



# Racing with Rotary

## 5K Road Race & 1 Mile Walk/Run

All awards presented after 1 Mile Walk/Run completed

Valdosta Sunrise Rotary invites you to go Racing with Rotary benefiting the Georgia Sheriff's Boys & Girls Ranch in Hahira and the Rotary International Foundation

**Date: Saturday, May 15<sup>th</sup>**

**Location: Kinderlou Forest Recreation Center**

**(Lots of Door Prizes, Pool will be open, kids must be supervised by an adult)**

**Registration @ 7:00am; 5K begins @ 8:00am; Walk/Run at 9:00am**

**Groups: 12 & under; 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79; 80 +**

**Entry fee: \$20 thru May 8; \$25 May 9 to race day**

**(Family Fee: Parents & kids under 18: \$45 thru May 8; \$55 May 9 to Race Day)**

- T-shirts guaranteed to all pre-registered runners
- Awards to top Male, Female overall, Masters, & top two in each age group of the 5K

- Finish Line Services provided by Todd Smoot of A Course/Line, LLC
- Sign-up sheets with complete info are available at the counter

Information above is not guaranteed. Race day announcements take precedent above all.



2010 Grand Prix

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- T-shirts guaranteed to all pre-registered runners
- Awards to top Male, Female overall, Masters, & top two in each age group of the 5K.
- Lots of door prizes the day of the event.

Complete form below and mail check payable to Valdosta Sunrise Rotary to P.O. Box 516 Valdosta, GA 31603-0516 229-247-9880

Event: Circle one please: Valdosta Sunrise Rotary 5K Road Race or 1 Mile Walk/Run Amt. paid: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Shirt size: S M L XL 2X

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Waiver: I, the undersigned, intending to be legally bound hereby waive any and all claims for myself, my heirs, executors, and administrators, against officials and/or sponsors of the Valdosta Sunrise Rotary Road Race/Walk or Kinderlou Forest for any reason whatsoever which may directly or indirectly result from my participation. I further state that I am in proper physical condition to participate in this event and grant full permission to any and all of the foregoing to use photography, videotape, motion pictures and or any other record of the event for any purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian signature if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

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