

Calendar of Events

March 19, 2019

A Conversation about Sex Trafficking in OUR Communities

St. Anthony on the Lake Catholic Church

W280 N2101 Prospect Ave.

Pewaukee, WI 53072

06:30 PM - 08:30 PM CST

Human trafficking IS modern day slavery and it's happening right here in OUR Communities.

Human Sex Trafficking is big business for organized crime and for local pimps. Its one of those crimes that are hidden in plain sight - meaning, most of the victims go to school, church and live in stable homes. It's hard to see they are even a victim. Research shows that the average age of recruitment into the commercial sex industry is 12-14 years old and that victims come from every race, ethnicity and socioeconomic background.

Come learn how youth and adults are being coerced into slavery, why they can't see their way out, and how we can keep our families safe.

Keynote Speaker: Theresa Flores - Best-selling author of "The Slave Across the Street," survivor of sex trafficking and nationally known advocate. Flores shares how she was enslaved at the age of 15 while living with unsuspecting parents in an upper-middle-class suburb.

Local Perspective:

Brad Schimel Waukesha County Circuit Court Judge,

former Wisconsin Attorney General

Paul Farrow: Waukesha County Executive

Followed by a Panel of Experts

ALL ARE WELCOME. Suggested Age: 13+

Register and More Information at www.ConvTrafficking.org

Please like and share Facebook event at the link below

<https://www.facebook.com/events/567481140385610/>

Key Sponsors: Waukesha County Tourism Initiative, Catholics for Peace and Justice, KOHLS

April 2, 2019

Summit Senior Brakfast Club: Improving the Lives of People Affected by Diabetes

Aurora Medical Center Summit

36500 Aurora Drive

Summit, WI 53066

08:00 AM - 10:00 AM CST

Trish Godlen, 262-434-1248

trish.golden@aurora.org

April: Improving the Lives of People Affected by Diabetes

Tuesday, April 2, 2019

8:00 to 10 a.m.

A diabetes diagnosis may feel scary, sad, or overwhelming but Aurora Medical Center Summit will be by your side during your journey. Here, you will find everything you need to know and manage your Type-1 and Type-2, as well as learn how to lead an active, healthy life. Stacey Sullivan, Nurse Practitioner, will guide you with an understanding of this complex disease.

Registration is required by phoning: 888-863-5502 or contact Trish Golden at 262-434-1248

April 16, 2019

Attention Dificit Disorder: Facts, Symptoms, Dlagnosis and Treatment Options

Aurora Medical Center Summit

36500 Aurora Drive

Summit, WI 53186

05:00 PM - 07:00 PM CST

Trish Golden, 262-434-1248

trish.golden@aurora.org

Community Health Beat

April 16, 2019

Attention Deficit Disorder: Facts, Symptom's, Diagnosis and Treatment Options

According to the CDC, people with ADHD may have trouble paying attention, controlling impulsive behaviors (may act without thinking about what the result will be), or be overly active. Although ADHD can't be cured, it can be successfully managed and some symptoms may improve as the child ages. Join Stephanie Coates, Licensed Professional Counselor with Cornerstone Counseling Center and learn the facts, systems, and diagnosis and treatment options.

To register phone: 888-863-5502 or contact Trish Golden at 262-434-1248

April 20, 2019

Back to the 90's Bar Crawl in Downtown Waukesha

Downtown Waukesha

06:00 PM - 09:00 PM CST

Bella Vue Events,

elyse@bellavueevents.com

Bella Vue Events is hosting a "Back to the 90's" Bar Crawl in Downtown Waukesha on April 20th, 2019.

Come out in your best 90's inspired outfit for food, drinks and fun with friends and fellow 90's bar "crawlers."

The entry fee will include all participants to be entered in to win several amazing raffle prizes from local businesses, food/drink specials at participating bars and remaining proceeds to be donated to Wisconsin Humane Society. We will also be accepting additional donations for the Humane Society the day of the bar crawl at check in.

Check in will be from 5:45-7:00 PM. Location is TBD. The Bar Crawl will go from 6-9:00 PM, but feel free to keep the night going at your own pace.

May 7, 2019

Take Charge over ARthritis: Nonsurgical treatment Options

Aurora Medical Center Summit

36500 Aurora Drive

Summit, WI 53066

08:00 AM - 10:00 AM CST

Trish Golden, 262-434-1248

trish.golden@aurora.org

May: Take Charge over Arthritis: Non-Surgical Treatment Options

Tuesday, May 7, 2019

8:00 to 10 a.m.

Do you have inflammation and stiffness in your joints? Arthritis includes more than 100 diseases and conditions that affect joints, the tissues that surround the joint and other connective tissue. Join Amy Ford DO, Physiatry & Sports Medicine physician and learn about non-surgical options for joint pain.

To register phone: 888-863-5502 or contact Trish Golden at 262-434-1248

May 24, 2019

Free Skin Cancer Screenings

Aurora Medical Center Summit - Dermatology Department

36500 Aurora Drive

Summit, WI 53066

01:00 PM - 04:00 PM CST

Trish Golden, 262-434-1248

trish.golden@aurora.org

Free Skin Cancer Screenings

Registration is required!

Phone: 262-434-5000 and ask for the Dermatology Dept.

Each year, chances are good that skin cancer will affect the community with more than 3.5 million new skin cancers being diagnosed in more than 2 million people annually according to the American Dermatology Association. Join, Katherine Garrity MD, board certified dermatologist for this free screening event.

Please no walk ins!

For more information contact Trish Golden at 262-434-1248

June 4, 2019

Age Safe at Home and Live Well: Summit Senior Breakfast Club

Aurora Medical Center Summit

36500 Aurora Drive

Summit, WI 53066

08:00 AM - 10:00 AM CST

Trish golden, 262-434-1248

trish.golden@aurora.org

June: Age Safe at Home and Live Well

Tuesday, June 4, 2019

8:00 to 10 a.m.

Did you know research by the Centers for Disease Control and Prevention shows that home modifications and repairs may prevent up to 50% of home accidents among seniors, including falls that take place in older homes? Nearly 90% of older adults want to age-in-place and maintain independence in their homes according to AARP. Shana Lebanowski, Injury Prevention Coordinator will provide a home safety check list to reduce your risk of injury and provide a discussion on common injuries due to falls that might cause traumatic brain injury, concussions and hip fractures. The Western Lakes Fire Department will provide tips on aging in place and keeping your home safe and comfortable through simple modifications to avoid fire hazards.

To register phone: 888-863-5502 or contact Trish Golden at 262-434-1248

June 18, 2019

Yount and Senior Addiction Today in Our Communities

Aurora Medical Center Summit

36500 Aurora Drive

Summit, WI 53066

05:00 PM - 07:00 PM CST

Trish Golden, 262-434-1248

Trish.golden@aurora.org

Youth and Senior Addiction Today in Our Communities

Community Health Beat

Contrary to popular belief, substance abuse is not limited to one type of person but affects millions of people from many different backgrounds. According to the CDC binge drinking is a dangerous behavior for all ages. Binge drinking is most common in the Midwest, it is estimated 23.9% of adults in Wisconsin have binged. Heroin use is a part of a larger substance abuse problem. Nearly all people who used heroin also used at least 1 other drug- most used at least 3 other drugs. Join Holly Petrauskas, Psychotherapist, and learn how to prevent, reduce the risks of addiction.

Registration is required by phoning: 888o-863-5502 or contact Trish Golden at 262-434-1248.

Tuesday, June 18, 2019

5-7 p.m.

Aurora Medical Center Summit

36500 Aurora drive

Summit, WI 53066