

## Calendar of Events

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- January 20, 2020  
- April 13, 2020
- Northern Lights Womens Chorus Rehearsal starts**  
**First Lutheran Church**  
**604 W Broadway St**  
**Decorah, IA 52101**  
6:30p-8:30p  
Rachael Buresh, 5634190509  
rdburesh@gmail.com  
*All are welcome to sing with the Northern Lights Womens Chorus!*
- April 7, 2020
- Human Rights Commission Seminars**  
5:30 to 6:30 p.m.  
Melissa,  
mel@melissakoch.com
- April 8, 2020
- Human Rights Commission Seminar**  
9 to 11 a.m.  
Melissa,  
mel@melissakoch.com
- April 25, 2020
- City Wide Garage Sale**  
*City wide garage sale. Look for more information at <https://decorahnewspapers.com/>*
- April 26, 2020
- Season Finale with Decorah Chorale**  
*Carmina Burana by Carl Orf w/ Decorah Chorale*  
*Jason Rausch guest conductor*
- April 28, 2020
- Undaunted: A Men's Night**  
**St. Benedict's Catholic Church (chapel)**  
**307 W Main St**  
**Decorah, IA 52101-1715**  
6:15-7:30pm  
Tyler Wheeler, 5154601480  
dbq049s@dbqarch.org  
*What: A reflective, quiet night aiming to help men experience a moment of peace and recollection. This is done through a guided meditation and time for prayer, reading, learning, and reflection. No ice breakers, no sharing. Come and go as you please.*

April 30, 2020

**Fraud Fighter Seminar  
Robey Memorial Library  
401 1st Ave NW, Waukon  
Waukon, IA 52172**

5:30-6:30 PM

Deana Hageman, 5632775181

[rsvp@decorah.lib.ia.us](mailto:rsvp@decorah.lib.ia.us)

*Con artists target people age 60 and older swindling more than 7 million Americans out of almost \$3 billion each year. In an effort to prevent these losses, Northeast Iowa Retired and Senior Volunteer Program (NEI RSVP) and the Iowa Insurance Division will be presenting "Iowa Fraud Fighters" seminars throughout northeast Iowa.*

*Director of NEI RSVP Deana Hageman says, "We are pleased to present this important fraud-prevention message to people in Northeast Iowa. We hope these presentations will help educate Iowans on common scams and arm them with tools and tips to prevent fraud."*

*The seminars teach consumers how to shield their savings from scammers and fraudulent investment offers. Presenters will share tips on recognizing and reporting fraud, explain how to use the "Double-check before you invest" program, and share stories of people who have lost their life savings to fraud.*

*Iowa Fraud Fighter seminars are being presented by NEI RSVP volunteers with assistance from local sponsors. Northeast Iowa RSVP matches volunteers age 55 and up with opportunities to serve at non-profits in Allamakee, Howard and Winneshiek counties.*

*Visit [www.decorah.lib.ia.us/RSVP](http://www.decorah.lib.ia.us/RSVP) for more information about the seminars and links to fraud fighting resources.*

*If your business or organization would like to host a Fraud Fighters seminar, please contact Deana Hageman at 563-382-5181 or [rsvp@decorah.lib.ia.us](mailto:rsvp@decorah.lib.ia.us).*

May 5, 2020

**Free Mental Health Conference**

7:20am - 2:45pm

*FREE Mental Health Conference at in the Wilder Building on the NICC/Calmar campus May 5, 7:20 a.m.-2:45 p.m. There are CEUs available for some disciplines and a nice variety of topics being presented. The conference is free and a lunch will also be provided at no cost. Registration is required. For more information, visit [uiowa.cloud-cme.com/default.aspx?P=1000](http://uiowa.cloud-cme.com/default.aspx?P=1000)*

*Denise Uhlenhake  
Parish Center/Neumann Hall  
107 E. South Street, P.O. Box 819  
Calmar, IA 52132  
563-562-3045  
DBQ019sec@dbqarch.org  
Serving the Parishes of  
St. Aloysius, Calmar  
St. Francis de Sales, Ossian  
St. Wenceslaus, Spillville  
Our Lady of Seven Dolors, Festina*

May 9, 2020

**Family Folk-Art Fun Workshop - What's Rosemaling?**

**Vesterheim**

**502 W Water St**

**Decorah, IA 52101**

1:00pm - 4:00pm

*Get creative together in this afternoon workshop on rosemaling, a traditional Norwegian style of decorative painting.*

