  
GOVERNMENTAL AGENCIES

**GF Motor Vehicle Branch  
Office**  
Paula Tandeski  
1726 S Washington St.  
Grand Forks, ND 58201  
701-772-9240  
ptandeski@nd.gov  
TRANSPORTATION

**GFAFB 319th Force Support  
Squadron**  
Support Squadron  
226 Steen Blvd.  
Grand Forks AFB, ND 58205  
701-747-3744  
319FSS.CSS.WorkFlow@  
us.af.mil  
www.forkssupport.com  
GOVERNMENTAL AGENCIES

**GGF Symphony Orchestra**  
KariJo O'Keefe  
3350 Campus Road  
Grand Forks, ND 58202  
701-732-0262  
ggfso@ggfso.org  
www.ggfso.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Girl Scouts - Dakota  
Horizons**  
Rebecca Holmes  
1002 43RD ST S  
Fargo, ND 58103  
800-666-2141  
rholmes@gsdakotahorizons.  
org  
www.gsdakotahorizons.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Global Friends Coalition**  
Cynthia Shabb  
1815 Demers Ave  
Grand Forks, ND 58201  
701-746-8233  
cshabb@gfcoalition.org  
www.gfcoalition.org  
NON-PROFIT  
ORGANIZATION

**Global Safety Network**  
Alicia Bouchon  
3590 S 42nd St  
Grand Forks, ND 58201  
701-792-9808  
sales@globalsafetynetwork.  
com  
www.globalsafetynetwork.com  
DRUG & ALCOHOL  
SCREENING

**Golden Rule Auto Repair**  
Bryan Funk  
1300 S 14th St  
Grand Forks, ND 58201  
701-746-6790  
goldenrule@integra.net  
goldenruleautorepair@integra.  
net  
AUTOMOBILE REPAIR &  
SALES

**Goldmark  
Property Management, Inc.**  
Sapphire Cullen  
3605 South 20th Street  
Grand Forks, ND 58201  
701-780-9901  
sapphire.cullen@goldmark.  
com  
www.goldmark.com/  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**The Golf Center**  
Brian Leach  
3001 S. Columbia Rd.  
Grand Forks, ND 58201  
701-775-0019  
bleachgolf@gra.midco.net  
www.thegolfcenter.net  
SPORTS STORES

**Good Samaritan Society  
Heritage Grove**  
Shayla Solberg  
2122 River Road NW  
East Grand Forks, MN 56721  
218-773-7484  
Shayla.solberg@good-sam.  
com  
https://www.good-sam.com/  
locations/heritage-grove  
ASSISTED LIVING  
FACILITIES

**GoodInsurance**  
Bonnie Sprecher  
12 3rd ST S Suite A  
Grand Forks, ND 58201  
701-795-1070  
bonnie.gi@adviserfocus.com  
INSURANCE AGENCIES /  
BROKERAGES

**Gowan Construction, Inc.**  
Milton Gowan  
PO Box 228  
Oslo, MN 56744-0228  
701-699-5171  
milt@gowanconstruction.com  
www.gowanconstruction.com  
CONTRACTORS &  
CONSTRUCTION SERVICES

**Grafton Area Chamber of  
Commerce**  
Shirley Burns  
432 Hill Ave  
Grafton, ND 58237-1002  
701-352-0781  
gracha@polarcomm.com  
www.graftonevents.com  
CHAMBER OF COMMERCE

**Grand Cities Games**  
Robert Hageman  
120 N. Washington St.  
Grand Forks, ND 58203  
701-775-8602  
GrandCitiesGames@yahoo.  
com  
https://www.facebook.  
com/GrandCitiesGames/  
ENTERTAINMENT

**Grand Cities Mall**  
Jenny Aipperspach  
1726 South Wash Street  
Grand Forks, ND 58201  
701-772-8121  
jaipperspach@gfhope.org  
MALL ASSOCIATIONS

**Grand Cities Painting and  
Drywall**  
Mike Whitmore  
3005 Cherry St  
Grand Forks, ND 58201  
701-330-3340  
grandcitiespaintinganddrywall  
@gmail.com  
CONSTRUCTION &  
BUILDINGS TRADES

**Grand Forks Area Youth For  
Christ**  
Sean Patterson  
315 N. 4th St  
Grand Forks, ND 58203  
701-203-1928  
seanpatterson@grandforksyfc.  
com  
www.gfyc.org  
NON-PROFIT  
ORGANIZATION

**Grand Forks Best Source**  
Paul Krenelka  
1726 South Washington St.  
Grand Forks, ND 58201  
701-740-9337  
Local@gfbestsource.com  
Gfbestsource.com  
MARKETING

**Grand Forks Builders and  
Traders Exchange**  
Lisa Raymond  
2211 South Washington St  
Grand Forks, ND 58201  
701-772-7798  
planroom@bntgf.com  
www.bntgf.com  
CONSTRUCTION &  
BUILDING TRADES

**Grand Forks Children's  
Museum**  
Sheila Dalgliesh  
PO Box 5126  
Grand Forks, ND 58206  
sheilad@gfchildrensmuseum.  
com  
http://www.  
grandforkschildrensmuseum.  
com/  
NON-PROFIT  
ORGANIZATION,  
MUSEUMTRADES

**Grand Forks Clinic**  
Khaled Rabadi  
5750 South Washington St  
Grand Forks, ND 58201  
701-775-5800  
cindyr@kidneynd.org www.  
grandforksclinic.com  
CLINICS PHYSICIANS AND  
SURGEONS  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

**Grand Forks Country Club**  
794 12th Avenue NE  
Grand Forks, ND 58201  
701-772-4831  
doug@gfcountryclub.com  
www.gfcountryclub.com  
AMUSEMENT &  
ENTERTAINMENT

**Grand Forks County**  
Tom Ford  
151 South 4th St - Suite 610  
Grand Forks, ND 58201  
701-780-8288  
thomas.ford@gfcounty.org  
www.gfcounty.nd.gov  
GOVERNMENTAL AGENCIES

**Grand Forks County  
Historical Society**  
Leah Byzewski  
2405 Belmont Road  
Grand Forks, ND 58201  
701-775-2216  
gfhistory@midconetwork.com  
www.grandforkshistory.com  
MUSEUMS

**Grand Forks County Soil  
Conservation District**  
Jill Kvasager  
4775 Technology Circle, Ste 1C  
Grand Forks, ND 58203  
701-772-2321  
Jill.Kvasager@nd.nacdn.net  
www.gfscd.org  
GOVERNMENTAL AGENCIES

**Grand Forks Growth and  
Support Center**  
Julie Erickson  
2105 Gateway Dr.  
Grand Forks, ND 58203  
701-775-2566  
julie.erickson@gfgsc.org  
www.gfgrowthandsupport.com  
NON-PROFIT  
ORGANIZATION

**Grand Forks Herald**  
Korrie Wenzel  
3535 S. 31st St  
Grand Forks, ND 58206  
701-780-1103  
kwenzel@gfherald.com  
www.gfherald.com  
MEDIA

**Grand Forks Marathon**  
Rachel Hellyer  
PO BOX 14867  
Grand Forks, ND 58201  
701-780-9616  
RACHEL@PDSPROULE.COM  
www.gfmarathon.com  
NON-PROFIT  
ORGANIZATION

**Grand Forks Park District**  
George Hellyer  
1060 47th Ave S  
Grand Forks, ND 58201  
701-746-2750  
ghellyer@gfparks.org  
www.gfparks.org  
GOVERNMENTAL AGENCIES

**Grand Forks Police  
Department**  
Mark Nelson  
122 South Fifth Street  
Grand Forks, ND 58206  
701-787-8000  
mnelson@grandforksgov.com  
https://www.grandforksgov.  
com/government/city-  
departments/police-department  
GOVERNMENTAL AGENCIES



# 2024 Membership Directory

**Grand Forks Public Health**  
Tess Wall  
151 S 4th St.  
Grand Forks, ND 58201  
701-787-8100  
GFhealth@grandforksgov.com  
www.grandforksgov.com/  
publichealth  
HEALTH & WELLNESS

**Grand Forks Public Schools**  
**Terry Brenner**  
2400 47th Avenue South  
Grand Forks, ND 58206  
701-746-2200  
tbrenner270@mygfschools.  
org  
www.gfschools.org  
EDUCATION

**Grand Forks Public Library**  
**Wendy Wendt**  
2110 Library Circle  
Grand Forks, ND 58201  
701-772-8116  
wendy.wendt@gflibrary.com  
www.gflibrary.com  
NON-PROFIT  
ORGANIZATION

**Grand Forks Region**  
**Economic Development**  
**Corporation**  
Keith Lund  
120 N. 4th St.  
Grand Forks, ND 58203  
701-746-2720  
keithl@grandforks.org  
www.grandforks.org  
DEVELOPMENT

**Grand Forks Regional**  
**Airport Authority**  
**Ryan Riesinger**  
2301 Airport Drive  
Grand Forks, ND 58203  
701-795-6981  
rriesinger@gfkairport.com  
www.gfkairport.com  
AIRLINES AND AVIATION

**Grand Forks Senior Center**  
Colette Iseminger  
620 4th Avenue South  
Grand Forks, ND 58201  
701-772-7245  
director.gfsc@midconetwork.  
com  
www.gfseniorcenter.org  
SENIOR SERVICES

**Grand Forks Subaru Kia**  
Matt Bredemeier  
2400 Gateway Dr.  
Grand Forks, ND 58203  
701-746-4335  
MATT@GFSUBARU.COM  
www.grandforkssubaru.com  
AUTOMOBILE DEALERS

**Grand Forks United**  
**Republican Committee**  
Josh Anderson  
PO Box 13131  
Grand Forks, ND 58208  
701-732-0105  
gfrepublicans@gmail.com  
www.grandforksrepublicans.  
com  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Grand Sky Development**  
**Company, LLC**  
Thomas Swoyer  
311 Kittson Ave  
Grand Forks, ND 58201  
swoyer@grandskynd.com  
www.grandskynd.com  
CONTRACTORS &  
CONSTRUCTION SERVICES

**Grand Trailer Sales**  
Roger Scheving  
224 Gateway Dr NE  
East Grand Forks, MN 56721  
218-773-0501  
roger@grandtrailersales.com  
www.grandtrailersales.com  
AUTOMOBILE DEALERS

**Grape Mill Vineyard and**  
**Winery**  
Russ, Matt & Gail Halverson  
18696 430th Ave SW  
East Grand Forks, MN 56721  
218-499-WINE(9463)  
grapemillgail@gmail.com  
www.thegrapemill.com  
WINERIES

**Grease Monkey**  
Ross Jorgensen  
2351 32nd Ave South  
Grand Forks, ND 58201  
701-795-9005  
rmonkey@midconetwork.com  
https://www.  
greasemonkeyauto.com/  
grand-forks-north-dakota-  
58201-center-679?fbclid=IwA  
R2QnNKHAEHq78lkqGMBZ  
TiWGGAYARHQka19zmSLHK  
WFG9FDcOL3S0spLs  
AUTOMOTIVE SUPPLIES &  
REPAIRS

**Great Clips**  
Emily Wilcox  
3551 32nd Avenue South  
Grand Forks, ND 58201  
701-792-3266  
emily.wilcox@greatclips.net  
www.greatclips.com  
SPAS & SALONS

**Greater Grand Forks Fair &**  
**Exhibition Inc.**  
Mark Landa  
2300 Gateway Dr  
Grand Forks, ND 58208  
701-330-1238  
Info@grandforksfair.com  
www.grandforksfair.com  
NON-PROFIT  
ORGANIZATION

**Greater Grand Forks Human**  
**Resource Association**  
Griffin Gillespie  
P.O. Box 5083  
Grand Forks, ND 58206  
218-230-4114  
ggfhra276@gmail.com  
https://ggfhra.shrm.org/  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Greater Grand Forks Young**  
**Professionals**  
Sam Jensen  
33 S. 3rd St.  
Grand Forks, ND 58201  
701-840-1055  
sam@ggfyp.com  
ggfyp.com  
NON-PROFIT  
ORGANIZATION

**Greenberg Realty - Lynn**  
**Kvidt**  
Lynn Kvidt  
3651 S. Columbia Rd  
Grand Forks, ND 58208  
701-739-7000  
lkvidt@yahoo.com  
www.lynnkvidt.com  
REALTORS

**Greenberg Realty - Roberta**  
**Benson**  
Roberta Benson  
3651 S. Columbia Rd  
Grand Forks, ND 58201  
701-213-5953  
rbenson@greenbergrealty.com  
www.greenbergrealty.com  
REALTORS

**Greenberg Realty - Tammy**  
**Howard**  
Tammy Howard  
3651 S Columbia Rd  
Grand Forks, ND 58201  
218-779-5666  
thoward@greenbergrealty.com  
www.greenbergrealty.com  
REALTORS

**Greenberg Realty, Inc.**  
Skip Greenberg  
3651 S. Columbia Road  
Grand Forks, ND 58201  
701-772-6641  
sgreenberg@greenbergrealty.  
com  
www.greenbergrealty.com/  
REALTORS

**Greenberg Realty-Lil**  
**Livingood**  
Lil Livingood  
3651 S. Columbia Rd  
Grand Forks, ND 58201  
701-265-2109  
lil@greenbergrealty.com  
www.greenbergrealty.com/  
REALTORS

**Greenberg Realty-Rita**  
**Schuster**  
Rita Schuster  
3651 S Columbia Rd  
Grand Forks, ND 58208  
701-772-6641  
rschuster@greenbergrealty.  
com  
www.greenbergrealty.com  
REALTORS

**The Greenhouse**  
Patrick Metzger  
3953 4th St E  
West Fargo, ND 58078  
701-412-1710  
info@growing4success.com  
www.growing4success.com  
CONSULTING

**Gregory J. Norman Funeral**  
**Chapel**  
Gregory Norman  
2950 S. Washington St.  
Grand Forks, ND 58201  
701-746-4337  
normanfuneral@invisimax.com  
www.normanfuneral.com  
FUNERAL SERVICES

**Grimsley Consulting LLC**  
Tanner Grimsley  
841 Ridgeview Road NE  
Thompson, ND 58278  
701-317-8855  
tannergrimsley@  
grimsleyconsulting.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**Ground Round Grill & Bar**  
Matt Walkowiak  
2800 32nd Avenue South  
Grand Forks, ND 58201  
701-775-4646  
matt@gfgroundround.com  
www.gfgroundround.com  
RESTAURANTS

**H & R Block - DeMers Ave**  
Brian Beiswenger  
2600 DeMers Ave.  
Grand Forks, ND 58201  
701-746-7361  
brian.beiswenger@hrblock.  
com  
www.hrblock.com  
TAX PREPARATION

**H & R Block - S. Washington**  
Brian Beiswenger  
2715 South Washington St.  
Grand Forks, ND 58201  
701-746-0425  
brian.beiswenger@hrblock.  
com  
www.hrblock.com  
TAX PREPARATION

**H&S Electrical Services LLC**  
Tony Hodny  
716 46th St.  
Grand Forks, ND 58201  
701-757-0421  
thodny@hselecserv.com  
handselectricalservices.com  
ELECTRICIANS

**Half Brothers Brewing**  
**Company**  
Chad Gunderson  
17 N. 3rd St.  
Grand Forks, ND 58203  
701-757-0805  
chad@halfbrothersbrewing.  
com  
www.halfbrothersbrewing.com  
BREWERY

**Halstad Telephone Company**  
Mark Forseth  
PO Box 55  
Halstad, MN 56548-0055  
218-456-2125  
markforseth@rrv.net  
www.halstadtel.com/  
COMMUNICATIONS SALES &  
SERVICE

**Hampton Inn & Suites**  
Mike McWilliams  
2985 S. 42nd St.  
Grand Forks, ND 58201  
701-757-2255  
michael.mcwilliams@hilton.  
com  
www.hamptoninn.com  
HOTELS & MOTELS

**Hampton Management**  
Scott Stauss  
3001 36th Avenue South  
Grand Forks, ND 58201  
701-775-5544  
scotts@hamptoncorp.com  
www.hamptonmanagement.  
com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

**Hamro Bazar LLC**  
Binod Kharel  
1375 S Col Road Ste C  
Grand Forks, ND 58201  
701-740-2225  
kharelbinod0@gmail.com  
GROCERY STORES

**Happy Harry's Bottle Shops**  
Greg Rixen  
2702 Gateway Drive  
Grand Forks, ND 58203  
701-772-2671  
greg@happy-harrys.com  
www.happy-harrys.com  
LIQUORS -- OFF SALE

**Happy Harry's Bottle Shops**  
**- 2**  
Greg Rixen  
2051 32ND AVE S  
Grand Forks, ND 58201  
701-780-0902  
greg@happy-harrys.com  
www.happy-harrys.com  
LIQUORS -- OFF SALE

**Harry's Steakhouse**  
Hal Gershman  
421 DeMers Ave.  
Grand Forks, ND 58201  
701-757-2333  
hal@happy-harrys.com  
RESTAURANTS, LOUNGES &  
LIQUORS

**Haul Away Junk & Demo**  
Syler Feldman  
618 Belmont Road  
Grand Forks, ND 58201  
701-660-0501  
hello@haulawayjunkdemo.com  
http://www.haulawayjunkdemo.  
com/  
RECYCLING & WASTE  
MANAGEMENT

**HB**  
Tricia Halvorson Lunski  
101 North 8th St.  
Grand Forks, ND 58203  
701-775-1150  
tricia.lunski@hbsound.com  
www.hbsound.com  
SECURITY SYSTEMS SALES  
& SERVICE



# 2024 Membership Directory

## Hebron Brick Supply

Dale Juve  
1201 N 47th St  
Grand Forks, ND 58203  
701-738-8000  
dalej@hebronco.com  
<https://www.hebronbrick.com/grand-forks-store/>  
CONSTRUCTION & BUILDING TRADES

## HELIX wine & bites

Michael Schepp  
4491 S. Washington  
Grand Forks, ND 58201  
701-757-1444  
helixgf@icloud.com  
[www.facebook.com/helixgf/](https://www.facebook.com/helixgf/)  
RESTAURANTS

## Hellraiser's Off-Road

Daniel Casavan  
1000 North 3RD Street  
Grand Forks, ND 58203  
218-207-1821  
hellraisers.off-road.llp@outlook.com  
[www.hellraisersoff-road.com](https://www.hellraisersoff-road.com)  
AUTOMOBILE REPAIR & SALES

## Helm Enterprises

Ron Corrick  
309 West Highway 66  
Drayton, ND 58225-0057  
701-454-6174  
robertac@helmtrucks.com  
TRUCK DEALERS

## Heritage Highland I

Angie Karow  
1115 3rd Ave NW  
East Grand Forks, MN 56721  
218-547-3307  
AngieK@DWJonesManagement.com  
[www.dwjonesmanagement.com](https://www.dwjonesmanagement.com)  
PROPERTY MANAGEMENT & DEVELOPMENT

## Heritage Highland II

Angie Karow  
301 14th Street NW  
East Grand Forks, MN 56721  
218-547-3307  
AngieK@DWJonesManagement.com  
[www.dwjonesmanagement.com](https://www.dwjonesmanagement.com)  
PROPERTY MANAGEMENT & DEVELOPMENT

## Heyer Engineering Inc.

Ryan Heyer  
4180 24th Avenue South  
Grand Forks, ND 58104  
701-280-0949  
ryan@heyere-eng.com  
[www.heyereengineering.com](https://www.heyereengineering.com)  
ENGINEERS

## High Plains Water

Craig Larsen  
416 Gateway Dr  
Grand Forks, ND 58203  
701-772-5221  
craig@highplainswater.com  
[www.highplainswater.com](https://www.highplainswater.com)  
WATER CONDITIONING

