

Striding For Wellness

May 14, 2016

Come out and join the students, parents, staff and members of the community in the stride for good health!

Walk or Run

Register online at www.runsignup.com for \$20. Or, \$25 the day of the race.

Race will begin at Fallen Timbers Middle School, 6119 Finzel Rd., Whitehouse, OH.

No registration required for family walk. Family walk will begin on school track. There will also be a 400 meter Fun Run for children K-4 (no registation required). Tshirts will be available for \$6 and must be pre-ordered. Visit www.awawake.org for Tshirt order form. Shirts will not be available the day of the race.

Registration on day of the run or walk begins at 8 AM.
Family Walk begins at 9 AM.
Race begins at 9:30 AM.
Health Expo is at 8-11 AM.

Race is sponsored by:

Dave's Running Shop, Anthony Wayne Schools and Awake Community Coalition.
The proceeds of the race will benefit the students of Anthony Wayne.