

# Julie's Fitness Studio



## 5K/1K

## JULIE'S FIT NESS STUDIO

TO INSPIRE, MOTIVATE & CREATE A BETTER YOU

WWW.JULIESFITSTUDIO.COM

Benefitting Nature's Nursery

**5K RUN/WALK & 1K KIDS FUN RUN  
SATURDAY, JUNE 11TH, 2016**

Race day registration: opens at 8:30am  
1K Kids Fun Run at 9:00am 5K Run/walk at 9:30am



**DAVE'S**  
running since 1973  
www.davesrunning.com

**Course:** The CherryFest Run is back and better than ever! The Julie's Fitness Studio 5K is a 5K run/walk & 1K kids fun run on a scenic, flat, fast course along the Wabash Cannonball Trail in the heart of CherryFest and Whitehouse.

**Awards:**

- Overall & overall master (40+) male and female in 5K
- Door prize raffles
- NO DUPLICATION OF AWARDS
- All 1K finishers receive a gift

**Shirts and Refreshments:**

- All pre-registered participants get a t-shirt. A limited number of shirts will be available on race day.
- Refreshments will be provided post race.

**Entry Fees:**

- 5K early bird entry fee postmarked or online by May 25<sup>th</sup> 2016 - **\$25 with t-shirt**
- 5K race day late entry postmarked or online May 26<sup>th</sup> 2016 - June 11<sup>th</sup> 2016 - **\$30 no shirt guarantee**
- 1K kids early bird entry fee postmark or online by May 25<sup>th</sup> 2016 - **\$10 with t-shirt**
- 1K kids late entry postmarked or online from May 26<sup>th</sup> 2016 - June 11<sup>th</sup> 2016 - **\$10 no shirt guarantee**
- Entry fees payable to Julie's Fitness Studio and can be mailed to:  
Julie Westenfelder  
10066 Rupp Rd  
Whitehouse, Ohio 43571
- ONLINE Registration at davesraces.com until June 5th, 2016 (service fees apply)

**Questions:**

- Email: juliesfitstudio@gmail.com

**\*A portion of all proceeds will go towards Nature's Nursery**

Cut here- Entry form may be photocopied- please print legibly

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Sex: (Circle) M F Age: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Shirt Size: (circle) YS YM YL XS S M L XL 2XL

Amount Enclosed: \_\_\_\_\_

Email Address: \_\_\_\_\_

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the Race director, the Village of Whitehouse, The Anthony Wayne Regional Chamber of Commerce, The CherryFest, Julie's Fitness Studio, sponsors, and all related parties for any injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.

Signed: \_\_\_\_\_ (Parent or Guardian if under age 18) Date: \_\_\_\_\_