## Hilton Garden Inn - Grand Forks - UND

Jessica Hogue  
4301 James Ray Dr.  
Grand Forks, ND 58203  
701-775-6000  
jessica.hogue@hilton.com  
[www.grandforksund.hgi.com](https://www.grandforksund.hgi.com)  
HOTELS & MOTELS

## The HIVE

Johnny Ryan  
375 2nd Ave N  
Grand Forks, ND 58203  
701-792-2883  
info@grandforksgov.com  
<https://www.hivegf.com/>  
BUSINESS SERVICES

## Hjelmstad Insurance

Brody Hjelmstad  
PO BOX 148  
Thompson, ND 58278  
701-599-2901  
brody@hjemstadins.com  
<https://hjemstadins.com/>  
INSURANCE AGENCIES / BROKERAGES

## Holcim

Marty Helmoski  
2422 DeMers Avenue  
Grand Forks, ND 58201  
701-772-3438  
marty.helmoski@holcim.com  
CONCRETE PRODUCTS

## Holiday Inn Express & Suites

JoAnna Dunigan  
4051 32nd Ave. S.  
Grand Forks, ND 58201  
701-772-7700  
gm@gfhiexpress.com  
[www.gfhiexpress.com](https://www.gfhiexpress.com)  
HOTELS & MOTELS

## Holistic Hub LLC

Doris Driscoll  
1425 S Columbia Rd  
Grand Forks, ND 58201  
218-791-9103  
dorisdriscoll12@gmail.com  
[www.facebook.com/holisticubgrandforks/?fref=ts](https://www.facebook.com/holisticubgrandforks/?fref=ts)  
HEALTH & WELLNESS

## Home Care Companions

Melissa Johnson  
2524 S Washington St.  
Grand Forks, ND 58201  
701-757-4044  
companions@midconetwork.com  
[www.homecarecompanionsnd.com](https://www.homecarecompanionsnd.com)  
HOME SERVICES

## Home of Economy

Wade Pearson  
1508 N. Washington St.  
Grand Forks, ND 58208  
701-772-6611  
wade.pearson@homeofeconomy.com  
[www.homeofeconomy.com](https://www.homeofeconomy.com)  
DEPARTMENT STORES

## Home Therapy Solutions, LLC

Kara Welke  
620 Crescent Drive  
Thompson, ND 58278  
218-230-2171  
kara@hometherapysolutionsnd.com  
[www.hometherapysolutionsnd.com/](https://www.hometherapysolutionsnd.com/)  
HEALTH & WELLNESS

## HOPE Evangelical Covenant Church

Paul Knight  
1601 17th Ave S  
Grand Forks, ND 58201  
701-772-1884  
paulpit@gfhope.org  
[www.gfhope.org](https://www.gfhope.org)  
CHURCHES

## HotSpring Spas & Pool Tables 2

Megan Olson  
1844 S. Washington St.  
Grand Forks, ND 58201  
701-746-9822  
accounting@fargohotspring.com  
[www.fargohotspring.com](https://www.fargohotspring.com)  
RETAILERS

## House of Vacuums

Eric Laubach  
2800 S. Columbia Road  
Grand Forks, ND 58201  
701-746-9300  
vacsgf@gmail.com  
VACUUM SALES & SERVICE

## Houston Engineering, Inc.

Trent Berg  
4399 S. Columbia Road  
Grand Forks, ND 58201  
701-746-0200  
tberg@houstoneng.com  
[www.houstoneng.com](https://www.houstoneng.com)  
ABSTRACTORS, ARCHITECTS & ENGINEERS

## The Hub Pub

Joe Schneider  
205 N 3rd St  
Grand Forks, ND 58203  
701-746-7443  
jschnei319@msn.com  
[www.hubpubgf.com](https://www.hubpubgf.com)  
BAR / BARS / LOUNGES / NIGHTCLUBS

## Hugo's #2

Jeff Matthews  
1631 S Washington  
Grand Forks, ND 58201  
701-772-3419  
Sd2@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's #3

Liz Savage  
1925 13th Ave N.  
Grand Forks, ND 58203  
701-772-5531  
Sd3@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's #5

Daniel Campos  
306 14th St. NE  
East Grand Forks, MN 56721  
218-773-2418  
Sd5@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's #6

Lauren Hillebrand  
1315 S Columbia Road  
Grand Forks, ND 58201  
701-772-7283  
Sd6@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's #8

Torrie Enget  
1750 32nd Avenue S  
Grand Forks, ND 58201  
701-746-0688  
torrie.enget@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's Caribou Coffee

Kristi Magnuson-Nelson  
1750 32nd Avenue S  
Grand Forks, ND 58201  
kristi@gohugos.com  
COFFEE SHOPS

## Hugo's Retail Support Center

Kristi Magnuson Nelson  
1950 32nd Ave S.  
Grand Forks, ND 58201  
701-746-0688  
kristi@gohugos.com  
[www.gohugos.com](https://www.gohugos.com)  
GROCERY STORES

## Hugo's Wine & Spirits - 32nd

Kristi Magnuson-Nelson  
1950 32nd Avenue South  
Grand Forks, ND 58201  
701-746-4684  
kristi@gohugos.com  
LIQUORS -- OFF SALE

## Hugo's Wine & Spirits - Columbia Rd

Kristi Magnuson-Nelson  
1325 S Columbia Rd  
Grand Forks, ND 58201  
701-738-2007  
kristi@gohugos.com  
LIQUORS -- OFF SALE

## Hugo's Wine & Spirits - East

Grand Forks  
Allen Dukart  
310 14th Street NE  
East Grand Forks, MN 56721  
218-793-0014  
duke@hugoswineandspirits.com  
[www.hugoswineandspirits.com](https://www.hugoswineandspirits.com)  
LIQUORS -- OFF SALE

## Huntington National Bank

Ann-Marie Morrow  
2712 S. Columbia Rd  
Grand Forks, ND 58201  
701-757-4252  
annmarie.morrow@huntington.com  
<https://www.huntington.com/mortgage/morrow-ann-marie>  
MORTGAGE COMPANIES

## ICON Architects

Emily Huso  
4000 Garden View Drive  
Grand Forks, ND 58201  
701-772-4266  
emily.huso@iconarchitects.com  
[www.iconarchitects.com](https://www.iconarchitects.com)  
ABSTRACTORS, ARCHITECTS & ENGINEERS

## ICS Consulting

Jeff Schiltz  
2201 12th St N  
Fargo, ND 58102  
218-722-3060  
Jeff.schiltz@ics-builds.com  
[www.ics-builds.com](https://www.ics-builds.com)  
CONTRACTORS & CONSTRUCTION SERVICES

## ICS, Inc.

Jon Kearns  
2500 State Mill Road  
Grand Forks, ND 58203-1504  
701-775-8480  
jon.kearns@icsgf.us  
[www.icsgf.com](https://www.icsgf.com)  
CONTRACTORS & CONSTRUCTION SERVICES

## Ideal Aerosmith Inc.

Greg Owens  
3001 South Washington Street  
Grand Forks, ND 58201  
218-773-2455  
Gowens@idealaero.com  
[www.ideal-aerosmith.com](https://www.ideal-aerosmith.com)  
AVIATION MANUFACTURING

## Ideal Power Solutions

Todd Mesa  
924 S 18th St  
Grand Forks, ND 58201  
701-213-3805  
todd@idealpowernd.com  
[www.idealpowernd.com](https://www.idealpowernd.com)  
ELECTRICIANS

## iDigital Outdoor

Taylor Danielson  
3235 Oak Ridge Loop E  
West Fargo, ND 58078  
701-552-6611  
taylor@idigitaloutdoor.com  
[idigitaloutdoor.co](https://idigitaloutdoor.co)  
ADVERTISING SERVICES

## iHeart Media

Jennifer Stocker  
505 University Avenue  
Grand Forks, ND 58203  
701-746-1417  
jenniferstocker@iheartmedia.com  
[www.iheartmedia.com](https://www.iheartmedia.com)  
RADIO & TV

## Ihry Insurance

Shane Larck  
1291 East 13th Ave  
West Fargo, ND 58078  
701-945-2723  
shane@ihryins.com  
<https://ihryins.com/>  
INSURANCE AGENCIES / BROKERAGES



# 2024 Membership Directory

## IMM

Collin Bates  
415 North 42nd Street  
Grand Forks, ND 58201  
701-746-9551  
cbates@immapartments.com  
www.immapartments.com  
PROPERTY MANAGEMENT & DEVELOPMENT

## Impact Dakota

Jodie Mjoen  
1929 N. Washington St.  
Bismarck, ND 58501  
701-204-7000  
jodiem@impactdakota.com  
www.impactdakota.com  
RESEARCH & CONSULTANTS

## Impressions Gifts & Creative Services

Chris McEntee  
2600 Demers Ave  
Grand Forks, ND 58201-3702  
701-757-4438  
info@impressionsgf.com  
impressionsgf.com  
GIFTS & INCENTIVES

## In-Prints Screen Printing, Inc.

Todd Palmiscno  
216 17th St. NW  
East Grand Forks, MN 56721  
218-773-6449  
inprints@midconetwork.com  
https://www.facebook.com/  
inprintsEGF/?ref=page\_internal  
SCREEN PRINTING

## Indigo Signs

Jerry Nelson  
2600 Demers Avenue  
Grand Forks, ND 58201  
701-746-9696  
forks@indigosigns.com  
https://www.indigosigns.com/  
SIGNS & LETTERING

## Ink, Inc.

Patti Eider  
314 Kittson Ave  
Grand Forks, ND 58201  
701-775-5300  
patti\_eider@hotmail.com  
PRINTING SERVICES

## Innes Construction Company

Jerod Hjelle  
822 S 46th St  
Grand Forks, ND 58201  
701-746-5461  
jerod@innesconstruction.com  
CONTRACTORS & CONSTRUCTION SERVICES

## Insight to Solutions, LLC

Janell Regimbal  
Grand Forks, ND  
701-741-9110  
janell@insighttosolutions.com  
https://www.insighttosolutions.com/  
CONSULTING

## Insomnia Cookies

Cain Leathers  
416 Demers Avenue  
Grand Forks, ND 58201  
445-246-4026  
cleathers@insomniacookies.com  
www.insomniacookies.com  
BAKERIES

## Inspire Pharmacy

Janna Hanson  
360 Division Avenue  
Grand Forks, ND 58201  
701-757-4407  
pharmacy@inspiregf.com  
www.inspiregf.com  
PHARMACIES

## Insure Forward

Brady Trenbeath  
4651 So. Columbia Rd  
Grand Forks, ND 58201  
701-772-6651  
brady.trenbeath@bankforward.com  
www.bankforward.com  
INSURANCE AGENCIES / BROKERAGES

## Integrated Steel Inc.

Scott Fournier  
2201 N 39th ST  
Grand Forks, ND 58203  
701-757-0555  
scott.fournier@integratedsteelinc.com  
www.integratedsteelinc.com  
MANUFACTURING & PROCESSORS

## Integrity Installation & Design, LLC

Megan Werven  
2002 University Ave - Unit 3  
Grand Forks, ND 58203  
612-352-7351  
integrityinstallation91@gmail.com  
http://www.integrityinstalldesign.com/  
FLOORING

## Integrity Shipping & More

Scott Reinhart  
1726 S. Washington St.  
Grand Forks, ND 58201  
701-402-2171  
scottr@integrityfundraisers.com  
www.integrityfundraisers.com  
ADVERTISING SERVICES

## Ironhide Equipment

Travis Dearinger  
3900 S 42nd St  
Grand Forks, ND 58201  
701-772-5006  
travisd@goironhide.com  
www.goironhide.com  
MACHINERY & MANUFACTURING

## Ironworks Gym and Fitness Center

Adam Suedel  
1311 S. Washington St.  
Grand Forks, ND 58201  
701-746-9685  
admin@ironworksgym.net  
FITNESS CLUBS

## ISight Drone Services

Tommy Kenville  
5515 University Ave  
Grand Forks, ND 58203  
218-779-9950  
tommy@isightdrones.com  
isightdrones.com  
AERIAL ANALYTICS

## It All Adds Up

Tracie Hill  
PO Box 233  
Tolna, ND 58380  
701-404-7955  
italladdsup@me.com  
italladdsup.biz  
ACCOUNTING SERVICES

## Italian Moon Pizza & Restaurant

Scott Purpur  
810 S Washington  
Grand Forks, ND 58201-8416  
701-772-7277  
a1cowboycatering@yahoo.com  
www.italianmoon.com  
RESTAURANTS

## J & G Landscaping

JoAnn Renfrow  
PO Box 9  
Emerado, ND 58228-0009  
701-594-2669  
joannrenfrow@gmail.com  
www.jglandscaping.com  
LANDSCAPING

## J.R. Simplot

Efrain Valdez  
3630 Gateway Drive  
Grand Forks, ND 58203-0826  
701-780-7811  
efrain.valdez@simplot.com  
www.simplot.com  
FOOD MANUFACTURERS

## James Dalglish

James Dalglish  
3641 9th Ave. N.  
Grand Forks, ND 58203  
701-775-9700  
jmdalglish@gmail.com  
INDIVIDUALS

## Jeff Barta

Jeff Barta  
815 S 21 Street  
Grand Forks, ND 58201  
701-741-5906  
jbarta@ndlegis.gov  
www.voteforbarta.com  
GOVERNMENTAL AGENCIES

## Jeff's Landscaping

Jeff Moen  
504 5th Ave  
Reynolds ND, 58275  
701-740-6323  
jeffrey58275@gra.midco.net  
LAWN & TREE CARE

## Jersey Mike's Subs

A.J. Hofer  
1970 South Columbia Road  
Grand Forks, ND 58201  
701-732-3200  
www.jerseymikes.com  
RESTAURANTS

## Jewelry On the Run Home Based Business

Cheryl Tupa  
25437 410th Ave SW  
Fisher, MN 56723  
www.jewelryontherun.com  
cheryltupa@aol.com  
SPECIALITY STORES JEWELERS

## JLG Architects

Shawn Senescall  
323 Demers Avenue  
Grand Forks, ND 58201  
701-746-1727  
mmclean@jlgarchitects.com  
www.jlgarchitects.com  
ABSTRACTORS, ARCHITECTS & ENGINEERS

## Job Service North Dakota

Dusty Hillebrand  
1501 28th Avenue S  
Grand Forks, ND 58201-6727  
701-795-3700  
duhillebrand@nd.gov  
www.jobsnd.com  
EMPLOYMENT SERVICES

## Joe Black's

Joe Schneider  
118 N. 3rd St.  
Grand Forks, ND 58201  
701-775-2017  
jschnei319@msn.com  
www.joeblacksgf.com  
RESTAURANTS

## Johnson Controls

James Haag  
2320 12th St. N.  
Fargo, ND 58102  
701-293-1140  
James.J.Haag@jci.com  
http://www.johnsoncontrols.com/  
HEATING & AIR CONDITIONING

## Johnson Law Firm

Ward Johnson  
215 N. 3rd Street  
Grand Forks, ND 58203  
701-775-7837  
Ward.johnson@outlook.com  
www.wardjohnsonlaw.com/  
ATTORNEYS

## Johnston Family Law

Jacey Johnston  
221 S. 4th St  
Grand Forks, ND 58201  
701-757-1404  
jacey@johnstonfamilylaw.com  
ATTORNEYS

## Johnstown Bean Company

Jim Karley  
3295 Johnstown St  
Johnstown, ND 58235-4500  
701-869-2680  
jbc@polarcomm.com  
AGRICULTURE / AGRIBUSINESS

## K & E Construction

Elliott Knutson  
20900 State Hwy 220 SW  
East Grand Forks, MN 56721  
701-741-4643  
elliottknutson@hotmail.com  
www.facebook.com/K-E  
Construction-2135067158  
07806  
CONTRACTORS & CONSTRUCTION SERVICES

## KBR

Timothy Morey  
1220 Avenida Acaso  
Camarillo, CA 93012  
805-465-1940  
Tim.Morey@us.kbr.com  
www.kbr.com/en  
CONSULTING

## Keep In Touch Massage Therapy

Karen Knutson  
2303 S. Washington St.  
Grand Forks, ND 58201  
701-361-3964  
keep\_intouch.massage@yahoo.com  
www.keepintouchmassage.biz  
HEALTH & WELLNESS

## Keith's Security World

Noel Schanilec  
2111 DeMers Avenue  
Grand Forks, ND 58201-4164  
701-772-7189  
noel@keithslock.com  
www.keithslockandkey.com  
LOCKSMITH

## Kelly Services

Nicole Zeman  
Grand Forks, ND  
701-213-0153  
NICP933@kellyservices.com  
www.kellyservices.com  
EMPLOYMENT SERVICES

## Kelly's Bar

Casey Noreen  
309 3rd St. N.  
Grand Forks, ND 58203-3551  
701-772-9605  
ksbar@midconetwork.com  
http://www.kellysbar-gf.com/  
BAR / BARS / LOUNGES / NIGHTCLUBS

## Kenny's Music

Kenny Holweger  
2001 South Was. Street  
Grand Forks, ND 58201  
701-772-8670  
bustersodd@yahoo.com  
kennysmusic.com  
MUSIC STORES

## Kidwell's Signature Cleaning, Inc.

Julie Kidwell  
402 University Ave  
Grand Forks, ND 58203  
701-757-0988  
Julie@kidwellclean.com  
www.kidwellclean.com  
CLEANING SERVICES/ SUPPLIES



# 2024 Membership Directory

## Kindle Wellness

Kelly Pratt  
2401 S Washington St  
Grand Forks, ND 58201  
701-248-8216  
kellyprattnp@yahoo.com  
kindlewellness.net  
HEALTH & WELLNESS

## King's Walk Golf Course

Dan Tannahill  
5301 South Columbia Rd.  
Grand Forks, ND 58201-2801  
701-787-5464  
dtannahill@gfparcs.org  
www.kingswalk.org  
RECREATION

## KLJ Engineering LLC

Emily Johnson  
2750 Gateway Drive  
Grand Forks, ND 58203-0811  
701-775-1109  
emily.johnson@kljeng.com  
www.kljeng.com  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

## Knight Printing

Dave Nelson  
16 South 16th Street  
Fargo, ND 58106-7100  
701-235-1121  
dave.nelson@knightprinting.com  
www.knightprinting.com  
PRINTING SERVICES

## Knights Inn and Suites

Nathaniel Morton  
1211 N. 47th St.  
Grand Forks, ND 58203  
701-757-4041  
knightsinngrandforks@gmail.com  
www.knightsinn.com HOTELS  
& MOTELS

## KodaBank

Cole Anderson  
3975 South Columbia Road  
Grand Forks, ND 58201  
701-620-3100  
cole@kodabank.com  
www.kodabank.com  
FINANCIAL SERVICES

## Korsmo Family Dentistry, P.C.

Grant Korsmo  
2401 S Washington St  
Grand Forks, ND 58201-6747  
701-775-0682  
korsmofamilydentistry.com  
DENTISTS

## Krampade LLC

Eric Murphy  
675 S. 48th St.  
Grand Forks, ND 58201  
701-772-3430  
eric.murphy@krampade.com  
www.krampade.com  
HEALTH & WELLNESS

## KROX Radio

Chris Fee  
208 South Main Street  
Crookston, MN 56716  
218-281-1140  
krox@rrv.net  
www.kroxam.com  
MEDIA

## Kuhl Properties

Kenneth Kuhl  
1025 83rd Street South  
Grand Forks, ND 58201  
701-772-5275  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## KVRR-TV

Kathy Lau  
PO Box 9115  
Fargo, ND 58106-9115  
701-277-1515  
klau@kvrr.com  
www.kvrr.com/  
RADIO & TV