May 26, 2020

**Undaunted: A Men's Night**

**St. Benedict's Catholic Church (chapel)**

**307 W Main St**

**Decorah, IA 52101-1715**

6:15-7:30pm

Tyler Wheeler, 5154601480

dbq049s@dbqarch.org

*What: A reflective, quiet night aiming to help men experience a moment of peace and recollection. This is done through a guided meditation and time for prayer, reading, learning, and reflection. No ice breakers, no sharing. Come and go as you please.*

May 28, 2020

**Generation Rx: Safe Medication Practices for Better Health Seminar**

**Robey Memorial Library**

**401 1st Ave NW**

**Waukon, IA 52172**

5:30-6:30 PM

Deana Hageman, 563-277-5181

[rsvp@decorah.lib.ia.us](mailto:rsvp@decorah.lib.ia.us)

*Prescription medications can help us live longer and healthier lives, but any medication has the potential to do harm – especially when misused. That misuse can include not understanding your medication needs, leaving prescriptions where others can access them, and intentional abuse.*

*“Generation Rx” seminars will be held this winter and spring in Allamakee, Winneshiek and Howard counties. The seminars, aimed at preventing prescription medication misuse, are presented by volunteers with Northeast Iowa Retired and Senior Volunteer Program (NEI RSVP) and Helping Services for Youth & Families.*

*According to Deana Hageman, Director of NEI RSVP, “Whether prescription misuse is intentional or not, it’s a problem that needs to be addressed. We hope these presentations will alert people to potential dangers of misusing prescription medications and promote safe medication practices.”*

*The seminars, which are geared to an adult audience, will provide attendees with information about safe storage of medications, proper disposal of unused medications and tips for taking your medications as prescribed.*

*Northeast Iowa Generation Rx Seminars scheduled to date:*

*Monday, February 3, 2:00-3:00 pm at Arlin Falck Assisted Living, Barthell Eastern Star, Decorah*

*Monday, February 24, 6:00-7:00 pm at Fort Atkinson Community Center, Fort Atkinson*

*Tuesday, February 25, 6:30-7:30 pm at Decorah Public Library, Decorah*

*Tuesday, March 10, 11:00-11:45 am at Decorah Senior Center, Decorah*

*Wednesday, March 18, 9:30-10:30 am at Viking State Bank, Decorah*

*Sunday, March 29, 9:40-10:40 am at Decorah Lutheran Church*

*Monday, April 6, 1:30-2:30 pm at Cresco Public Library, Cresco*

*Thursday, May 28, 5:30-6:30 pm at Robey Memorial Library, Waukon*

*Visit [www.decorah.lib.ia.us/RSVP](http://www.decorah.lib.ia.us/RSVP) for more information about the seminars and links to Generation Rx resources.*

*If your business or organization would like to host a Generation Rx seminar, please contact Deana Hageman at 563-382-5181 or [rsvp@decorah.lib.ia.us](mailto:rsvp@decorah.lib.ia.us).*

*Northeast Iowa RSVP matches volunteers age 55 and up with opportunities to serve at non-profits in Allamakee, Howard and Winneshiek counties.*

June 1, 2020

**Fossil Hunting in Fillmore County**

**Whispering Winds**

**505 W Park St**

**Spring Valley, Mi 55975**

1-5pm

Jennie Dieterman, 507-467-2437

skillsschool@eagle-bluff.org

*Collect fossils older than dinosaurs! At Whispering Winds, Spring Valley, you will tour fossil collections of ancient sea creatures including Gastropods, Cephalopods, Trilobites, Fisherites, Bryozoans and Brachiopods. Then you'll travel to 2-3 sites to hunt, all within 7 miles of Spring Valley, and collect your own fossils- guaranteed! Bring a bag for carrying your fossils. If you bring a hammer, you must have eye protection. There is always the chance that you could find ice-aged fossils, Native American artifacts, cold water agates, and geodes. All ages welcome!*

*Note: Eagle Bluff van transportation is NOT available for this class. You will be driving yourself to Whispering Winds hobby farm.*

*\*\*Schedule a private fossil hunt, tailored to you. For 1 to 10 individuals. Perfect for individuals trying to grow their collection, birthday parties, completion of Boy and Girl Scout Badges, or just a fun day out!*

*Optional fee: \$5 for a laminated fossil site map, several different site maps are available. Cash payable to instructor at class*

*Instructor -Beverly Sandlin is an amateur paleontologist and host of Bluffcountryfossils.net & accompanying Fossil Adventure Blog. She has lectured throughout southeast Minnesota on fossils and has hosted numerous tours and fossil hunts. Whispering Winds and one collection site are handicap accessible.*

June 6, 2020

**new event**

**Off the Driftless**

**212 Pulpit Rock Rd**

**Decorah, IA 52101**

10:00 A.M. - 4:00 P.M.

