

# FUNCTIONAL MEDICINE TALK

## A Natural Approach to Cholesterol

*What it really is • Why it matters • How to improve it naturally*


### What you'll learn:

- Understand what cholesterol actually does in the body
- Learn the difference between “good” and “bad” cholesterol
- Natural strategies to support healthy cholesterol levels
- Discover how you have more control than you think
- Q&A session included

*\*We work with patients every day who have high cholesterol and want to manage their numbers naturally.*

 **Tuesday, May 19th**

 **7:00 PM – 7:45 PM**

 **Sunset Hills Community Center**  
3915 S Lindbergh Blvd  
St. Louis, MO 63127



 **Reserve Your Spot**

*Scan the QR Code or ask our team on how to register!*