## L & M Meats & Sausage

Jeff Novak  
2801 S. Washington St.  
Grand Forks, ND 58201-6718  
701-775-2009  
landm@wiktel.com  
www.lmm meats.com/  
GROCERY STORES

## L.I.S.T.E.N. Center

Christy Potts  
2100 So Washington St  
Grand Forks, ND 58201-6761  
701-746-7840  
christy@listencenter.org  
http://www.listencenter.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

## La Quinta Inn & Suites

Chris Miller  
4051 Garden View Dr.  
Grand Forks, ND 58201  
701-757-3600  
lq6612gm@laquinta.com  
www.6612.laquinta.com  
HOTELS & MOTELS

## Labradorly Marketing

Cassidy Will  
853 Thames Ct  
Grand Forks, ND 58203  
701-321-2919  
cassidywill@hotmail.com  
http://www.labradorly.com/  
MARKETING

## Lake Region State College

Doug Darling  
1801 College Dr N  
Devils Lake, ND 58301  
701-662-1600  
Doug.Darling@lrsc.edu  
www.lrsc.edu  
EDUCATION

## Lake Region State College Nursing Center Grand Forks

Erin Wood  
1425 S Columbia Road  
Grand Forks, ND 58201  
701-662-1598  
Erin.Wood@lrsc.edu  
www.lrsc.edu  
EDUCATION

## Lake Region State College-GFAFB Campus

John Cowger  
344 Tuskegee Airmen  
Boulevard Grand Forks AFB,  
ND 58205  
701-594-8192  
John.Cowger@lrsc.edu  
www.lrsc.edu/grand-forks-afb  
EDUCATION

## Landa Business Law PLLC

Scott Landa  
2860 10th Ave N  
Grand Forks, ND 58203  
701-757-0983  
scott@landalaw.net  
www.landalaw.net  
ATTORNEYS

## Legacy Medical

322 Demers Avenue  
Grand Forks, ND 58201  
701-516-4637  
https://www.facebook.com/  
YourLegacyMedical/  
CLINICS, PHYSICIANS &  
SURGEONS

## Legacy Medical

Wilson, Jill  
2100 S. Columbia Rd, Ste 114  
Grand Forks, ND 58201  
701-516-4637  
jill.wilson@legacymedical.com  
http://legacymedical.com/  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT,  
HEALTH & WELLNESS

## Leighton Broadcasting 1310

KNOX/97 KYCK/1043 Cities  
FM/Rock 95/Z947  
Jarrod Thomas Spoor  
1185 9th St. NE  
Thompson, ND 58278  
701-775-4611  
jthomas@  
leightonbroadcasting.com  
www.leightonbroadcasting.com  
RADIO & TV

## Leisureland RV

Linda & Dave Peterson  
1819 Central Ave. NW  
East Grand Forks, MN 56721  
218-773-7464  
www.leisureland-rv.com  
R.V. SALES, PARTS &  
SERVICE

## Level Up Mental Health

Collaborative  
Lacy Suby  
2300 Library Circle  
Grand Forks, ND 58201  
701-757-0477  
Lacysuby@levelupmhc.com  
https://levelupmhc.com/  
MENTAL HEALTH CLINIC

## Liberty Business Systems, Inc.

Heidi Melendez  
3431 4th Ave S  
Fargo, ND 58103  
701-741-8504  
hmelendez@libertybusiness.com  
www.libertybusiness.com/  
OFFICE SERVICES,  
SUPPLIES / EQUIPMENT /  
FURNITURE

## Lifesong Family Music, LLC

Gretchen Kindseth  
1726 S. Washington St.  
Grand Forks, ND 58201  
218-790-3172  
gretchen.kindseth@  
childrensmusicacademy.org  
http://www.lifesongmusicstudio.com  
EDUCATION

## Lifestyle Storage

Russel Cray  
1900 S Washington St  
Grand Forks, ND 58201  
russel@craydev.com  
STORAGE FACILITIES

## Lighting Gallery, Inc.

Sonia Robertson  
3622 S. Washington St.  
Grand Forks, ND 58201-5433  
701-772-2402  
sonia@shopthelightinggallery.com  
www.shopthelightinggallery.com  
LIGHTING & ELECTRICAL  
WHOLESALE

## Lignite Energy Council

Kay LaCoe  
1016 E. Owens Ave.  
Bismarck, ND 58502-2277  
701-258-7117  
Kay.LaCoe@lignite.com  
www.lignite.com  
ADVERTISING SERVICES

## Lineage Logistics

Brett Storey  
5200 11th Ave S  
Grand Forks, ND 58201-3817  
701-335-5000  
bstorey@lineagelogistics.com  
STORAGE FACILITIES

## Little Miracles, Inc

Tammy Sayler  
2951 S 34th St  
Grand Forks, ND 58201  
701-772-3851  
tammy@littlemiraclesinc.com  
www.littlemiraclesinc.com  
PEDIATRIC THERAPY  
SERVICES

## Livewire

Kent Kolstad  
18 13 1/2 St N  
Fargo, ND 58102  
320-815-1288  
kent.kolstad@livewirenow.com  
livewirenow.com  
EVENT PLANNING

## LM Wind Power

Tricia Weber  
1580 S 48th Street  
Grand Forks, ND 58201  
701-780-9910  
trw@lmwindpower.com  
www.lmwindpower.com  
MANUFACTURING &  
PROCESSORS

## Local Ace Hardware

Brandon Buckalew  
1017 Central Avenue NW  
East Grand Forks, MN 56721  
218-773-7933  
egfhardware@gmail.com  
www.acehardware.com  
HARDWARE & LIGHTING

## Loffler Companies, Inc.

Mike Ketterl  
2600 DeMers Ave  
Grand Forks, ND 58201  
701-402-3854  
mike.ketterl@loffler.com  
https://www.loffler.com/  
locations/grand-forks-nd  
OFFICE SERVICES,  
SUPPLIES / EQUIPMENT /  
FURNITURE

## Love In Action

Doris Lebby  
414 University Avenue  
Grand Forks, ND 58203  
701-330-2830  
loveinactiongf@yahoo.com  
www.loveinactiongf.org  
NON-PROFIT  
ORGANIZATION

## LTD Properties Inc

Daniel Sampson  
100 N3rd St  
Grand Forks, ND 58203  
701-775-5311  
sampson230@msn.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## Lumber Mart

Bob Peabody  
1910 Business Hwy. 2  
East Grand Forks, MN 56721  
218-773-1151  
bob@lumbermarteast.com  
http://www.lumbermartinc.com/  
LUMBER, FUEL & BUILDING  
MATERIALS

## Luneth Plumbing & Heating Co.

David Kvídt  
1710 N. Washington St.  
Grand Forks, ND 58203-1426  
701-772-6631  
davek@luneth.com www.  
luneth.com  
HEATING & AIR  
CONDITIONING & PLUMBING

## M.A.G. LLC

Michael Grasso  
2605 Belmont Road  
Grand Forks, ND58201  
mgrasso1974@gmail.com  
AMUSEMENT &  
ENTERTAINMENT

## Mainstream Boutique

Linda Bunde  
2712 S Columbia Rd  
Grand Forks, ND 58201  
701-757-2003  
Lbunde@  
mainstreamboutique.com  
https://mainstreamboutique.com/pages/

## MAK Construction LLC

Marc Kuhn  
4575 32nd Ave S.  
Grand Forks, ND 58201  
701-330-8196  
info@makconstructiongf.com  
www.makconstructiongf.com  
CONTRACTORS &  
CONSTRUCTION SERVICES

## Make-A-Wish Foundation of North Dakota

Billi Jo Zielinski  
4143 26th Avenue South  
Fargo, ND 58104  
701-280-9474  
bzielinski@northdakota.wish.org  
www.northdakota.wish.org  
NON-PROFIT  
ORGANIZATION



# 2024 Membership Directory

## Mangata Medical Spa

Atlanta Hondl  
4303 S. Columbia Rd.  
Grand Forks, ND 58201  
701-757-1024  
info@MangataMedicalSpa.com  
www.MangataMedicalSpa.com  
SPAS & SALONS

## Manke Family Dentistry

Rory Manke  
1321 South Washington Street  
Grand Forks, ND 58201  
701-772-6901  
mankefamilydentistry@gmail.com  
www.mankedental.com  
DENTISTS

## Maple View Memory Care Community

Melisa Bachler  
4650 S Washington  
Grand Forks, ND 58206-5984  
701-772-3400  
melisab@mapleviewmemorycare.com  
www.LifeAtMapleView.com  
ASSISTED LIVING FACILITIES

## Marco

Hunter Bultema  
4510 Heatherwood Road  
St. Cloud, MN 56301  
701-775-0611  
hunter.bultema@marconet.com  
www.marconet.com  
OFFICE SERVICES, SUPPLIES / EQUIPMENT / FURNITURE

## Mary Kay Cosmetics - Jane Brueske, Sales Director

Jane Brueske  
2519 24th Ave. S.  
Grand Forks, ND 58201-6120  
701-740-5282  
jbrueske@rrv.net  
www.marykay.com/jbrueske  
COSMETICS / SKIN CARE

## Mayo Manufacturing

Mike Delisle  
2108 Business Hwy 2 East  
East Grand Forks, MN 56721  
218-773-1234  
mikedelisle@mayomfg.com  
www.mayomfg.com  
MANUFACTURING & PROCESSORS

## McDonald Dental Group

Peter & Christopher McDonald  
2830 South Columbia Road  
Grand Forks, ND 58201  
701-797-3025  
info@mcdonalddentistry.com  
www.mcdonalddentistry.com  
DENTISTS

## McDonald's - 32nd Ave

Mike Doherty  
2910 32nd Ave S  
Grand Forks, ND 58201-6024  
701-772-2410  
RESTAURANTS

## McDonald's - EGF

Mike Doherty  
1212 Central Ave NE  
East Grand Forks, MN 56721  
218-773-3922  
RESTAURANTS

## McDonald's - Gateway Dr.

Mike Doherty  
4340 Gateway Dr  
Grand Forks, ND 58203-2502  
701-746-7980  
RESTAURANTS

## McDonald's - S. Washington

Mike Doherty  
1125 S. Washington St.  
Grand Forks, ND 58201-5430  
701-772-0231  
RESTAURANTS

## McFarlane, Inc.

Mitch Price  
3473 N. Washington St  
Grand Forks, ND 58208-2095  
701-772-9511  
MPrice@mcfarlane-e3.com  
www.mcfarlane-e3.com  
HEATING & AIR CONDITIONING

## McGough Construction

Ryan Goodsen  
630 1st Ave N.  
Fargo, ND 58102  
701-639-6287  
ryan.goodsen@mcgough.com  
www.mcgough.com  
CONTRACTORS & CONSTRUCTION SERVICES

## McKenna & Associates, P.C.

Kevin Austin  
1515 S. Washington St.  
Grand Forks, ND 58201-9007  
701-772-4819  
Kevina@mckennacpas.com  
ACCOUNTANTS

## McKinnon Company

Phil Ring  
1002 S 48th Street  
Grand Forks, ND 58201-3828  
701-746-7344  
pring@mckinnonco.net  
http://www.mckinnon-company.com/  
BEVERAGE DEALERS

## Med Park Credit Union

Veronica Holweger  
2150 32nd Ave S, S E  
Grand Forks, ND 58201  
701-780-5733  
veronica@medparkcu.com  
www.medparkcu.com  
FINANCIAL SERVICES

## Medica Health Insurance

Vicki Christianson  
4340 18th Ave SW  
Fargo, ND 58103  
701-293-4703  
Vicki.christianson@medica.com  
https://www.medica.com  
INSURANCE AGENCIES / BROKERAGES

## Merry Maids

Marcus Benoit  
1407 24th Ave. S., Ste. 316  
Grand Forks, ND 58201-6773  
701-775-6778  
merrymaids@hotmail.com  
www.merrymaids.com  
CLEANING SERVICES/ SUPPLIES

## Mexican Village

Ben Heit & Kristyn Farmer  
1218 S Washington  
Grand Forks, ND 58201  
701-775-3653  
baheit@gmail.com  
www.mexicanvillagegf.com  
RESTAURANTS

## Michael S. Johnson DDS

Katie Johnson  
117 N. Washington St.  
Grand Forks, ND 58201  
701-746-1481  
centerforsmiledesign@midconetwork.com  
www.centerforsmiledesign.com  
DENTISTS

## Midco

Coleen Tweten  
2855 10th Ave N - Suite 300  
Grand Forks, ND 58203  
1-800-888-1300  
Coleen.Tweten@midco.com  
www.Midco.com  
RADIO & TV

## Midco Construction/Utilities

Justin Forde  
3251 32nd Ave S. Suite F  
Grand Forks, ND 58201  
800-888-1300  
justin.forde@midco.com  
https://www.midco.com/  
support/construction-support/  
underground-utilities/  
DEVELOPMENT

## Midco Data Center

Justin Forde  
50 22nd St E  
Fargo, ND 58078  
800-888-1300  
justin.forde@midco.com  
https://business.midco.com/  
services/data-centers/  
COMMUNICATIONS SALES & SERVICE

## Midtown Marketplace

Laura Dahlen Jessica Ford  
1900 S Washington St Suite E  
Grand Forks, ND 58201  
402-708-7430  
midtownmarketplacegf@gmail.com  
http://www.midtownmarketplacegf.com/  
RETAILERS

## Midwest Planning, LLC

Zach Bopp  
1119 9th Avenue SE  
East Grand Forks, MN 56721  
zach@mwplanning.com  
ENGINEERS

## Midwestern Masonry Inc.

Thomas Anderson  
18162 43rd Ave. SW  
East Grand Forks, MN 56721  
Tom.midwesternmasonry@gmail.com  
CONTRACTORS & CONSTRUCTION SERVICES

## Mike's Pizza & Pub

Sherry Aarnes  
411 2nd St NW  
East Grand Forks, MN 56721  
218-773-2479  
sherryjaarnes@hotmail.com  
www.mikespizzaegf.com  
RESTAURANTS

## Mikkelsen Consolidated, L.L.P.

Dan Mikkelsen  
449 Desiree Dr  
Grand Forks, ND 58201  
PROPERTY MANAGEMENT & DEVELOPMENT

## Millennium Systems Technology, Inc.

Terry Dvorak  
915 48th St. S  
Grand Forks, ND 58201  
701-772-6408  
Dvorak@MSTGF.com  
OFFICE SERVICES, SUPPLIES / EQUIPMENT / FURNITURE

## Miller Motivations, LLC

Mike Miller  
1688 16th St. NE  
Grand Forks, ND 58201  
701-741-6060  
mike@millermotivations.com  
www.millermotivations.com  
CONCRETE PRODUCTS

## Minn-Dak Growers, Ltd.

Harold Peterson  
4034 40th Ave N.  
Grand Forks, ND 58208-3276  
701-746-7453  
gm@minndak.com  
AGRICULTURE / AGRIBUSINESS

## Minne Movers

Gage Ausmus  
213 4th ave NW  
East Grand Forks, MN 56721  
701-347-1119  
gage@minnemovers.com  
www.minnemovers.com  
MOVING & STORAGE

## Minnkota Power Cooperative, Inc.

Robert 'Mac' McLennan  
5301 32nd Ave. S.  
Grand Forks, ND 58201  
701-795-4000  
mmclennan@minnkota.com  
www.minnkota.com/  
PUBLIC UTILITIES

## Mo's Cafe

Colin Beaumier  
1726 S. Washington St.  
Grand Forks, ND 58201  
701-757-0319  
colinbeaumier@gmail.com  
moscafeandforks.com  
RESTAURANTS

## Mobile Pro

Brian Bestge  
P.O. Box 1677  
Fargo, ND 58107  
701-356-7770  
brian@mobileproduction.net  
www.mobileproduction.net  
AUDIO / VIDEO SERVICE

## Modern Auto Body, Inc.

Scott Loscheider  
4075 South Washington  
Grand Forks, ND 58201-6733  
701-772-1649  
scott.mab@midconetwork.com  
www.modernautobodygf.com  
AUTOMOTIVE SUPPLIES & REPAIRS

## Modern Information Systems, Inc.

K.C. Inman  
205 Leeward Hills Lane  
Grand Forks, ND 58201  
218-779-8716  
kcinman@moderninformation.com  
www.moderninformation.com/  
FILING EQUIPMENT, SYSTEMS AND SUPPLIES

## Monarch Travel & Tours

Julie Conely  
1508 Central Ave NE  
East Grand Forks, MN 56721  
218-773-3344  
monarchtravel2002@yahoo.com  
www.monarchtraveltour.com  
TRAVEL AGENTS

## Moore Engineering Inc

Kent Ritterman  
404 4th St NW  
East Grand Forks, MN 56721  
701-373-5486  
kent.ritterman@mooreengineeringinc.com  
www.mooreengineeringinc.com  
ENGINEERS

## Morgan Printing, Inc.

Jennifer Erickson  
910 Central Ave NE  
East Grand Forks, MN 56721  
218-773-2577  
jennifer@morganprinting.com  
www.morganprinting.com  
PRINTING SERVICES

## Morgan Stanley

Chad DeTienne  
3105 A South Washington  
Grand Forks, ND 58201  
701-795-7680  
chad.detienne@morganstanley.com  
advisor.morganstanley.com/  
the-detienne-mercil-group  
FINANCE & INVESTMENT

## Mt. Everest 8,848

Binod Kharel  
2915 S Washington St Suite E  
Grand Forks, ND 58201  
701-740-2225  
kharelbinod0@gmail.com  
https://www.mounteverest8848.online/  
RESTAURANTS



# 2024 Membership Directory

## My Grand Cities

Kim Efta  
1375 S. Columbia Rd.  
Grand Forks, ND 58201  
218-791-6747  
kimmy@mygrandcities.com  
www.mygrandcities.com  
REALTORS

## My Place Hotels

JoLynn Berg  
1315 South 42nd Street  
Grand Forks, ND 58201  
701-757-1717  
grandforks@myplacehotels.com  
www.myplacehotels.com  
HOTELS & MOTELS

## MyAlly Health

Laura Spicer  
4700 South Washington St.  
Grand Forks, ND 58201  
701-757-2559  
laura@myallyhealth.org  
www.MyAllyHealth.org  
NON-PROFIT  
ORGANIZATION

## Nancy Devine

Nancy Devine  
518 27th Avenue South  
Grand Forks, ND 58201  
701-330-6354  
ndev1@yahoo.com  
INDIVIDUALS

## National Property Inspections - Tim Brown

Tim Brown  
3589 Norkota Ct  
Grand Forks, ND 58201  
218-791-7150  
timbrown@npidakmin.com  
www.npiweb.com/tbrown  
HOME INSPECTION

## Nautical Bowls of Grand Forks

Jen Helgeson  
3251 32nd Ave S, Suite A1  
Grand Forks, ND 58201  
Grandforks85@nauticalbowls.com  
Nauticalbowls.com  
RESTAURANTS

## NAV Innovators

Nancy Godon  
Grand Forks, ND 58201  
218-779-0282  
nancywebcopy@gmail.com  
www.navinnovators.com  
MARKETING

## ND Air National Guard

Rick Gibney  
1400 28th Ave. N.  
Fargo, ND 58102-1051  
701-241-7238  
GOVERNMENTAL AGENCIES

## ND Army National Guard

Lucas Klettke  
1501 S 48th St  
Grand Forks, ND 58201-3807  
701-792-4501  
lucas.r.klettke@mail.mil  
GOVERNMENTAL AGENCIES

