

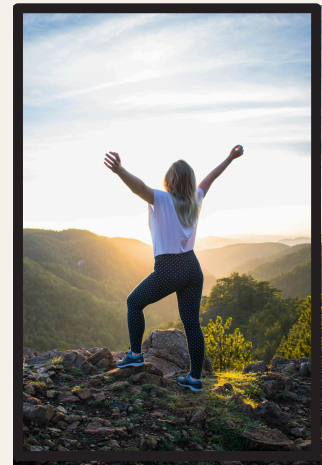
ALIGNING YOUR LIFE:

BOUNDARIES FOR A CONFIDENT NEW YEAR!

Join us for a **FREE** evening with Salina Pound of Lotus Rising that promises to awaken the resilience within you!

WHAT YOU WILL LEARN:

- The mind-body connection
- The "Respect" Shift
- Practical tools to set boundaries



JANUARY 27 6-7PM

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