

# Sueño Consulting LLC

*Realize your dreams, transform your life*

**Looking for Balance? Clarity? Fulfillment?**  
**Attend *Sueno's 3-Week Power Hour Series* and Thrive!**

*How are you feeling these days, in balance or a little wobbly?*  
*Are you inspired by your work and your life, or feeling drained and overwhelmed?*

*What would you like more of? What would you like less of?*

Join me to explore these questions and more with a small group in  
***Sueno's 3-Week Power Hour Series***  
Thursday June 15, 22 and 29 at Noon MT on Zoom

What you'll come away with:

- Clarity on where (and how) you'd like to be
- Strategies for living in alignment with your best and highest self
- Goals and a short-term action plan to support living a more balanced, fulfilling life

***Sueño Power Hour*** sessions are conducted using Zoom. This 3-part series includes three weekly 60-minute sessions and is limited to 9 participants.

**Registration Deadline:** Friday, June 5 at 5 p.m. MT

**Investment:** \$75.00

Please contact Sondra directly to request specific dates or customized workshops.

**Contact:**

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