## ND Division of Vocational Rehabilitation

David Kvasager  
1501 28th Avenue South  
Grand Forks, ND 58201-6727  
701-795-3100  
dkvasager@nd.gov  
www.nd.gov/dhs/dvr/  
EMPLOYMENT SERVICES

## ND Mill & Elevator

Vance Taylor  
1823 Mill Road  
Grand Forks, ND 58208-3078  
701-795-7277  
vtaylor@ndmill.com  
www.ndmill.com  
AGRICULTURE /  
AGRIBUSINESS

## ND Small Business Development Centers

Marnie Schuschke  
3125 Univ Ave, Stop 7308  
Grand Forks, ND 58202  
701-777-6825  
leadcenter@ndsdbc.org  
ndsdbc.org/  
BUSINESS SERVICES

## NDSU Extension Office Grand Forks County

Carrie Knutson  
151 South 4th Street Grand  
Forks, ND 58201-4715  
701-780-8229  
carrie.knutson@ndsu.edu  
www.ag.ndsu.edu/  
grandforkscountyextension/  
GOVERNMENTAL AGENCIES

## Nelson Auto (Chrysler Dodge Jeep Ram)

Alex Nelson  
2237 32nd Ave S  
Grand Forks, ND 58201  
alex@nelsongf.com  
www.nelsonauto.com  
AUTOMOBILE DEALERS

## Nelson Auto (Ford)

Alex Nelson  
2237 32nd Ave S  
Grand Forks, ND 58201  
alex@nelsongf.com www.  
nelsonautocenter.com  
AUTOMOBILE DEALERS

## Network Center, Inc.

Liv Tegenu  
2424 32nd Ave  
Grand Forks, ND 58201  
701-787-6300  
liv.tegenu@netcenter.net  
www.netcenter.net  
TECHNOLOGY

## Networking Specialists, Inc.

Brian Woinarowicz  
2397 Demers Ave.  
Grand Forks, ND 58201  
701-746-9234  
info@gfnetspec.com  
www.gfnetspec.com  
COMPUTER SALES /  
SERVICE

## Newman Outdoor Advertising

Laura Endres  
207 Park Ave  
Grand Forks, ND 58203  
701-741-0766  
lendres@newmanoutdoor.com  
www.newmansigns.com  
ADVERTISING OUTDOOR

## Newman Outdoor Advertising

Bill Kvasager  
2211 South Washington St.  
Grand Forks, ND 58201  
701-746-5436  
billk@newmanoutdoor.com  
www.newmansigns.com  
ADVERTISING OUTDOOR

## NextEra Energy Resources

Clay Cameron  
1551 Larimer Street #504  
Denver, CO 80202  
561-267-5044  
clay.cameron@nee.com  
DEVELOPMENT

## Nexus-PATH Family Healing

Sarah DeYonge  
4324 University Ave - Ste C  
Grand Forks, ND 58201  
701-775-7725  
sdeyonge@  
nexusfamilyhealing.org  
www.nexusfamilyhealing.org/  
nexus-path-family-healing  
NON-PROFIT  
ORGANIZATION

## Nodak Electric Cooperative, Inc.

Mylo Einarson  
4000 32nd Avenue S  
Grand Forks, ND 58208  
701-746-4461  
meinarson@nodakelectric.com  
www.nodakelectric.com  
PUBLIC UTILITIES

## Nodak Insurance Company - Kris Moen Agency

Kris Moen  
1913 S Washington  
Grand Forks, ND 58201  
701-757-1613  
kmoen@nodakins.com  
www.moeninsurance.com  
INSURANCE AGENCIES /  
BROKERAGES

## Nodak Insurance Peterka Agency

Josh Peterka  
1913 South Washington St.  
Grand Forks, ND 58201  
218-791-6789  
jpeterka@nodakins.com  
https://www.nodakins.com/  
agent.php?id=250&page=1  
INSURANCE AGENCIES /  
BROKERAGES

## Norby's Work Perks

Matt Norby  
11 South Fourth Street  
Grand Forks, ND 58208  
701-746-9441  
matt@norbys.com  
www.norbys.com  
OFFICE SERVICES,  
SUPPLIES / EQUIPMENT /  
FURNITURE

## North Dakota Ballet Company

Nicole Spoor  
1726 S. Washington St.  
Grand Forks, ND 58201  
701-746-6044  
nicole.spoor@  
northdakotaballet.org  
www.northdakotaballet.org  
ARTS

## North Dakota Chamber of Commerce

Arik Spencer  
2000 Schafer Street  
Bismarck, ND 58502-2639  
701-222-0929  
arik@ndchamber.com  
www.ndchamber.com  
CHAMBER OF COMMERCE

## North Dakota CPA Society

Sherre Sattler  
3100 S Columbia Rd  
Grand Forks ND 58201  
701-775-7111  
ssattler@ndcpas.org  
www.ndcpas.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

## North Dakota Eye Clinic

Nick Trapnell  
1820 42nd At. S.  
Grand Forks, ND 58201  
701-775-3151  
nickt@northdakotaeyeclinic.com  
www.northdakotaeyeclinic.com  
OPTICAL / OPTOMETRISTS

## North Dakota Museum of Art

Matthew Wallace  
261 Centennial Dr Stop 7305  
Grand Forks, ND 58202  
701-777-4195  
mwallace@ndmoa.com  
ndmoa.com  
ARTS

## North Dakota National Guard

Adam Helgeson  
1208 S. Washington St.  
Grand Forks, ND 58201  
701-795-3848  
adam.w.helgeson@mail.mil  
www.ndguard.com  
GOVERNMENTAL AGENCIES

## North Dakota Safety Council

Erika Erb  
4141 28th Ave S  
Fargo, ND 58104  
erikae@ndsc.org  
http://ndsc.org/

## North Dakota Women's Business Center

Christy Dauer  
701-223-0707  
christy@ctbnd.com  
www.ndwbc.com  
NON-PROFIT  
ORGANIZATION

## North Sky Construction LLC

Brad Gerken  
4200 James Ray Dr Grand  
Forks, ND 58203  
701-757-6720  
brad.gerken@northskyconst.com  
northskyconst.com  
CONTRACTORS &  
CONSTRUCTION SERVICES

## Northdale Oil

Marylee or Scott Reck  
607 Gateway Drive NE  
East Grand Forks, MN 56721  
218-773-4345  
missy@northdaleoil.com  
http://northdaleoil.com/  
PETROLEUM SERVICES

## Northdale Oil

Marylee or Scott Reck  
4400 32nd Ave S  
Grand Forks, ND 58201  
218-773-4345  
PETROLEUM SERVICES

## Northern Air Action Park

Bryan Lee  
1600 32nd Ave South  
Grand Forks, ND 58203  
701-757-4386  
bryan@northernairactionpark.com  
www.northernairactionpark.com  
ENTERTAINMENT

## Northern Bag and Box Company

Chuck Weingarten  
311 S 4th Street, Ste.109  
Grand Forks, ND 58206-5606  
701-746-6764  
chasnbcc@aol.com  
www.northernbagandbox.com/  
PACKAGING

## Northern Lights Council, Boy

Scouts of America  
Tony Eichten  
1701 Cherry Street  
Grand Forks, ND 58201  
612-716-8207  
Anthony.Eichten@scouting.org  
www.nlcbsa.org  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

## Northern Plains Dental PC

Devin Walker  
1323 2nd Ave. N.  
Grand Forks, ND 58203  
701-775-4289  
dgwdds@gmail.com  
DENTISTS

## Northern Plains Financial

Michael Elsberry  
305 South 4th Street  
Grand Forks, ND 58201  
701-314-1166  
mike1@1stallied.comwww.  
northernplainsfinancial.com  
FINANCE & INVESTMENT

## Northern Plains Potato Growers Association

Jacey Kuersteiner  
420 Business Highway 2  
East Grand Forks, MN 56721  
218-773-3633  
jkuersteiner@nppga.org  
www.nppga.org  
AGRICULTURE /  
AGRIBUSINESS



# 2024 Membership Directory

## Northern Plains Rail Services

Jerry Hegstrom  
114 Main St So  
Fordville, ND 58231  
701-229-3330  
jerry\_hegstrom@nprail.com  
<https://www.nprail.com/>  
RAIL TRUCK/CAR  
CONSTRUCTION & SERVICE

## Northern Plains UAS Test Site

Trevor Woods  
4201 James Ray Drive  
Grand Forks, ND 58202-8392  
701-777-6100  
tjwoods@nd.gov  
[www.npuasts.com/](https://www.npuasts.com/)  
GOVERNMENTAL AGENCIES

## Northern Plumbing Supply

Brian Goodman  
2010 Mill Road  
Grand Forks, ND 58208-4567  
701-775-3911  
brian.goodman@northernplumbing.com  
[www.northernplumbing.com](http://www.northernplumbing.com)  
HEATING & AIR  
CONDITIONING & PLUMBING

## Northern Roots Boutique Kay Derry

2550 S. Columbia Rd  
Grand Forks, ND 58201  
701-757-4277  
kay@shopnorthernroots.com  
<https://northern-roots-boutique-grand-forks.myshopify.com/>  
RETAILERS

## Northern Valley Federal Credit Union

Nancy Vodden  
3030 Demers Ave  
Grand Forks, ND 58201  
701-772-7922  
nvodden@northernvalleyfcu.com  
[www.northernvalleyfcu.com](http://www.northernvalleyfcu.com)  
FINANCIAL INSTITUTIONS

## Northern Valley Youth Orchestras

Naomi Welsh  
415 Demers Ave  
Grand Forks, ND 58201  
701-757-3009  
info@novyo.org  
[www.nvvo.org](http://www.nvvo.org)  
NON-PROFIT  
ORGANIZATION

## Northland Community & Technical College Sandy Kiddoo

2022 Central Avenue NE  
East Grand Forks, MN 56721  
218-793-2800  
Sandy.kiddoo@northlandcollege.edu  
[www.northlandcollege.edu](http://www.northlandcollege.edu)  
EDUCATION, SCHOOL

## Northland Custom Woodworking Inc.

Kevin Marcott  
502 Business Hwy 2  
East Grand Forks, MN 56721  
218-773-1721  
ncw@midconetwork.com  
[www.ncwegf.com](http://www.ncwegf.com)  
CABINET MANUFACTURING

## Northlands Rescue Mission

Sue Shirek  
420 Division Avenue  
Grand Forks, ND 58201  
701-772-6600  
sue@jointhemission.org  
[www.northlandsrescuemission.org](http://www.northlandsrescuemission.org)  
NON-PROFIT,  
ORGANIZATION

## Northridge (Hospitality & Construction)

Lindsey Schmitt  
1551 28th Ave. S. STE L  
Grand Forks, ND 58201  
701-772-4422  
Lindsey.schmitt@northridgenet.com  
[www.northridgenet.com](http://www.northridgenet.com)  
CONSTRUCTION &  
BUILDING TRADES

## Northrop Grumman Corporation

Mike Fridolfs  
2 Grand Sky BLVD  
Emerado, ND 58228  
701-747-5028  
Michael.Fridolfs@ngc.com  
[www.northropgrumman.com](http://www.northropgrumman.com)  
AVIATION MANUFACTURING

## Northside Cafe

Rick Hanson  
2950 10th Ave N  
Grand Forks, ND 58203  
701-738-8500  
rdh@gra.midco.net  
<http://www.northsidegfg.com/>  
RESTAURANTS

## Northwest Tire

Chad Hoff  
4850 Gateway Drive  
Grand Forks, ND 58203  
701-780-8473  
choff@nwtire.com  
[www.nwtire.com](http://www.nwtire.com)  
TIRES SALES & SERVICE

## Northwestern Mutual

JJ Safranski  
4050 Gardenvue Dr  
Grand Forks, ND 58201  
701-738-8303  
john.safranski@nm.com  
[grandforks.nm.com](http://grandforks.nm.com)  
FINANCE & INVESTMENT

## Northwood Park Townhomes

Angie Karow  
PO Box 340  
Walker, MN 56484-0340  
218-547-3307  
angiek@dwjonesmanagement.com  
<http://www.dwjonesmanagement.com/crookston>  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## Norwex - Stacey Brorson

Stacey Brorson  
Grand Forks, ND 58201  
218-779-9416  
stacey.brorson@gmail.com  
[www.staceybrorson.norwex.biz](http://www.staceybrorson.norwex.biz)  
DIRECT SALES

## Novum Business Services

Nicole Michael  
2534 17th Ave S  
Grand Forks, ND 58201  
701-757-3077  
nicole@wearenovum.com  
[www.wearenovum.com](http://www.wearenovum.com)  
PAYROLL

## Now or Never Nutrition

Fran Halvorson  
615 1st Ave N  
Grand Forks, ND 58203  
218-230-3115  
noworneverntimer@gmail.com  
[www.goherbalife.com/franhalvorson](http://www.goherbalife.com/franhalvorson)  
HEALTH & WELLNESS

## Nutrien Ag Solutions

Matthew Glessner  
4500 54th Ave North  
Grand Forks, ND 58203  
matt.glessner@nutrien.com  
[nutrienagsolutions.com](http://nutrienagsolutions.com)  
AGRICULTURE /  
AGRIBUSINESS

## Nystrom & Associates

Erin Saladin  
203 14th St. NE  
East Grand Forks, MN 56721  
701-501-8014  
ESALADIN@NYSTROMCOUNSELING.COM  
[www.nystromcounseling.com](http://www.nystromcounseling.com)  
MENTAL HEALTH CLINIC

## Obernel Engineering

Jeremiah Christensen  
2201 12th Street N #E  
Fargo, ND 58102-1803  
701-280-0500  
info@obernel.com  
<http://www.obernel.com/>  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

## Odney

Don Larson  
117 West Front St.  
Bismarck, ND 58501  
701-222-8172  
dlarson@odney.com  
[www.odney.com](http://www.odney.com)  
MARKETING

## The Office Pub & Grub

Scott Strom  
1210 South Washington Street  
Grand Forks, ND 58201  
701-757-1091  
scotts333@hotmail.com  
<https://www.facebook.com/The-Office-Pub-Grub-2431966770204119>  
BAR / BARS / LOUNGES /  
NIGHTCLUBS

## The Olive Ann Hotel

Allison Johnson  
14 N 4th St  
Grand Forks, ND 58201  
allison@322hg.com  
<https://www.theoliveannhotel.com/>  
HOTELS & MOTELS

## Olive Barrel

Jackie Nelson  
2100 S Columbia Rd Grand  
Forks, ND 58201  
701-757-1617  
olivebarrelgfg@gmail.com  
[www.olivebarrelgfg.com](http://www.olivebarrelgfg.com)  
RETAILERS

## Olson, Juntunen, Sandberg & Boettner

Zachary Boettner  
322 DeMers Ave - Suite 400  
Grand Forks, ND 58201  
701-775-4688  
zboettner@ojs-law.com  
ATTORNEYS

## The Opal Events Center

Sadie Gardner  
920 North 3rd Street - Suite C  
Grand Forks, ND 58203  
701-317-3255  
info@theopalgrandforks.com  
<https://www.theopalgrandforks.com/>  
EVENT PLANNING

## Opp Construction

Greg Opp  
Highway 81 North  
Grand Forks, ND 58203  
701-775-3322  
gregopp@oppconstruction.com  
[www.oppconstruction.com](http://www.oppconstruction.com)  
CONTRACTORS &  
CONSTRUCTION SERVICES

## Opticare-Forks Vision Clinic

Steve Gander, OD  
421 DeMers Ave NW  
East Grand Forks, MN 56721  
218-773-3438  
info@opticarevisionclinic.com  
[www.opticarevisionclinic.com](http://www.opticarevisionclinic.com)  
OPTICAL / OPTOMETRISTS

## Orchard Oil

Roger Orchard  
1401 N 2nd Street  
Grand Forks, ND 58206-5986  
701-772-1212  
orchardo@wktel.com  
PETROLEUM & PROPANE

## Outsider Entertainment

Todd Elfman  
1099 Thames Court  
Grand Forks, ND 58203  
701-757-4300  
Todd@outsiderentertainment.net  
[www.outsiderentertainment.net](http://www.outsiderentertainment.net)  
ENTERTAINMENT

## Overmoe & Nelson, Ltd.

Lowell Nelson  
200 First Avenue N #20  
Grand Forks, ND 58206-5439  
701-746-0437  
ACCOUNTANTS

## Oxford Realty

Mike Opp  
2009 13th Ave N  
Grand Forks, ND 58203  
701-772-2522  
mikeopp@oxfordrealtynd.com  
[www.oxfordrealtynd.com](http://www.oxfordrealtynd.com)  
REALTORS

## Oxford Realty LLC - David Blumkin

David Blumkin  
515 DeMers Ave  
Grand Forks, ND 58201-4528  
701-772-1000  
firstcalldavid@gmail.com  
[www.oxfordrealtynd.com](http://www.oxfordrealtynd.com)  
REALTORS

## Oxford Realty-Laurie Tweten

Laurie Tweten  
2880 19th Ave S.  
Grand Forks, ND 58203  
lthome4u@gmail.com  
REALTORS

## Pace Painting & Drywall

Jacob Green  
300 2nd Ave. NE  
East Grand Forks, MN 56721  
218-399-1002  
pacepainting@yahoo.com  
[www.pacepaintinganddrywall.com](http://www.pacepaintinganddrywall.com)  
PAINTING SERVICES

## Pampered Chef - Brenda Kovar

Brenda Kovar  
2310 Pembroke Dr  
Grand Forks, ND 58201  
218-779-7218  
bkkovar@aol.com  
[www.pamperedchef.biz/](http://www.pamperedchef.biz/)  
brendakovar  
DIRECT SALES

## Pampered Chef-Tonya Murphy

Tonya Murphy  
1102 Sunset Dr.  
Grand Forks, ND 58201-6858  
701-741-0958  
tcmurphy.pchef@gmail.com  
[www.pamperedchef.biz/](http://www.pamperedchef.biz/)  
tonyamurphy  
DIRECT SALES

## Pancratz Career Development Center

Kathy Lund  
3125 University Ave Stop 8098  
Grand Forks, ND 58202  
701-777-6852  
und.pancratzcenter@und.edu  
<http://business.und.edu/current-students/pancratz-career-center/index.cfm>  
CAREER SERVICES

## Paragon Chiropractic & Wellness Center

Kayne Griffith  
2860 10th Ave N  
Grand Forks, ND 58203  
701-757-1145  
drkaynegriffith@gmail.com  
[www.paragonchirogf.com](http://www.paragonchirogf.com)  
CHIROPRACTORS

## Paragon Pro Manufacturing Solutions

Tony Cooper  
7251 S. 42nd St.  
Grand Forks, ND 58201  
701-775-0551  
tony.cooper@paragonpromfg.com  
[www.paragonpromfg.com](http://www.paragonpromfg.com)  
MACHINERY &  
MANUFACTURING

## Park University

Edwin H. James  
344 Tuskegee Airmen Blvd.  
Grand Forks AFB, ND 58205  
701-594-2977  
ejames@park.edu  
[www.park.edu/graf/](http://www.park.edu/graf/)  
EDUCATION



# 2024 Membership Directory

**Parkwood Senior Living**  
Chivon Stegmiller  
749 South 30th Street  
Grand Forks, ND 58201-4084  
701-757-2727  
chivon.stegmiller@edgewoodvista.com www.edgewoodhealthcare.com  
ASSISTED LIVING FACILITIES

**OpXUAS**  
Joe Cozart  
375 2nd Ave N.  
Grand Forks, ND 58203  
701-885-2684  
joecozart@outlook.com  
CONSULTING

**Pearson Christensen, PLLP**  
Daniel Gaustad  
24 N. 4th St.  
Grand Forks, ND 58203  
701-775-0521  
dan@grandforkslaw.com  
www.grandforkslaw.com  
ATTORNEYS

