# Leaders for Life

# A Professional Development Training Program

The Chamber of Commerce held its first Leadership Training Program in 1985. Since then, over 1100 business professionals have graduated from the program. Leadership 2024 is designed to give local and regional participants an opportunity to develop the leadership skills necessary to achieve success in their career, family 8 community along with fun volunteer and leadership challenge activities help to immerse you in our communities.

Over the course of three months, participants attend orientation and seven one-day sessions (8:00am-5:00pm) covering topics from Leadership and Team Building to Communications and Community History. Each session is held at a different location in the Grand Cities. The program ends with a wrap up session and graduation ceremony.

# **Program Information:**

Tuition covers the program, all materials, lunch and the graduation ceremony for the participant and a guest.

You receive great training and community outings with professional presenters all in one program.

\$849 Chamber Members \$949 Non-Members

Hurry...Space is limited!

Applications will be accepted on a first-come, first-served basis. You are required to complete a volunteer commitment of a minimum of 2 hours during the program as well as a Leadership Challenge in the community.





Applications can be obtained by clicking <u>HERE</u> or by contacting Kimberly Strom at 772-7271 or email <u>kimberlys@gochamber.org</u>.

## **Topics & Presenters**

(subject to change)

#### LEADERSHIP/TEAM BUILDING

- Leadership Lifeline Who Am I? Gwen Klawon - UND Coll. Eng. & Mines
- Personal Awareness & Growth Meyers Briggs Assessment

Noreen Keesey, Certified MBTI Trainer

- Team Building Activities
- ND Army National Guard
- Leadership Matters
- Gen Greg Bowen (Ret)
- Team Leadership & Culture

Brad Berry, UND Head Hockey Coach

Leadershir

Mayor Brandon Bochenski

#### **BUSINESS PRACTICES**

- Recognizing Drug Use in the Workplace
- DeEscalation in the Workplace
- How to Replace Workplace Negativity with

Dale Carnegie Training

- Powerful Networking
   Paragination
- Dale Carnegie Training

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Diversity Fauity Inclusion

GFPD

## COMMUNITY AWARENESS

- GF/EGF City History and Tour Corey Mock
- A Day At GFAFB & Grand Sky GFAFB & Grand Sky Personnel
- Tours of various host facilities

### **COMMUNICATIONS**

- Managing Conflict in the Workplace
   Fmily Holth Systemable Solutions LLC
- Emily Holth Sustainable Solutions LLC
   Generations in the Workplace
- Denny Elbert & Chris Zygarlicke
- Mental Health

Community Mental Health Coordinator

## **Benefits to Participants & Employers**

- Build on current skills that enhance job performance
- Learn new skills to advance in your workplace
- Gain a greater awareness of our community
- Improve communication skills
- Develop skills to aid growth at work and home
- Meet professionals in the business community
- · Create a network of contacts

## Training Dates & Locations

(subject to change)

August 28.....Orientation - Lincoln Park

September 4.....Minnkota

September 18.....Grand Forks City Hall

October 2.....UND EERC

October 16.....GFAFB and Grand Sky

October 30.....Ag Country

November 13.....Public Safety Center

November 27.....ND Army National Guard

December 4.....Alerus Center

December 4.....Graduation - Alerus Center



**GRAND FORKS • EAST GRAND FORKS**