

# ALIGNING YOUR LIFE:

## BOUNDARIES FOR A CONFIDENT NEW YEAR!

Join us for a **FREE** evening with Salina Pound of Lotus Rising that promises to awaken the resilience within you!

### WHAT YOU WILL LEARN:

- The mind-body connection
- The “Respect” Shift
- Practical tools to set boundaries



## JANUARY 27 6-7PM

PRECISION CHIROPRACTIC 2952 DOUGHERTY FERRY RD ST. LOUIS MO 63122

314-596-4070



SCAN TO REGISTER



SALINA POUNDS LPC, NCC

**PRECISION**  
**CHIROPRACTIC**