**Pediatric Partners, now a member of Sevita**  
Renee Theisen  
1819 S. Wash. St.  
Grand Forks, ND 58201  
701-757-3045  
renee.theisen@sevitahealth.com  
https://jobs.sevitahealth.com/us/en/north-dakota-jobs  
PEDIATRIC THERAPY SERVICES

**Performance Chiropractic PLLC**  
Dr. Stacy Hallgren  
4350 S. Washington St.  
Grand Forks, ND 58201  
701-732-2888  
www.performancechiropracticnd.com  
CHIROPRACTORS

**Petcetera Animal Clinic**  
Stacy Lord  
1150 40th Avenue S  
Grand Forks, ND 58201-7236  
701-775-0549  
drlord@live.com  
www.petcgfk.com  
VETERINARIANS

**Peterson Veterinary Clinic**  
Kyle Peterson  
229 20th St. NW  
East Grand Forks, MN 56721-1301  
218-773-2401  
k.peterson@petersonvet.com  
www.petersonvet.com  
VETERINARIANS

**Petopia**  
Travis Horney, Katie Olson  
920 N 3RD ST  
Grand Forks, ND 58203  
701-757-0104  
Petopiagf@outlook.com  
PET SERVICES

**Phil Thompson & Associates**  
Laura Bisenius  
140 Gateway Dr NE  
East Grand Forks, MN 56721  
218-207-2296  
laura@ptaofwarren.com  
https://philthompsonandassociates.com/  
ACCOUNTANTS

**Philadelphia Macaroni Company**  
Tony Pierce  
1801 N.36th St.  
Grand Forks, ND 58203-0801  
701-772-0080 Ext. 411  
tpierce@philamacaroni.com  
www.philadelphiamacaroni.com  
FOOD MANUFACTURERS

**Pifer's Auction & Realty**  
Bob Pifer  
997 47th Ave S.  
Grand Forks, ND 58201  
877-477-3105  
bob@pifers.com  
www.pifers.com  
AUCTIONEERS

**Pizza Ranch**  
Scott Heilman  
3750 32nd Avenue South  
Grand Forks, ND 58201  
701-775-2222  
grandforks@pizzaranch.com  
www.pizzaranch.com  
RESTAURANTS

**Plains Chiropractic & Acupuncture**  
Carson Muth  
3750 32nd Ave S #103  
Grand Forks, ND 58201  
701-775-1034  
info@plainschiropractic.com  
www.plainschiropractic.com  
HEALTH & WELLNESS

**Play It Again Sports**  
Dale McLeod  
1726 S. Wash St - Ste 8  
Grand Forks, ND 58201  
701-795-1424  
plasgfbusiness@gmail.com  
https://www.playitagainsports.com/locations/grand-forks-nd  
SPORTS STORES

**PlayIt!**  
Christopher Arthur  
2767 32nd Ave S  
Grand Forks, ND 58201  
701-747-0036  
christopherarthur5088@gmail.com  
www.play-it.fun  
SPORTS FACILITY / COMPLEX

**Playmakers All American Lounge**  
Jeff Demarcke  
1000 S. 42nd Street  
Grand Forks, ND 58201-3927  
701-792-1945  
grandforks@canadinns.com  
www.canadinns.com  
RESTAURANTS

**Plaza Motel**  
Shirley Norman  
309 DeMers Ave  
East Grand Forks, MN 56721  
218-773-1179  
plazamotelegf@hotmail.com  
HOTELS & MOTELS

**Polk County DAC**  
Jean Ann Bienek  
936 1st Ave NE  
East Grand Forks, MN 56721  
218-773-0530  
jabienek.dac@midconetwork.com  
NON-PROFIT ORGANIZATION

**Power Plate Meals**  
Kari Kackman  
4491 S. Washington St  
Grand Forks, ND 58201  
701-203-8308  
kkackman@powerplatemeals.com  
www.powerplatemeals.com  
HEALTH & WELLNESS

**Prairie Business Magazine**  
Carrie McDermott  
3535 S 31st St, Suite 205  
Grand Forks, ND 58201  
cmcdermott@prairiebusinessmagazine.com  
prairiebusinessmagazine.com  
PUBLISHERS

**Prairie Harvest Mental Health**  
Deb Johnson  
930 N. 3rd St.  
Grand Forks, ND 58203-2408  
701-795-9143  
info@prairieharvest.net  
www.prairieharvest.net  
NON-PROFIT ORGANIZATION

**Praxis Strategy Group**  
Delore Zimmerman  
33 S. 3rd St.  
Grand Forks, ND 58201  
701-775-3354  
delore@praxisg.com  
www.praxisg.com/  
RESEARCH & CONSULTANTS

**Premier Equipment**  
Jenny Breidenbach  
2904 Gateway Dr  
Grand Forks, ND 58203  
701-757-1647  
jenny@premierequips.com  
www.premierequips.com  
CONSTRUCTION EQUIPMENT

**Premier Signs, LLP**  
Nick Aakhus  
PO Box 54  
Fertile, MN 56540  
218-637-3000  
premier@gvtel.com  
www.premiersignsllp.com/  
ADVERTISING OUTDOOR

**Premium Waters, Inc.**  
Keith Ostlund  
1523 Dyke Avenue  
Grand Forks, ND 58203-3442  
701-792-3444  
Keith.Ostlund@premiumwaters.com  
www.premiumwaters.com/  
BEVERAGE DEALERS

**Pringle & Herigstad P.C.**  
Jim Nostdahl  
202 N. 3rd St. Suite 200  
Grand Forks, ND 58201  
701-775-9000  
www.pringlelaw.net  
ATTORNEYS

**Priority Title, LLC.**  
Rochelle Greenberg  
3651 S. Columbia Rd., Ste. B  
Grand Forks, ND 58201  
701-772-3756  
rochelle@prioritytitlegf.com  
INSURANCE AGENCIES / BROKERAGES

**Pro Land | Snow**  
Tim Stevens  
1301 Central Ave NW  
East Grand Forks, MN 56721  
701-203-3397  
tim@prolandsnow.com  
www.prolandsnow.com  
LAWN CARE / SNOW REMOVAL

**Pro Transport & Leasing, Inc.**  
Art Bakken  
4655 28th Ave S  
Grand Forks, ND 58201  
701-775-5346  
aob@protransport.net  
TRUCKING

**Probitas Promotions**  
Matt Fischer  
1123 N. 42nd St.  
Grand Forks, ND 58203  
701-746-1211  
m.fischer@probitaspromo.com  
www.probitaspromo.com  
ADVERTISING PRODUCTS

**Profile Plan**  
Kris Anderson  
1375 S. Columbia Rd  
Grand Forks, ND 58201  
701-317-7071  
kris.anderson@profileplan.com  
www.profileplan.net  
HEALTH & WELLNESS

**Proven Ag Solutions, LLC.**  
Andy Thompson  
504 Ash Ave  
Wyndmere, ND 58081  
701-535-0583  
provenagND@gmail.com  
www.facebook.com/profile.php?id=100069907082520  
AGRICULTURE / AGRIBUSINESS

**PS Garage Doors**  
Josh Gruenberg  
4733 Demers Ave  
Grand Forks, ND 58201  
701-772-3667  
jgruenberg@psgaragedoors.com  
psgaragedoors.com  
CONTRACTORS & CONSTRUCTION SERVICES

**PS Industries Incorporated**  
Cory Melland  
1150 S. 48th St.  
Grand Forks, ND 58201  
701-746-4519  
4psinfo@psindustries.com  
www.psindustries.com  
MANUFACTURING & PROCESSORS

**Public Arts Commission**  
PO Box 5330  
Grand Forks, ND 58206  
info@publicartnd.org www.publicartnd.org  
ARTS

**PUCKS Commercial Cleaning**  
Mike Pokrzywinski  
406 3rd Ave NW  
East Grand Forks, MN 56721  
218-773-7503  
mike@puckscommercial.com  
www.puckscommercial.com  
CLEANING SERVICES/ SUPPLIES

**Quality Inn Columbia Mall**  
Smiley Thakker  
3251 30th Ave. South  
Grand Forks, ND 58201  
701-775-7503  
thackersmiley@hotmail.com  
www.qualityinn.com/hotel/nd003  
HOTELS & MOTELS

**R.J. Zavoral & Sons, Inc.**  
Dave Zavoral  
1706 Bygland Rd SE  
East Grand Forks, MN 56721  
218-773-0586  
dave@rjzavoral.com  
www.rjzavoral.com  
CONTRACTORS & CONSTRUCTION SERVICES

**Rachel's Poop N' Scoop & Other Services**  
Rachel Rakoczy  
324 6th St  
Thompson ND, 58278  
701-740-1221  
ICleanUpGF@gmail.com  
ICleanUpGF.com  
PET SERVICES

**Ralph Engelstad Arena**  
Jody Hodgson  
One Ralph Engelstad Arena Dr.  
Grand Forks, ND 58203  
701-777-4167  
jodyh@theralph.com www.theralph.com  
ENTERTAINMENT

**Ramada Inn**  
Smiley Thakker  
1205 N. 43rd St.  
Grand Forks, ND 58203  
701-775-3951  
thackersmiley@hotmail.com  
www.ramada.com  
HOTELS & MOTELS

**Ray Holmberg**  
Ray Holmberg  
621 High Plains Court  
Grand Forks, ND 58201-7717  
701-739-5334  
rayholmberg621@gmail.com  
INDIVIDUALS



# 2024 Membership Directory

## RDO Equipment Company

Dana Larson  
6565 Gateway Drive  
Grand Forks, ND 58206-5787  
701-772-4842 dlarson@  
rdoequipment.com  
www.rdoequipment.com  
CONSTRUCTION  
EQUIPMENT

## ReadiTech IT Solutions

Mark Westacott  
2600 DeMers Avenue - 104b  
Grand Forks, ND 58208-3477  
701-775-5512  
mwestacott@readitech.com  
www.readitech.com  
COMPUTER SALES /  
SERVICE

## Red River Biorefinery, LLC

Aaron Riedell  
2355 N 39th St  
Grand Forks, ND 58203  
701-757-7300  
Aaron.Riedell@  
redriverbiorefinery.com  
www.redriverbiorefinery.com  
MANUFACTURING &  
PROCESSORS

## Red Ray Lanes

Kathy Flynn  
2105 S. Washington Street  
Grand Forks, ND 58201  
701-775-0663  
jhflynn@invisimax.com  
RECREATION, BAR / BARS /  
LOUNGES / NIGHTCLUBS

## Red River Children's Advocacy Center

Heidi Schultz  
1407 24th Ave. S., Suite C  
Grand Forks, ND 58201  
701-234-4580  
development@rrcac.com  
www.rrcac.org/  
NON-PROFIT  
ORGANIZATION

## Red River Farm Network

Don Wick  
997 47th Ave. South, Unit 2  
Grand Forks, ND 58201-6761  
701-795-1315  
don@rrfn.com  
www.rrfn.com/  
MEDIA

## Red River Land Company

Chris Griffin  
3100 S. Columbia Rd.  
Grand Forks, ND 58201  
701-757-1888  
chris@redriverlandco.com  
www.redriverlandco.com  
REALTORS

## Red River Regional Council

Dawn Mandt  
516 Cooper Avenue  
Grafton, ND 58237  
701-352-3550  
Dawn@redriverrc.com  
www.redriverrc.com  
BUSINESS SERVICES

## Red River State Recreation Area

Catherine Johnson  
515 2nd Street NW  
East Grand Forks, MN 56721  
218-773-4950  
redriver.statepark@state.  
mn.us  
www.dnr.state.mn.us/state\_  
parks/red\_river  
RECREATION

## Red River Tax & Accounting

Jody Dagel  
3224 45th Ave S  
Grand Forks, ND 58201  
701-335-3250  
jody@redrivertax.com  
ACCOUNTANTS

## Red River Valley Habitat for Humanity

Marisa Saucedo  
PO Box 5415  
Grand Forks, ND 58206  
701-772-4418  
marisa@rvrhabitat.com  
https://www.rvrhabitat.com/  
NON-PROFIT  
ORGANIZATION

## Red River Valley Motorcyclists

Tim Gowan  
PO Box 13864  
Grand Forks, ND 58208-3864  
218-695-2820  
rrvmnd.org@gmail.com  
www.rrvmnd.org  
NON-PROFIT  
ORGANIZATION

## Red Wing Shoes

Brad McGauvran  
2475 32nd Ave S - #5  
Grand Forks, ND 58201  
701-772-4641  
rss471@redwingshoes.com  
www.redwingshoes.com  
RETAILERS

## RehabAuthority

Kirk Hayes  
701 Demers Ave., Suite B  
Grand Forks, ND 58201  
701-772-2200  
kirkhayes@rehabauthority.com  
www.rehabauthority.com  
PHYSICAL THERAPISTS

## Relate Care Clinic

Jill Chandler  
2810 17th Ave So.  
Grand Forks, ND 58201  
701-746-8866  
director@relatecare.org  
www.gfwpc.org  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

## Reliance Telephone Systems Inc.

Mark Hangsleben  
118 Gateway Drive NWEast  
Grand Forks, MN 56721  
218-773-7553  
mark@  
reliancetelephonesystems.com  
www.  
reliancetelephonesystems.  
com/  
COMMUNICATIONS SALES &  
SERVICE

## ReMax Grand, LLC

Sandy Meyer  
1375 S Columbia Road  
Grand Forks, ND 58201  
701-772-0061  
remaxgrandsandy@gmail.com  
www.MyGrandRealty.com  
REALTORS

## Resource Auction

Annie Gorder  
3350 So Columbia Rd Suite A  
Grand Forks, ND 58201  
701-757-4015  
agorder@resourceauction.com  
www.resourceauction.com  
AUCTIONEERS

## Retrax Holdings, LLC

Jon Fargo  
5400 32nd Ave. S.  
Grand Forks, ND 58201  
701-746-5596  
Jon.Fargo@realtruck.com  
www.retrax.com  
TRUCK ACCESSORIES &  
EQUIPMENT

## Revelation Ale Works

Ryan Evenson  
146 S Atlantic Ave  
Hallock, MN 56728  
218-526-0576  
Ryan@revaless.com  
www.revaless.com  
BREWERY

## Rhombus Guys

Arron Hendricks  
312 Kittson Ave  
Grand Forks, ND 58201  
701-787-7317  
rhombus\_guys@hotmail.com  
www.rhombuspizza.com  
RESTAURANTS

## Rhombus Guys Brewing Company

Matt Winjum  
116 South 3rd St.  
Grand Forks, ND 58203  
701-757-0598  
rhombus\_guys@hotmail.com  
http://rhombusguysbrewing.  
com/  
BREWERY

## Right Choice Electric Inc

Josh Grinde  
2104 Mill Road  
Grand Forks, ND 58203  
701-775-7114  
joshg@rightchoicelc.net  
www.rightchoicelc.net  
ELECTRICIANS

## Rivard's Turf & Forage Inc

Larry Rivard  
3150 - 27th Ave N  
Grand Forks, ND 58203  
800-731-5765  
sales@rivards.com  
www.rivards.com  
MANUFACTURING &  
PROCESSORS

## River Cinema 15

Penny Stai  
211 DeMers Ave.  
East Grand Forks, MN 56721  
218-773-1059  
stai\_77@hotmail.com  
www.rivercinema15.com  
ENTERTAINMENT

## River Cities Speedway

Monica Evavold  
2300 Gateway Dr.  
Grand Forks, ND 58203  
701-780-0999  
monicaev@gra.midco.net  
www.rivercityspeedway.com  
AMUSEMENT &  
ENTERTAINMENT

## River Towne Properties, Inc.

Judd Stauss  
1720 5th Ave NE  
East Grand Forks, MN 56721  
218-773-3466  
jstauss@centurypropertiesegf.  
com  
www.rtpgef.com  
PROPERTY MANAGEMENT  
& DEVELOPMENT

## Riverside Christian School

Sheri Moonen  
610 2nd Ave. NE  
East Grand Forks, MN 56721  
218-773-1770  
sherim@rcsrams.org  
www.rcsrams.org  
EDUCATION

## RiverView Clinic

Lance Norman  
1428 Central Avenue NE  
East Grand Forks, MN 56721  
218-773-1390  
LNorman@riverviewhealth.org  
www.riverviewhealth.org  
CLINICS, PHYSICIANS &  
SURGEONS

## RiverView Clinic - Crookston

323 South Minnesota St.  
Crookston, MN 56716  
218-281-9595  
www.riverviewhealth.org  
CLINICS, PHYSICIANS &  
SURGEONS

## RML Trading, LLC

Bob Lebacken  
1200 N. 47th St., Ste. B  
Grand Forks, ND 58203  
701-775-1008  
bobl.admbq@midconetwork.  
com  
www.rmltradingllc.com/  
AGRICULTURE /  
AGRIBUSINESS

## Robin Hood Business Services

Scott Fricke  
19540 138th Ave. NE  
Thief River Falls, MN 56701  
218-688-2204  
mycardguys@gmail.com  
yourhero.biz  
FINANCIAL SERVICES

## The Rock Bottle Shop

Jamie Kalash  
1730 13th Ave N - Suite 2  
Grand Forks, ND 58203  
701-772-2631  
therockowners@gmail.com  
http://www.rockbottleshop.com/  
LIQUORS -- OFF SALE

## Rodeway Inn

Smiley Thakker  
3300 30th Ave. S.  
Grand Forks, ND 58201-6032  
701-746-1392  
www.rodewayinn.com  
HOTELS & MOTELS

## Rogers Construction, Inc.

Rich Brummond  
1511 S. Washington St.  
Grand Forks, ND 58208-3021  
701-772-6388  
rogersconstructiongf@yahoo.  
com  
CONTRACTORS &  
CONSTRUCTION SERVICES

## Rollin on the River Marathon

Amy Enget  
PO BOX 5098  
Grand Forks, ND 58201  
701-330-7175  
gfrollinontheriver@gmail.com  
gfinline.com/  
RECREATION

## Ron & Nick Adams Farms

Nick Adams  
165 16th Street Northeast  
Reynolds, ND 58275  
701-847-2685  
nickadams@madamsfarms.  
com  
AGRICULTURE /  
AGRIBUSINESS

## Roos & Associates - A Division of Advanced Ag Services LLC

Karissa Grube  
4491 S. Washington St  
Grand Forks, ND 58201  
701-779-9975  
kgrube@advancedagservices.  
net  
www.roosusa.net  
APPRAISERS

## Rosenquist Law Office

Kerry Rosenquist  
2750 S 26th St. Ste C  
Grand Forks, ND 58201  
701-775-0654  
lawinfo@rosenquistlawoffice.  
com  
rosenquistlawoffice.com  
ATTORNEYS

## Ruffing It Dog Daycare, Dog Grooming, Dog Boarding, Doggie Bakery, Homemade Treats

Joy Hagen  
1521 DeMers Ave  
Grand Forks, ND 58201  
701-780-0700  
ruffingitddc@hotmail.com  
www.ruffingitgf.com  
PET SERVICES

## Russell Hons Photography

Russell Hons  
78 Edgewood Ct.  
Grand Forks, ND 58201  
701-739-0933  
russ.hons@russ.hons.com  
www.russellhonsphotography.  
com/  
PHOTOGRAPHERS



# 2024 Membership Directory

## **Rydel Chevrolet Buick GMC Cadillac**

Brian Rydell  
2700 South Washington  
Grand Forks, ND 58201  
701-772-7211  
brian@rydellcars.com  
www.RydellCars.com  
AUTOMOBILE DEALERS

## **Rydel Honda Nissan of Grand Forks**

Brian Rydell  
3220 South Washington  
Grand Forks, ND 58201  
701-746-9323  
brian@rydellcars.com  
www.RydellCars.com  
AUTOMOBILE DEALERS

## **Rydel Toyota of Grand Forks**

Brian Rydell  
2473 32nd Ave S  
Grand Forks, ND 58201  
701-787-6259  
http://www.rydelltoyota.com/  
AUTOMOBILE DEALERS

## **S & S Promotional Group, Inc.**

Brad Ness  
1375 S. Columbia Rd.  
Grand Forks, ND 58201  
701-772-2226  
bness@sspromotionalgroup.com  
www.sspromotionalgroup.com  
ADVERTISING PRODUCTS

## **S-Y Commodities**

Scott Field  
2864 40th Ave S  
Grand Forks, ND 58201  
612-618-1084  
scottwfield@yahoo.com  
COMMODITY BROKERS

**Sacred Heart School**  
**Carl Adolphson**  
**200 3rd St. NW**  
**East Grand Forks, MN 56721**  
**218-773-0877**  
**cadolphson@**  
**sacredheartegf.net**  
**www.sacredheartegf.net**  
**EDUCATION**

## **Sage Legal, PLLC**

Skyler Johnson  
404 4th St. NW  
East Grand Forks, MN 56721  
218-399-0238  
becky@sagelegalpllc.com  
www.sagelegalpllc.com  
ATTORNEYS

## **Salon 222**

Marquita Pokrzywinski  
222 4th St NW  
East Grand Forks, MN 56721  
218-773-0009  
Salon222@icloud.com  
BARBERS & BEAUTY  
SALONS

## **The Salvation Army**

Paul & Amy Jo Ferguson  
1600 University Ave  
Grand Forks, ND 58203-3465  
701-775-2597  
paul.ferguson@usc.salvationarmy.org  
www.grandforkssa.org  
NON-PROFIT  
ORGANIZATION

## **Sam's Club**

Nicole Espinoza  
2501 32nd Ave. S.  
Grand Forks, ND 58201-6542  
701-795-9449  
n0g00rr.s06385.us@samsclub.com  
www.samsclub.com  
GROCERY SUPPLY

## **Sand Steel Building Co.**

Dan Herrig  
101 Browell Street  
Emerado, ND 58228-0129  
701-594-4435  
sandsteel@midconetwork.com  
CONTRACTORS &  
CONSTRUCTION SERVICES

## **Sanford Health 621 Demers Ave Clinic**

Justin Stromme  
621 Demers Avenue  
East Grand Forks, MN 56721  
218-773-5857  
justin.stromme@sanfordhealth.org  
http://www.sanfordhealth.org  
CLINICS, PHYSICIANS &  
SURGEONS

## **Sanford Health 625 Demers Ave Clinic**

Justin Stromme  
625 Demers Ave  
East Grand Forks, MN 56721  
218-773-5900  
justin.stromme@sanfordhealth.org  
http://www.sanfordhealth.org  
CLINICS, PHYSICIANS &  
SURGEONS

## **Sanford Health 929 Central Ave Clinic**

Justin Stromme  
929 Central Ave NW  
East Grand Forks, MN 56721  
218-773-6800  
justin.stromme@sanfordhealth.org  
www.sanfordhealth.org  
CLINICS, PHYSICIANS &  
SURGEONS

## **Sanford Health Equip**

Kassy Gehrls  
2600 DeMers Ave  
Grand Forks, ND 58201  
218-773-5840  
equipinfo@sanfordhealth.org  
www.sanfordhealthequip.com  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

## **Sanford Health Grand Forks Clinic**

Justin Stromme  
1750 47th Ave South  
Grand Forks, ND 58201  
justin.stromme@sanfordhealth.org  
http://www.sanfordhealth.org/  
CLINICS, PHYSICIANS &  
SURGEONS

## **Sanny & Jerry Ryan Center for Prevention & Genetics**

Heidi Panos  
4401 S 11th St  
Grand Forks, ND 58201  
701-780-2386  
hpanos@altru.org  
www.altru.org/prevention  
HEALTH & WELLNESS

## **Scheels All Sports**

Wray Wright  
2800 South Columbia Road  
Grand Forks, ND 58201  
701-780-9424  
wwright@scheels.com  
www.scheels.com  
SPORTS STORES

## **SCORE - Grand Forks**

Steve Moser  
UND Center of Innovation  
Grand Forks, ND 58203  
701-746-5851  
steve.moser@scorevolunteer.org  
www.score.org/grandforks  
NON-PROFIT  
ORGANIZATION

## **Senior Healthcare**

Phil Gisi  
749 South 30th Street  
Grand Forks, ND 58201  
https://www.edgewoodhealthcare.com/  
HEALTH & WELLNESS

## **Sertoma Club of Greater Grand Forks**

Kay Derry  
PO Box 12832  
Grand Forks, ND 58208-2832  
701-741-0952  
gfsertoma@gmail.com  
https://www.facebook.com/pages/Sertoma-of-Greater-Grand-Forks/89166281523  
NON-PROFIT  
ORGANIZATION

## **Service Credit Union**

Timothy Haddock  
589 Holzapple Street  
Grand Forks AFB, ND 58204  
701-594-3347  
thaddock2@servicecu.org  
www.servicecu.org  
FINANCIAL SERVICES

## **ShareHouse Foundation**

**Julie Rivenes**  
**1122 N 43rd St**  
**Grand Forks, ND 58203**  
**701-282-6561**  
**jrivenes@sharehouse.org**  
**sharehouse.org**  
**ADDITION SERVICES**

## **The Shire Bar & Grill Penny Stai**

**211 Demers Ave**  
**East Grand Forks, MN 56721**  
**218-399-0230**  
**theshirebarandgrill@outlook.com**  
**https://www.facebook.com/The-Shire-Bar-Grill-101725845541695**  
**RESTAURANTS, LOUNGES & LIQUORS**

## **Shooting Star Casino**

Eugene 'Zeke' Klinke  
777 SE Casino Rd  
Mahnomon, MN 56557  
800-453-7827  
eklinke@starcasino.com  
www.starcasino.com  
AMUSEMENT &  
ENTERTAINMENT

## **Sigma Defense Systems**

Julie Maki  
701 Eielson Street  
Grand Forks Air Force Base,  
ND 58205  
701-747-4423  
julie.maki.2.ctr@us.af.mil  
www.sigdef.com  
PROJECT MANAGEMENT

## **Simmons Multimedia**

Jackie Dvorak  
856 W 12th Street  
Grafton, ND 58237  
701-352-0431  
jackie@getsimmsonmedia.com  
www.myborderland.com  
RADIO, TV and BILLBOARD  
ADVERTISING

## **Simonson Lumber and Design Center**

Nate Snyder  
3615 Gateway Dr.  
Grand Forks, ND 58201  
701-775-4292  
nathaniels@simonsonlumber.com  
www.simonsonlumber.com  
LUMBER, FUEL & BUILDING  
MATERIALS

## **SimplyMaid**

Katie Stauss  
PO Box 13656  
1020 S. Wash. St., Ste A  
Grand Forks, ND 58208-3656  
701-765-3069  
info@gosimplymaid.com  
www.gosimplymaid.com  
CLEANING SERVICES/  
SUPPLIES

## **SIN BIN Kitchen Bar Casino**

Nathan Lappegaard  
4401 S. Washington St  
Grand Forks, ND 58201  
701-757-0658  
contact@sinbinGF.com  
sinbingf.com  
RESTAURANTS, LOUNGES &  
LIQUORS

## **SitelogIQ, Inc.**

Kevin Madden  
80 South 8th Street  
Minneapolis, MN 55402  
888-819-0041  
Kevin.Madden@Sitelogiq.com  
www.sitelogiq.com  
BUSINESS SERVICES

## **Ski & Bike Shop**

Pat White & Simon Murphy  
3610 S Washington St Suite B  
Grand Forks, ND 58201-6335  
701-772-5567  
skibikes@midconetwork.com  
www.skiandbikeshop.net/  
SPORTS STORES

## **Skies 322**

Dan Toop  
322 DeMers Ave.  
Grand Forks, ND 58201  
701-746-8970  
dan.toop@322hg.com  
www.skyscloud9.com  
RESTAURANTS

## **Skinner Roofing**

Todd Krueger  
3013 27th Ave N  
Grand Forks, ND 58201  
701-772-3636  
toddk@skinnerroofing.com  
skinnerroofing.com

## **Sleep Inn and Suites**

Jessica Hogue  
1350 South 42nd St  
Grand Forks, ND 58201  
701-757-2900  
jessica.hogue@northridgenet.com  
http://www.sleepinn.com/hotel-grand-forks-north\_dakota-ND052  
HOTELS & MOTELS

## **Sleep Wellness Center**

Marcia Nelson  
2424 32nd Ave. S.  
Grand Forks, ND 58201  
701-746-7378  
marcia.nelson@winmarsleep.com  
www.winmarsleep.com  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

## **Small Business Administration**

Al Haut  
657 Second Avenue North  
 Fargo, ND 58102  
701-239-5131  
north.dakota@sba.gov  
https://www.sba.gov/district/north-dakota  
GOVERNMENTAL AGENCIES

## **Something Sweet, LLC**

Megan Werven  
620 8th Ave S  
Grand Forks, ND 58203  
612-352-7351  
somethingsweetgf@gmail.com  
https://www.somethingsweetgf.com/  
BAKERIES

## **South Hampton Townhome Apts.**

Scott Stauss  
3001 36th Avenue S.  
Grand Forks, ND 58201  
701-775-5544  
scott@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT



# 2024 Membership Directory

**Southern Estates, INC.**  
Guy Useldinger  
2293 43rd Ave S  
Grand Forks, ND 58208-2305  
218-791-0489  
gdinge@midconetwork.com  
PROPERTY MANAGEMENT & DEVELOPMENT

**Spare Husband, Inc.**  
Ken Vasek  
1708 Central Ave NE  
East Grand Forks, MN 56721  
218-773-3700  
sparehusband@invisimax.com  
www.sparehusband.com  
HANDYMAN SERVICES

**Special Olympics North Dakota**  
Ally Grainger  
2616 S 26th St  
Grand Forks, ND 58201  
701-203-3485  
development@specialolympicsnd.org  
http://www.specialolympicsnd.org  
NON-PROFIT ORGANIZATION

**Spectra Health**  
Mara Jiran  
212 South 4th Street  
Grand Forks, ND 58201  
701-757-2100  
mara.jiran@spectrahealth.org  
www.spectrahealth.org  
NON-PROFIT ORGANIZATION

**Speedway Grill & Bar**  
Jim Nostdahl  
805 N 42nd St,  
Grand Forks, ND 58201  
701-772-8548  
http://speedwaygrillandbar.com/  
RESTAURANTS, LOUNGES & LIQUORS

**Splashers of the South Seas**  
Kaytlin Frisch  
1000 South 42nd Street  
Grand Forks, ND 58201-3927  
701-792-1970  
kfrisch@canadinns.com  
www.canadinns.com  
RECREATION

**Spray Advantage**  
Greg Radke  
130 Gateway Dr  
Grand Forks, ND 58203-2423  
701-775-8089  
greg@sprayadvantage.com  
AGRICULTURE / AGRIBUSINESS

**SpringHill Suites by Marriott**  
Kyle Cooksey  
2837 S 42nd St  
Grand Forks, ND 58201  
701-757-4150  
shs.gfksh.gm@marriot.com  
www.springhillsuites.com/gfksh  
HOTELS & MOTELS

**St. Anne's Guest Home**  
May Fuka  
524 N 17th Street  
Grand Forks ND 58206  
701-746-9401  
mayfuka@stannesguesthome.com  
www.stannesguesthome.org  
ASSISTED LIVING FACILITY  
SENIOR SERVICES

**St. Joseph's Social Care and Thrift Store**  
Mickey Munson  
620 8th Ave S  
Grand Forks, ND 58201  
701-795-8614  
mickey@stjosephsocialcaregf.org  
https://www.stjosephsocialcaregf.org/  
NON-PROFIT ORGANIZATION

**St. Michael's Catholic Church**  
Raymond Courtright  
524 5th Ave. N  
Grand Forks, ND 58203-3231  
701-772-2624  
parishoffice@stmichaelsgf.com  
stmichaelschurchgf.com  
CHURCHES

**St. Michael's Catholic School**  
Sara Dudley  
504 5th Ave N  
Grand Forks, ND 58203  
701-772-1822  
sara.dudley@stmichaelsgf.com  
www.stmichaels.k12.nd.us  
EDUCATION

**St. Michel Furniture**  
Evan St. Michel  
421 Gateway Dr. NE  
East Grand Forks, MN 56721  
218-230-2308  
stmfurnegf@utma.com  
https://www.stmichelfurniture.com/  
FURNITURE

**State Farm - Andrew Bergee**  
Andrew Bergee  
997 47th Ave. South - Unit 1  
Grand Forks, ND 58201  
701-757-0437  
andrew.bergee.vab3z2@statefarm.com  
www.bergeinsurance.com  
INSURANCE AGENCIES / BROKERAGES

**State Farm Insurance - Randy Fenley**  
Randy Fenley  
2750 26th Street S Suite A  
Grand Forks, ND 58201-6411  
701-772-5684  
randy@rfenley.com  
www.randyfenley.com  
INSURANCE AGENCIES / BROKERAGES

**Staybridge Suites Grand Forks**  
Cory Blegen  
1175 42nd St S  
Grand Forks, ND 58201  
701-772-9000  
cory.blegen@gsbs.com  
www.staybridge.com/  
grandforksnd  
HOTELS & MOTELS

**Steamatic Total Cleaning & Restoration**  
Marcus Benoit  
4051 Gateway Drive  
Grand Forks, ND 58203  
701-746-1856  
mbenoit@steamaticrrv.com  
www.steamaticrrv.com  
CLEANING SERVICES / SUPPLIES

**Steeple Apartments, LLC**  
Scott Stauss  
3001 36th Avenue South  
Grand Forks, ND 58201  
701-775-5544  
scotts@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT & DEVELOPMENT

**Steffes Company - Grand Forks**  
Paul Eidenschink  
1726 Highway 2  
Grand Forks, ND 58203  
701-483-5400  
steffes@steffes.com  
www.steffes.com  
MANUFACTURING & PROCESSORS

**Stennes Granite & Grand Forks Memorial**  
Ryan Welle  
2029 Central Ave NW  
East Grand Forks, MN 56721  
218-773-7461  
rwstennesgranite@gmail.com  
https://www.stennesgranite.com/contact  
MONUMENTS / MARKERS / HEADSTONES

**Sterling Carpet One Floor & Home**  
Paula Anderson  
2030 32nd Ave S  
Grand Forks, ND 58201  
701-746-8444  
panderson@sterlingcarpetone.com  
www.sterlingcarpetone.com  
FLOORING

**Steve Christian Insurance Professional**  
Steve Christian  
839 S 23rd St  
Grand Forks, ND 58201  
701-330-1827  
steve@scinsurepro.com  
www.scinsurepro.com/contact  
BUSINESS SERVICES

**Steve Erlandson, D.D.S.**  
Steve Erlandson  
2401 S Washington St., Ste. D  
Grand Forks, ND 58201-6747  
701-772-6581  
drerlandson@midconetwork.com  
DENTISTS

**Stifel Nicolaus**  
Bill Haug  
3751 S. Columbia Rd  
Grand Forks, ND 58201  
701-746-1365  
william.haug@stifel.com  
www.stifel.com/  
FINANCE & INVESTMENT

**Stones Security Systems Inc**  
Chris Walsh  
PO Box 321  
Thompson, ND 58278  
701-554-2000  
walsh@stonessecuritysystems.com  
www.stonessecuritysystems.com  
SECURITY SYSTEMS SALES & SERVICE

**Stones Mobile Radio Inc.**  
Chris Ranisate  
1550 47th Ave S  
Grand Forks, ND 58201-3403  
701-772-6691  
chris@stonesmobileradio.com  
www.stonesmobileradio.com  
COMMUNICATIONS SALES & SERVICE

**Strata Corporation**  
Steve Griffin  
PO Box 13500  
Grand Forks, ND 58208-3500  
701-775-4205  
sgriffin@strata-corp.com  
www.stratacorporation.com  
CONTRACTORS & CONSTRUCTION SERVICES

**Strive Life Grand Forks**  
Jonathan O'Keefe  
1809 13th Avenue North  
Grand Forks, ND 58203  
701-335-6124  
jonathan@strivelifedispensary.com  
strivegrandforks.com  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

**Structures, Inc.**  
Ryan Jundt  
1445 N 52nd Street  
Grand Forks, ND 58203  
701-775-0645  
build@structuresinc-gf.com  
CONSTRUCTION & BUILDING TRADES

**Sublime Aesthetic Professionals**  
Angie Bjorgaard  
402 3rd Street NW  
East Grand Forks, MN 56721  
218-339-0245  
angie@sublimepros.com  
www.sublimepros.com  
COSMETICS / SKIN CARE

**Subway - 1801 Gateway Dr**  
Neil Ebeling  
1801 Gateway Dr  
Grand Forks, ND 58203  
701-772-6357  
RESTAURANTS

**Subway - 1850 S Columbia Rd**  
Neil Ebeling  
1850 S Columbia Rd  
Grand Forks, ND 58201  
701-772-3526  
RESTAURANTS

**Subway - 2400 S Washington**  
Neil Ebeling  
2400 S Washington  
Grand Forks, ND 58201  
701-772-9334  
subwaygf@hotmail.com  
RESTAURANTS

**Subway - 2551 32nd Ave S**  
Neil Ebeling  
2551 32nd Ave S  
Grand Forks, ND 58201  
701-772-9639  
RESTAURANTS

**Subway - 32nd Ave S**  
Neil Ebeling  
3341 32nd Ave S  
Grand Forks, ND 58201  
701-772-9335  
RESTAURANTS

**Subway - EGF**  
Neil Ebeling  
210 Gateway Dr.  
East Grand Forks, MN 56721  
218-773-6637  
subwaygf@hotmail.com  
RESTAURANTS

**Subway - Emerado**  
Neil Ebeling  
100 A Ave  
Emerado, ND 58228  
701-594-5952  
RESTAURANTS

**Success Unlimited**  
Jeff Leiberger  
2850 24th Ave. South  
Grand Forks, ND 58201  
701-775-3356  
jeff@successunlimitedinc.org  
www.successunlimitedinc.org  
SERVICE & CIVIC CLUBS & ASSOCIATIONS

**Suedel Therapeutics and Wellness**  
Stephanie and Adam Suedel  
1311 S. Washington St  
Grand Forks, ND 58201  
701-317-2897  
admin@suedeltherapeutics.com  
https://www.facebook.com/StaW.GFND  
HEALTH & WELLNESS

**Suedel Therapeutics and Wellness**  
Stephanie and Adam Suedel  
117 N. Washington St.  
Grand Forks, ND 58203  
701-317-2897  
admin@suedeltherapeutics.com  
www.suedeltherapeutics.com  
HEALTH & WELLNESS

# 2024 Membership Directory

## Sunrooms Plus, Inc.

Ron Hoime  
4224 Gateway Dr.  
Grand Forks, ND 58203  
701-746-8684  
info@sunroomsplusgf.com  
www.sunroomsplusgf.com  
HOME SERVICES

## Swanson & Warcup, Ltd.

Howard Swanson  
1397 Library Circle, Ste 202  
Grand Forks, ND 58201  
701-772-3407  
hswanson@swlawltd.com  
ATTORNEYS

## Sweetwaters Coffee & Tea Edgewood

Patrick Madigan  
1850 47th Avenue South  
Grand Forks, ND 58201  
701-670-1352 Ext. 101  
pat.madigan@322hg.com  
COFFEE SHOPS

## Sweetwaters Coffee & Tea Olive Ann Hotel

Rayna Huber  
322 Demers Avenue  
Grand Forks, ND 58201  
701-670-1352 Ext. 100  
rayna.huber@322hg.com  
COFFEE SHOPS

## Swingen Construction Company

Dan Swingen  
Highway 81 N  
Grand Forks, ND 58208-3456  
701-775-5359  
dan.swingen@swingenconstruction.com  
www.swingenconstruction.com  
HOME BUILDERS --  
Commercial and Industrial

## T-Global, Inc.

Tommy Kenville  
5515 University Avenue  
Grand Forks, ND 58203  
218-779-9950  
tommy@isightdrones.com  
www.tglobalinc.com  
WAREHOUSING

## TA Express Grand Forks

Quyntyn Johnson  
1212 N 47 St  
Grand Forks, ND 58203  
702.522.8513  
qjohnson@lvpetroleum.net  
GAS STATION

## Tavern United

Bobbie Brown  
Canad Inns Destination Center  
Grand Forks, ND 58201-3927  
701-787-2511  
bbrown@canadinns.com  
www.canadinns.com  
RESTAURANTS, LOUNGES &  
LIQUORS

## Tecta America Dakota/ Greenberg Roofing

Cory Blue  
1810 N 6th Street  
Grand Forks, ND 58208-2878  
701-775-5369  
cblue@tectaamerica.com  
http://www.tectaamerica.com/  
SHEET METAL WORKS,  
WELDING, & ROOFING

## Ten Acre Marketing

Leah Halverson  
4320 18th Ave. S  
Grand Forks, ND 58201  
701-361-2766  
leah@tenacremarketing.com  
tenacremarketing.com  
MARKETING

## Terracon Consultants, Inc.

Bill Olson  
1555 North 42nd Street  
Grand Forks, ND 58203  
701.772.2832  
bill.olson@terracon.com  
www.terracon.com  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

## Tesoro

Marylee Reck  
210 Gateway Dr NE  
East Grand Forks, MN 56721  
218-773-4345  
missy@northdaleoil.com  
www.tsocorp.com  
GAS STATION

## Texas Roadhouse

Jacob Guthmiller  
3200 32nd Ave S.  
Grand Forks, ND 58201  
701-746-7427  
jacob.guthmiller@texasroadhouse.com  
www.texasroadhouse.com/  
RESTAURANTS

## Thales

Christopher Hewlett  
7303 Laketree Dr  
Fairfax Station, VA 22039  
571-212-4062  
Chris.hewlett.e@thalesdigital.io  
AIRLINES AND AVIATION

## That Protein Place

Nicole Kringstad  
2110 Clemetson St NE  
Grand Forks, ND 58203  
701-739-4488  
thatproteinplace@gmail.com  
www.thatproteinplace.com  
HEALTH & WELLNESS

## Thermal Air Terra & Daryl Wockenfuss

4216 Gateway Drive  
Grand Forks, ND 58203  
701-740-8161  
terra@tahvac.net  
https://www.tahvac.net/  
HEATING & AIR  
CONDITIONING &  
PLUMBING

## Thermography & Health Solutions LLC

Doris Driscoll  
1425 S Columbia Rd  
Grand Forks, ND 58201  
218-791-9103  
dorisdriscoll12@gmail.com  
www.ThermographyHS.com  
HEALTH & WELLNESS

## Third Street Clinic

Kristen Sanders  
360 Division Ave.  
Grand Forks, ND 58201  
701-772-1263  
help4you@thirdstreetclinic.org  
www.thirdstreetclinic.org/  
NON-PROFIT  
ORGANIZATION

## Thomsen Homes LLC

Lauren Huff  
3280 Veterans Blvd  
Fargo, ND 58104  
701-478-3000  
Lauren@thomsenhomesllc.com  
http://www.thomsenhomesllc.com  
HOME BUILDERS --  
Commercial and Industrial

## Three Farm Daughters

Annie Gorder  
PO Box 14867  
Grand Forks, ND 58208  
701-780-9616  
annie@threefarmdaughters.com

threefarmdaughters.com  
AGRICULTURE /  
AGRIBUSINESS

## Thrifty White Pharmacy #081

Erica Hoffner  
1395 S Columbia Road  
Grand Forks, ND 58201-4011  
701-746-1800  
po81@thriftywhite.com  
www.thriftywhite.com  
PHARMACIES

## Thrive Community Church of Grand Forks Suite S6

Mark Hale  
1726 S Washington St Suite 6  
Grand Forks, ND 58201  
701-757-4747  
drmarkhale@msn.com  
www.seeyouatthrive.org/giving  
CHURCHES

## Thrivent Financial - Chad Erickson

Chad Erickson  
200 Gateway Drive NW  
East Grand Forks, MN 56721  
218-773-1181  
chad.erickson@thrivent.com  
www.thrivent.com  
FINANCE & INVESTMENT

## Thunder Ray's Auto Repair

Raymond Lee  
2315 No. Washington St.  
Grand Forks, ND 58203  
701-757-0287  
thunderraysauto@gmail.com  
https://www.facebook.com/  
ThunderRaysAutoRepair  
AUTOMOTIVE SUPPLIES &  
REPAIRS

## TIAA-Scott Roche

Scott Roche  
Grand Forks, ND 58201  
704-988-3004  
kroche@tiaa.org  
www.tiaa.org  
FINANCE & INVESTMENT

## Tidal Wave Auto Spa

Jennifer Rogers  
1750 S. Columbia Rd  
Grand Forks, ND 58201  
706-938-0991  
jennifer@tidalwaveautospa.com  
www.tidalwaveautospa.com  
CAR WASH

## Tidbits of Grand Forks/EGF

Chadwick Parkinson  
PO Box 12861  
Grand Forks, ND 58208  
701-740-0968  
chad@tidbitsgf.com  
www.tidbitsgf.com  
ADVERTISING SERVICES

## Tim D. Lord, CPA

Tim Lord  
1521 24th Ave. S. STE A  
Grand Forks, ND 58201  
218-779-2614  
tlord@gra.midco.net  
ACCOUNTANTS

## Tim Shea's Nursery, Inc.

Chip Shea  
3515 South Washington  
Grand Forks, ND 58201-7164  
701-772-3489  
chipshea@polarcomm.com  
www.sheasnursery.com  
FLORISTS & NURSERIES

## Timber & Ash Designs

Jacob Barney  
2915 South Washington St  
Grand Forks, ND 58201  
701-739-6862  
timberandashdesigns@gmail.com  
timberandashdesigns.com  
FURNITURE

## Times Square Townhomes, I, Inc.

Scott Stauss  
3001 36th Avenue South  
Grand Forks, ND 58201  
701-775-5544  
scott@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## Times Square Townhomes, II & III, Inc.

Scott Stauss  
P.O. Box 13595  
Grand Forks, ND 58208  
701-775-5544  
scott@hamptoncorp.com  
www.hamptonmanagement.com  
PROPERTY MANAGEMENT &  
DEVELOPMENT

## Tire One Auto Center

Jerome Gerszewski  
3325 S 38th St  
Grand Forks, ND 58201  
701-757-3000  
jerome.gerszewski@gmail.com  
www.tireoneautocenter.com  
TIRES SALES & SERVICE

## The Title Team FKA Grand Forks Abstract

Aaron Rosten  
3374 S. 31st St.  
Grand Forks, ND 58201  
701-772-3484  
aaronr@thetitleteam.com  
https://www.thetitleteam.com/  
ABSTRACTORS,  
ARCHITECTS & ENGINEERS

## TLC Cleaning, LLC

Trisha Lake  
910 S Washington St.  
Grand Forks, ND 58201  
701-412-3298  
trish@tlccleaningexperts.com  
www.tlccleaningexperts.com  
CLEANING SERVICES/  
SUPPLIES

## The Toasted Frog

Shawn Clapp  
124 N. 3rd Street  
Grand Forks, ND 58203  
701-772-3764  
shawn@toastedfrog.com  
www.toastedfrog.com  
RESTAURANTS

## Todd's Trailer Sales & Rentals

Todd Gregoire  
2520 Business Highway 2 East  
East Grand Forks, MN 56721  
218-773-0804  
toddenterprises@invisimax.com  
toddstailersalesandrentals.com  
STORAGE FACILITIES

## Total Skin Dermatology and Aesthetics

Jennifer Laframboise  
4571 South Wash St - Suite N  
Grand Forks, ND 58201  
701-757-3376  
jenn@totalskinnd.com  
totalskinnd.com  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

## Town Square Farmers Market

Dawn Rognerud  
PO Box 12625  
Grand Forks, ND 58208  
1-218-791-3950  
tsfarmersmarket@gmail.com  
www.tsfarmersmarket.com  
NON-PROFIT  
ORGANIZATION

## Tractor Supply Company

Jami Hansen  
4460 32nd Ave. S.  
Grand Forks, ND 58201-3301  
701-746-0391  
str0116@tractorsupply.com  
tractorsupply.com  
RETAILERS

## TrainND Northeast

David Steffen  
1801 College Dr N  
Devils Lake, ND 58301  
701-662-1578 x 21578  
david.p.steffen@lrsc.edu  
https://www.lrsc.edu/discover-lrsc/business-community/  
trainnd-northeast  
TRAINING / EDUCATION  
SERVICES

## Treat Play Love

Kelly Hilzendager  
1905 S. Washington St.  
Grand Forks, ND 58201  
701-772-0556  
gftreatplaylove@gmail.com  
www.gftreatplaylove.com  
PET SERVICES



# 2024 Membership Directory

**Tri-Valley Transportation**  
Elizabeth Hensrud  
1345 Fairfax Ave.  
Crookston MN 56716  
1-800-201-3432  
Elizabeth.hensrud@tvoc.org  
www.tvoc.org  
TRANSPORTATION

**Triangle Coach Service, Inc.**  
Dale Helms  
1611 Central Ave NW  
East Grand Forks, MN 56721  
218-773-2631  
contact@trianglecoachservice.com  
www.trianglecoachservice.com  
TRANSPORTATION

**True North Equipment**  
John Oncken  
5101 Gateway Drive  
Grand Forks, ND 58203-1109  
701-746-4436  
joncken@truenorthequipment.com  
www.truenorthequipment.com  
IMPLEMENT & MACHINERY DEALERS

**True North Impact Center**  
John Oncken  
5030 Demers Ave  
Grand Forks, ND 58201  
701-757-0495  
joncken@truenorthequipment.com  
https://www.truenorthequipment.com/  
AGRICULTURE / AGRIBUSINESS

**True North Resource Center**  
John Oncken  
4325 18th Ave S  
Grand Forks, ND 58201  
701-757-4760  
Joncken@truenorthequipment.com  
www.truenorthequipment.com  
TRAINING / EDUCATION SERVICES

**TruHome Property Solutions**  
Derek Nolte  
1119 N. 42nd St.  
Grand Forks, ND 58203  
701-620-1597  
derek@truhomereproperties.com  
www.truhomereproperties.com  
PROPERTY MANAGEMENT & DEVELOPMENT

**Trustone Wealth Management**  
Paul Hensrud  
3425 S. Wash St. Suite A  
Grand Forks, ND 58201  
701-746-5429  
paul.d.hensrud@ampf.com  
https://www.ameripriseadvisors.com/team/  
trustone-wealth-management/  
FINANCE & INVESTMENT

**Trueweather Solutions Ltd**  
Donald Berchoff  
4200 James Ray Dr  
Grand Forks, ND 58202  
877-878-9847  
don.berchoff@trueweathersolutions.com  
trueweathersolutions.com/  
UNMANNED AIR SYSTEMS

**Truyu Aesthetic Center**  
3165 Demers Avenue  
Grand Forks, ND 58201  
701-780-6623  
www.truyu.net  
MEDICAL SERVICES / SUPPLIES/EQUIPMENT

**Turtle River State Park/ND Parks & Recreation**  
Larry Hagen  
3084 Park Avenue  
Arvilla, ND 58214-9478  
701-795-3180  
lahagen@nd.gov  
www.parkrec.nd.gov  
RECREATION

**Tyler Nagel Agency LLC**  
Tyler Nagel  
2665 24th Ave S  
Grand Forks, ND 58201  
701-775-4264  
tnagel@amfam.com  
TylerNagelAgency.com  
INSURANCE AGENCIES / BROKERAGES

**U.S. Bank - 13th & Columbia Rd**  
Erin Scott  
1205 South Columbia Road  
Grand Forks, ND 58201  
701.795.6230  
erin.scott1@usbank.com  
www.usbank.com  
FINANCIAL SERVICES

**U.S. Bank - Demers**  
Karl Belzer  
600 DeMers Avenue  
Grand Forks, ND 58201  
701-795-6295  
karl.belzer@usbank.com  
www.usbank.com  
FINANCIAL INSTITUTIONS

**UASPerspectives.com**  
Bill Adams  
100 N 3rd Street, Ste 503  
Grand Forks, ND 58203  
612-819-4298  
charles.adams.1@und.edu  
http://www.uasperspectives.com  
UNMANNED AIR SYSTEMS, PHOTOGRAPHERS

**Ultima Bank Minnesota**  
Joseph Fietek  
205 DeMers Ave  
East Grand Forks, MN 56721  
218-399-1200  
joseph.fietek@ultimabank.com  
www.ultimabank.com  
FINANCIAL SERVICES

**UND Aerospace Foundation**  
Chuck Pineo  
Robin Hall Room 303  
Grand Forks, ND 58202-9023  
701-777-4740  
chuck@undaerospace.com  
www.undaerospace.com  
EDUCATION

**UND Air Force ROTC**  
Aaron McCurdy  
255 Centennial Dr., Stop 8360  
Grand Forks, ND 58202-8360  
701-777-0437  
aaron.mccurdy@ndsu.edu  
ndsu.edu/afrotc  
GOVERNMENTAL AGENCIES

**UND Alumni Association & Foundation**  
DeAnna Carlson Zink  
3501 Univ Ave, Stop 8157  
Grand Forks, ND 58202-8157  
701-777-2611  
deannac@undfoundation.org  
www.undalumni.org  
EDUCATION

**UND Army ROTC**  
Jason Mathre  
255 Centennial Drive  
Grand Forks, ND 58202-8360  
701-777-3494  
jason.mathre@und.edu  
UND.edu/dept/msci  
GOVERNMENTAL AGENCIES

**UND Athletics Department**  
Nicole Letofsky  
2751 2nd Ave N Stop 9013  
Grand Forks, ND 58202-9013  
701-777-6953  
nicole.letofsky@und.edu  
undsports.com  
EDUCATION

**UND Career Services**  
Lisa Spencer  
Memorial Union  
Grand Forks, ND 58202  
701-777-2117  
lisa.spencer@und.edu  
und.careerservices@und.edu  
CAREER SERVICES

**UND Center for Innovation**  
Amy Whitney  
4200 James Ray Dr.  
Grand Forks, ND 58202  
701-777-3132  
amy.whitney@und.edu  
www.innovators.net  
EDUCATION

**UND Chester Fritz Auditorium**  
Betty Allan  
3475 Univ Ave., Stop 9028  
Grand Forks, ND 58202  
701-777-3076  
betty.allan@email.und.edu  
www.cfa.und.edu  
AMUSEMENT & ENTERTAINMENT

**UND Chester Fritz Library**  
Stephanie Walker  
3051 Univ Ave., Stop 9000  
Grand Forks, ND 58202  
701-777-2189  
library.und.edu  
EDUCATION

**UND College of Arts & Sciences**  
Bradley Rundquist  
501 N Columbia Rd  
Grand Forks, ND 58202  
701-777-2749  
bradley.rundquist@und.edu  
arts-sciences.und.edu  
EDUCATION

**UND College of Business & Public Administration**  
Amy Henley  
Gamble Hall, Room 110  
Grand Forks, ND 58202-8098  
701-777-2135  
amy.henley@und.edu  
www.business.und.edu  
EDUCATION

**UND College of Education & Human Development**  
Cheryl Hunter  
231 Centennial Dr., Stop 7189  
Grand Forks, ND 58202-7189  
701-777-3733  
cheryl.hunter@und.edu  
education.und.edu  
EDUCATION

**UND College of Engineering & Mines**  
Deb Austreng  
Harrington Hall, Room 100E  
Grand Forks, ND 58202-8155  
701-777-4249  
debra.austreng@und.edu  
engineering.und.edu  
EDUCATION

**UND College of Nursing and Professional Disciplines**  
430 Oxford Street  
Grand Forks, ND 58202-9025  
701-777-4555  
nursing.und.edu  
EDUCATION

**UND Dining Services**  
Orlynn Rosaasen  
3625 Campus Rd Stop 9033  
Grand Forks, ND 58202-9033  
701-777-6116  
orlynn.rosaasen@und.edu  
und.edu/student-life/dining  
SCHOOL

**UND Energy & Environmental Research Center**  
Charlie Gorecki  
15 North 23rd Street  
Grand Forks, ND 58202-9018  
701-777-5130  
cgorecki@undeerc.org  
www.undeerc.org  
NON-PROFIT ORGANIZATION

**UND Facilities Management**  
Mike Pieper  
3791 Campus Rd Stop 9032  
Grand Forks, ND 58202-9032  
701-777-6862  
Michael.pieper@und.edu  
und.edu/finance-operations/  
facilities-management  
EDUCATION

**UND Housing/Dining**  
Troy Noeldner  
525 Stanford Rd., Stop 9029  
Grand Forks, ND 58202-9029  
701-777-4297  
troy.Noeldner@und.edu  
und.edu/student-life/housing  
EDUCATION

**UND Memorial Union**  
Cheryl Grew-Gillen  
2901 University Avenue  
Grand Forks, ND 58202-8385  
701-777-4321  
cheryl.grewgillen@und.edu  
und.edu/student-life/union  
EDUCATION

**UND Multicultural Student Services**  
Stacey Borboa-Peterson  
315 Princeton St Stop 8274  
Grand Forks, ND 58202  
701-777-4259  
Stacey.peterson@und.edu  
und.edu/student-life/  
multicultural-student-services  
EDUCATION

**UND Office of Ceremonies & University Events**  
Brooke Conlin  
Skalicky Tech Bld, STE 110, #138  
Grand Forks, ND 58202  
701-777-4267  
brooke.conlin@und.edu  
www1.und.edu/marketing  
EDUCATION

**UND Office of Extended Learning**  
Lynette Krenelka  
3264 Campus Rd Stop 9021  
Grand Forks, ND 58202-9021  
701-777-4883  
lynnette.krenelka@und.edu  
und.edu/academics/  
extended-learning  
EDUCATION

**UND Office of Human Resources**  
Peggy Varberg  
264 Centennial Dr. Stop 8010  
Grand Forks, ND 58202-8010  
701-777-4364  
peggy.varberg@und.edu  
und.edu/finance-operations/  
human-resources-payroll  
EDUCATION

**UND Office of Student Rights and Responsibilities**  
Alex Pokornowski  
2891 2nd Ave N., Stop 9040  
Grand Forks, ND 58202-9040  
701-777-2892  
alexander.pokornowski@UND.edu  
und.edu/student-affairs/  
dean-of-students  
EDUCATION

**UND Office of the President**  
Andrew Armacost  
264 Centennial Dr. Stop 8193  
Grand Forks, ND 58202-8193  
701-777-2121  
andrew.armacost@UND.edu  
http://und.edu/president  
EDUCATION

**UND Public Safety & University Police**  
Rodney Clark  
3851 Campus Rd, Stop 9035  
Grand Forks, ND 58202-9031  
701-777-3341  
rodney.e.clark@UND.edu  
und.edu/finance-operations/  
department-of-public-safety  
EDUCATION

**UND Ray Richards Golf Course**  
Kyle Myers  
3501 DeMers Ave  
Grand Forks, ND 58202  
701-777-4340  
kyle.myers@und.edu  
https://und.edu/ray-richards/  
RECREATION

# 2024 Membership Directory

## ND School of Aerospace Sciences

Paul Lindseth  
Odegard Hall, Room 200  
Grand Forks, ND 58202-9007  
701-777-2197  
lindseth@aero.und.edu  
aero.und.edu  
EDUCATION

## UND School of Graduate Studies

Laura Look  
264 Centennial Dr., Stop 8178  
Grand Forks, ND 58202-8178  
701-777-2786  
laura.look@und.edu  
graduateschool.und.edu  
EDUCATION

## UND School of Law

Michael McGinniss  
215 Centennial Dr Stop 9003  
Grand Forks, ND 58202-9003  
701-777-2104  
michael.mcginness@und.edu  
law.und.edu  
EDUCATION

## UND School of Medicine & Health Sciences

Joshua Wynne  
1301 N. Col Rd., Stop 9037  
Grand Forks, ND 58202-9037  
701-777-2514  
joshua.wynne@med.und.edu  
med.und.edu  
EDUCATION

## UND Student Government

Student Body President  
2901 University Ave  
Grand Forks, ND 58202  
701-777-4377  
sgpresident@und.edu  
und.edu/student-government  
EDUCATION

## UND Student Health

Services  
Rosy Dub  
100 McCannel Hall  
Grand Forks, ND 58202-9038  
701-777-4500  
und.studenthealth@email.und.edu  
und.edu/health-wellness/  
student-health  
EDUCATION

## UND Student Wellness Center

Christopher Suriano  
801 Princeton St., Stop 8365  
Grand Forks, ND 58202-8365  
701-777-9355  
Christopher.suriano@und.edu  
und.edu/health-wellness/  
wellness  
EDUCATION

## UND TRIO Programs

Derek Sporbert  
Third Floor McCannel Hall  
Grand Forks, ND 58202  
701-777-3426  
jenna.l.zavoral@und.edu  
und.edu/trio  
EDUCATION

## UND University Admissions

Jennifer Aamodt  
3501 Univ Ave, Stop 8357  
Grand Forks, ND 58202-8357  
701-777-4204  
jennifer.aamodt@und.edu  
www.und.edu  
EDUCATION

## UND Vice President for Academic Affairs and Provost

Eric Link  
264 Centennial Dr., Stop 8176  
Grand Forks, ND 58202-8176  
701-777-2167  
eric.link@UND.edu  
und.edu/provost  
EDUCATION

## UND Vice President for Finance & Operations/COO

Karla Mongeon-Stewart  
Twamley Hall Room 314  
Grand Forks, ND 58202-8378  
701-777-3511  
karla.stewart@und.edu  
und.edu/finance-operations  
EDUCATION

## UND Vice President for Health Affairs

Joshua Wynne  
501 N. Col Rd., Stop 9037  
Grand Forks, ND 58202-9037  
701-777-2514  
joshua.wynne@med.und.edu  
und.edu/med.und.edu  
EDUCATION

## UND Vice President for Marketing & Communications

Meloney Linder  
4300 James Ray Dr, Stop 7144  
Grand Forks, ND 58202-7144  
701-777-2038  
meloney.linder@und.edu  
www1.und.edu/marketing  
EDUCATION

## UND Vice President for Research & Economic Development

John Mihelich  
4201 James Ray Dr, Stop 8367  
Grand Forks, ND 58202-8367  
701-777-6736  
vpr@UND.edu  
UND.edu/research  
EDUCATION

## Unique Auto Body & Sales, Inc.

Steve Tiseth  
2205 DeMers Avenue  
Grand Forks, ND 58201-4165  
701-746-9500  
uniqueautobody@midconetwork.com  
AUTOMOBILE REPAIR & SALES

## United States Postal Service - Grand Forks, ND

Jim Pearce  
2501 28th Ave S  
Grand Forks, ND 58201  
701-335-2010  
James.w.pearce@usps.gov  
www.usps.com  
DELIVERY SERVICES

## United Valley Bank

Jared Davidson  
2718 South Columbia Road  
Grand Forks, ND 58201-6006  
701-780-9757  
JDavidson@uvbank.net  
www.uvbank.net  
FINANCIAL SERVICES

## United Way of Grand Forks, East Grand Forks & Area

Heather Novak  
1013 N 5th St  
Grand Forks, ND 58203  
701-775-8661  
heather.novak@unitedwaygfegf.org  
www.givegfegf.org  
NON-PROFIT ORGANIZATION

## University of Mary

Rachael Brash  
344 Tuskegee Airmen Blvd  
Grand Forks Air Force Base  
ND 58205  
701-232-7088  
rkbrash@umary.edu  
https://www.umary.edu/about/campuses/grand-forks-campus.php  
EDUCATION

## University of Minnesota Crookston Chancellor, Mary Holz-Clause

107 Selvig Hall  
Crookston, MN 56716  
218-281-8343  
mhclause@umn.edu  
umcrookston.edu  
EDUCATION

## University of North Dakota School of Law

Paul Traynor  
3003 Legend Lane  
Grand Forks, ND 58201  
701-230-9888  
paul.traynor@und.edu  
ATTORNEYS

## Up North Window Cleaning

Nick Yutzenka  
323 Demers Ave #305  
Grand Forks, ND 58201-4774  
218-303-6488  
upnorthwindowcleaning@gmail.com  
upnorthwindowcleaning.com/  
CLEANING SERVICES/  
SUPPLIES

## The UPS Store

Steve Spicer  
1811 DeMers Ave  
Grand Forks, ND 58201  
701-775-2756  
store1609@theupsstore.com  
www.theupsstorelocal.com/  
1609/MAIL & SHIPPING  
SERVICES

## US Foods

Faye Witcraft  
4601 32nd Ave S  
Grand Forks, ND 58201  
701-795-5900  
faye.witcraft@usfoods.com  
www.usfoodservice.com  
GROCERY SUPPLY

## USAF & Space Force Civic Leader

Bruce Gjovig  
111 N. 3rd St  
Grand Forks, ND 58203-37  
701-739-3132  
Bruce@Gjovig.net  
INDIVIDUALS

## USDA Grand Forks Human Nutrition Research Center

USDA GFHNRC  
2420 2nd AVE N  
Grand Forks, ND 58203  
susan.sorum@usda.gov  
www.ars.usda.gov/plains-area/  
gfnd/gfhnrc/  
GOVERNMENTAL AGENCIES

## USFAAF

Paul Nelson  
7300 Metro Blvd  
Edina, MN 55439  
952-831-2272  
p.nelson@usfaaf.com  
https://usfaaf.com/  
ACCOUNTANTS

## VITAL nutrition

Tracy Uhlir  
2100 S. Columbia Rd.  
Grand Forks, ND 58201  
218-230-8087  
vitalnutritiongf@gmail.com  
https://www.facebook.com/VITALnutritionGF  
RESTAURANTS

**Vaaler Insurance, a Marsh & McLennan Agency LLC Company**  
**Bruce Vaaler**  
**2701 S Columbia Road**  
**Grand Forks, ND 58201**  
**701-775-3131**  
**vaalergf@vaaler.com**  
**www.vaaler.com**  
**INSURANCE AGENCIES / BROKERAGES**

## Valley Broadcasting LLC

Jordan Zeller  
PO Box 12985  
Grand Forks, ND 58208  
701-746-9898  
jordan@grandforksradio.com  
www.grandforksradio.com  
MEDIA

## Valley Corn Maize

Debbie Krueger  
HWY 2 East,  
East Grand Forks MN 56721  
701-740-2042  
www.valleycornmaize.com  
AMUSEMENT & ENTERTAINMENT

## Valley Dairy/Valley Car Wash

Clark Erickson  
1149 36th Ave. S.  
Grand Forks, ND 58201-7299  
701-746-8371  
cerickson@petroserveusa.com  
www.valleydairy.com  
SERVICE STATIONS & CONVENIENCE STORES

## Valley Golf

Jeff Kamedula  
2407 River Rd NW  
East Grand Forks, MN 56721  
218-773-1207  
jeff.valleygolf@gmail.com  
www.valleygolfgf.com  
RECREATION

## Valley Oral & Facial Surgery

Troy Petersen, Marcus Tanabe  
1165 S Columbia Rd #C  
Grand Forks, ND 58201-4007  
701-772-7379  
info@valleyofs.com  
www.valleyoral.com  
ORAL SURGEON

## Valley Petroleum Equipment Inc.

Kathy Reiser  
5510 10th Ave N  
Grand Forks, ND 58203  
701-772-7261  
kathy@valleypetroleum.com  
www.valleypetroleum.com  
PETROLEUM SERVICES

## Valley Senior Living

Garth Rydland  
2900 14th Ave S.  
Grand Forks, ND 58201-4042  
701-787-7900  
grydland@valleyseniorliving.org  
www.valleyseniorliving.org  
LONG TERM CARE SERVICES

## Valley Truck Parts and Service, Inc.

Steve Corcoran  
1717 Central Ave NW  
East Grand Forks, MN 56721  
218-773-3486  
stevec@valley-truck.com  
www.valley-truck.com  
AUTOMOTIVE SUPPLIES & REPAIRS

## Valley Vision Clinic

Jason Schaff  
2200 S. Washington St.  
Grand Forks, ND 58201-6346  
701-775-3135  
drschaff@valleyvision.net  
OPTICAL

## Valvoline Instant Oil Change

Jerome Gerszewski  
3325 S 38th St.  
Grand Forks, ND 58201-5988  
701-780-8462  
jerome.gerszewski@gmail.com  
www.vioc.com  
AUTOMOTIVE SUPPLIES & REPAIRS

## The Vertebrae Clinic

Jordan Lunski  
4700 S Washington Street  
Grand Forks, ND 58201  
7017572555  
jordan@thevertebraeclinic.com  
www.thevertebraeclinic.com  
CHIROPRACTORS

## Veterans of Foreign Wars #3817

Rae Pappenfuss  
312 DeMers Ave.  
East Grand Forks, MN 56721  
218-773-2481  
vfw3817@invisimax.com  
www.vfw3817.com  
BAR / BARS / LOUNGES / NIGHTCLUBS



# 2024 Membership Directory

**Veterans of Foreign Wars  
Post 1874 and Auxiliary**  
John Hanson  
1913 7th Ave N  
Grand Forks, ND 58203  
701-739-0454  
jmhanson@gra.midco.net  
NON-PROFIT  
ORGANIZATION

**Vigen Construction Inc**  
Jared Vigen  
42247 180th St SW  
East Grand Forks, MN 56721  
218-773-1159  
jared@vigenconstruction.com  
www.vigenconstruction.com  
CONSTRUCTION &  
BUILDING TRADES

**Viking Track Services**  
Jeff Schake  
5201 North Washington Street  
Grand Forks, ND 58203  
701-739-7941  
jeff@vikingtrackservices.com  
www.vikingtrackservices.com  
TRANSPORTATION

**Vilandre Heating, Air  
Conditioning, Plumbing**  
Travis Dahlin  
701 N 7th Street  
Grand Forks, ND 58206-5673  
701-775-4675  
tdahlin@vilandres.com  
www.vilandres.com  
HEATING & AIR  
CONDITIONING &  
PLUMBING

**Visit Greater Grand Forks**  
Julie Rygg 4251  
Gateway Drive  
Grand Forks, ND 58203-0819  
701-746-0444  
julie@visitgrandforks.com  
www.visitgrandforks.com  
SERVICE & CIVIC CLUBS &  
ASSOCIATIONS

**Vorbeck Materials**  
Tyler Sletten  
4200 James Ray Drive  
Grand Forks, ND 58202  
301-497-9000  
tyler.sletten@vorbeck.com  
MATERIAL SCIENCE

**Vreeland Remodeling, Inc.**  
Corey Vreeland  
2003 Gateway Dr  
Grand Forks, ND 58203  
701-775-2523  
vreelandremodeling@hotmail.com  
www.vreelandremodeling.com  
HOME & COMMERCIAL  
REMODELING

**Wahpeton Breckenridge  
Chamber of Commerce**  
Lisa Kunkel  
1505 11th St N  
Wahpeton ND 58075  
wahpetonbreckenridgechamber.  
com  
CHAMBER OF COMMERCE

**Wakefield Hearing Center**  
Richard Wakefield  
2514 S Washington St.  
Grand Forks, ND 58201-6776  
701-746-7000  
info@wakefieldhearing.com  
www.wakefieldhearing.com  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

**Wall's Health Mart Pharmacy  
Dennis Johnson**  
1451 44th Ave S.  
Grand Forks, ND 58201  
701-732-2900  
http://www.wallsrx.com/  
PHARMACIES

**Wall's Medicine Center  
Dennis Johnson**  
1322 8th Ave S.  
Grand Forks, ND 58201  
701-746-0498  
dennis@wallsrx.com  
www.wallsrx.com  
PHARMACIES

**Walmart-32nd Ave #1545**  
Danny Chaffin  
2551 32nd Ave. S.  
Grand Forks, ND 58201-6542  
701-746-7225  
dschaff.s01545@walmart.com  
www.walmart.com  
DEPARTMENT STORES

**Walmart-Gateway #5806**  
Michael Dahle  
5755 Gateway Dr  
Grand Forks, ND 58203  
701-620-6003  
mad00B0.S05806.US@WAL-  
MART.COM  
www.walmart.com  
DEPARTMENT STORES

**Waterfront Kitchen & Bath**  
Mandi Lindgren  
2 South 3rd Street  
Grand Forks, ND 58201-4728  
701-775-5021  
mandil@waterfrontkf.com  
HEATING & AIR  
CONDITIONING & PLUMBING

**Waxing the City**  
Julie Edman  
3251 32nd Ave S  
Grand Forks, ND 58201  
701-757-0453  
studios.waxingthecity.com/ll/  
US/ND/Grand-Forks/3251-  
32nd-Ave\_-South  
SPAS & SALONS

**WDAZ TV**  
Joshua Rohrer  
2220 S. Washington St.  
Grand Forks, ND 58201  
701-775-2511  
news@wdaz.com  
www.wdaz.com  
RADIO & TV

**Webster, Foster & Weston  
Consulting Engineers, Inc**  
Ben William  
1616 Mill Road  
Grand Forks, ND 58203-1532  
701-775-8118  
benw@wfwengineers.com  
www.wfwengineers.com  
ENGINEERS

**Welcore Health**  
Molly Soeby  
718 Oak Street  
Grand Forks, ND 58201  
701-330-4216  
molly.soeby@gmail.com  
www.WelCoreHealth.com  
HEALTH & WELLNESS

**Wells Fargo Bank - Columbia  
Rd**  
Scott Harloff  
2610 Columbia Rd S.  
Grand Forks, ND 58201-4789  
701-775-1660  
scott.harloff@wellsfargo.com  
www.wellsfargo.com  
FINANCIAL SERVICES

**Wendy's**  
Brad & Gina Towers  
1503 S. Washington St.  
Grand Forks, ND 58201-8416  
7011772-6536  
RESTAURANTS

**Wendy's - 32nd Ave**  
Brad and Gina Towers  
3760 32nd Ave S  
Grand Forks, ND 58201-5910  
701-738-8187  
RESTAURANTS

**Whalen's Moving & Storage**  
Jeff Whalen  
900 First Avenue N  
Grand Forks, ND 58203  
701-775-5557  
jeff@whalensmoving.com  
www.whalensmoving.com  
MOVING & STORAGE

**White Drug Pharmacy**  
Samantha Ketterling  
2475 32nd Ave S  
Grand Forks, ND 58201  
701-775-4209  
p009@thriftywhite.com  
www.thriftywhite.com/  
PHARMACIES

**White Water Truck Wash LLC**  
Tyler Braathen  
1203 N 51st St  
Grand Forks, ND 58201  
701-746-1668  
tyler@whitewatertruckwash.  
com  
CAR WASH

**Widman's Candy**  
Dan Widman  
106 S. 3rd St.  
Grand Forks, ND 58201-4730  
701-775-3480  
widcandydan@gmail.com  
SPECIALTY FOODS

**WIDSETH**  
Chris Jordheim  
3535 South 31st Street  
Grand Forks, ND 58201  
701-795-1975  
chris.jordheim@widseth.com  
widseth.com  
ARCHITECTS, ENGINEERS,  
AND LAND SURVEYORS

**WIDSETH - EGF**  
Steve Emery  
1600 Central Ave NE  
East Grand Forks, MN 56721  
218-773-1185  
steve.emery@widseth.com  
widseth.com  
ARCHITECTS, ENGINEERS,  
AND LAND SURVEYORS

**Wilbur-Ellis**  
Evan Punt  
1562 N 52nd St  
Grand Forks, ND 58203  
701-746-5495  
epunt@wilburellis.com  
AGRICULTURE /  
AGRIBUSINESS

**Willie Huot**  
Willie Huot  
509 Belmont Rd  
Grand Forks, ND 58201  
701-739-6316  
treeman@midco.net  
INDIVIDUALS

**Winsupply Grand Forks**  
Jeff Lundebey  
24 North 11th St  
Grand Forks, ND 58203-3638  
701-746-1190  
jblundebey@winwholesale.com  
http://www.grandforkswinnelson.  
com/  
HEATING & AIR  
CONDITIONING & PLUMBING

**Wintrust Mortgage**  
Shanna Field  
997 47th Ave S  
Grand Forks, ND 58201  
701-738-0651  
sfield@wintrustmortgage.com  
www.mortgagesbyshanna.com  
MORTGAGE COMPANIES

**Wired Bean Coffee House**  
East Grand Forks  
Kristen Driscoll  
210 Gateway Drive NE  
East Grand Forks, MN 56721  
218-693-2070  
kristen@wiredbeanmn.com  
https://www.wiredbeanmn.com/  
COFFEE SHOPS

**Xcel Energy**  
Kathryn Kester  
1206 5th Avenue S  
Grand Forks, ND 58208-3038  
701-795-5213  
Kathryn.M.Kester@  
xcelenergy.com  
www.xcelenergy.com  
PUBLIC UTILITIES

**Yorhom Medical Essentials**  
Shelley Bakke  
4350 South Washington  
Grand Forks, ND 58206  
701-780-2500  
sjbakke@altru.org  
www.yorhom.org  
MEDICAL SERVICES /  
SUPPLIES/EQUIPMENT

**Yorhom Medical Essentials**  
Shelley Bakke  
1200 S Columbia Road  
Grand Forks, ND 58206-6011  
701-780-2500  
sjbakke@altru.org  
www.yorhom.org  
HOME SERVICES

**Your CBD Store**  
Sam Guite  
2990 32nd Ave S.  
Grand Forks, ND 58201  
701-306-1752  
samguite.yourcbdstore@gmail.  
com  
www.getsunmed.com  
HEALTH & WELLNESS

**Zimney Foster P.C.**  
Abigayle Lindgren  
3100 S. Columbia Rd.  
Grand Forks, ND 58201-6062  
701-772-8111  
alindgren@northdakotalaw.net  
www.northdakotalaw.net  
ATTORNEYS

**'1 Bistro Mediterranean Eatery**  
Jeff Demarcke  
Canad Inns Destination Center  
Grand Forks, ND 58201-3927  
701-787-2513  
grandforks@canadinns.com  
www.lbistro.net  
RESTAURANTS



MIDCO®

# Flying ahead with fiber.

Move forward into tomorrow and a seamlessly connected smart world. Our internet brings you a stronger connection with better reliability and faster speeds that keep up with you and your devices all day, every day.



[Midco.com/FiberForward](http://Midco.com/FiberForward)

 **Fiber  
Forward®**