*Join us at Off the Driftless Kayak Rental and then paddle down the Upper Iowa River. We will stop along the way for an outdoor yoga session led by Lydia Anderson of Align Massage and Yoga of Decorah.*

June 15, 2020  
- June 19, 2020

### **Camp Invention Summer STEM Program**

*Decorah, IA – February 25, 2020 — Camp Invention®, a nationally recognized, nonprofit summer enrichment camp program, is coming to Decorah Middle School the week of June 15 - June 19, 2020.*

*A program of the National Inventors Hall of Fame® (NIHF) in partnership with the United States Patent and Trademark Office, Camp Invention challenges children in grades K-6 to find their “inner inventor” by learning the process of innovation. Using hands-on activities, Camp Invention promotes science, technology, engineering and mathematics (STEM) learning; builds confidence, leadership, perseverance, resourcefulness and problem-solving skills; and encourages entrepreneurship — in a fun and engaging environment.*

*Each year, the program features a new curriculum inspired by some of our nation’s most world-changing inventors — the NIHF Inductees. This year’s Elevate curriculum features several video challenges from these Inductees encouraging children to be confident in their ideas and explore their innovativeness. These hands-on activities include:*

*\* Camp Invention Flight Lab™: Imaginations soar as children learn about flight with gliders, rockets, heliballs and hand-copters. They build a cityscape from upcycled materials, navigate planes through a storm and take apart a robot.*

*\* Design Thinking Project™: Campers learn the value of their creativity as they bring their biggest ideas to life. To become successful innovators, they create sketches, build prototypes, design logos and find out how to pitch their invention while protecting their intellectual property.*

*\* Rescue Squad™: Using teamwork and problem-solving skills, children protect the Earth’s ecosystems. Inspiring activities include creating pods to compete in zipline races, exploring energy conservation, eliminating pollution and helping wildlife in habitats across the country.*

*\* Camp Invention Champions™: As they discover the unseen inventors behind their favorite sports, campers apply their own ingenuity. They trade inventor playing cards, create and play their own high-energy hover-ball games, and design and build the ultimate sports complex.*

*At the end of the program, each camper will bring home a robot! Learn more about this year’s all-new curriculum.*

*All local Camp Invention programs are facilitated and taught by certified educators who reside and teach in the community. Camp Invention serves 130,000 students every year and partners with more than 1,800 schools and districts across the nation. For additional information or to find a camp near you, visit [invent.org/camp](http://invent.org/camp).*

August 22, 2020

**Main to Main {Marathon, Half Marathon, 10K}**

**First Citizens Bank (North Parking Lot)**

**501 Main St**

**Osage, Io 50461**

6:30 AM

Sarah Gerbig, 641-832-3600

sarahg@cedarrivercomplex.com

*Have you signed up for Main to Main yet? Make your way through Mitchell County from Osage to St. Ansgar's Main Streets. We have a few different options available depending on your running/walking level.*

*A full marathon, half marathon, and a 10K. Every participant will receive a medal, with the top finishers earning prizes!*

*You may register anytime; we are accepting registrations through Tuesday, August 4th, 2020. Participants can register online or in person at the CRC Welcome Desk. Day of registration is NOT allowed.*

*Registering is easy! Just type in the link below on the nearest smart phone or computer and fill out your information, or stop by the CRC.*

*[https://secure.getmeregistered.com/get\\_information.php?event\\_id=133669](https://secure.getmeregistered.com/get_information.php?event_id=133669)*

October 3, 2020

**Peace be The Journey**

**Decorah fish hatchery**

9 AM- 3 PM

Mike peterson , 5632020868

Pbjride.org

*This is a bike ride for mental health awareness. The starting point is the fish Hatchery, we also have a more challenging route this year. Sponsored by NAMI NE iowa and WinneshiekMedicalCtr. We use the trout run trail for the family loop, bouncy house, face painting and information on our key mental health illness for 2020 PTSD. All funds go to NAMI NE iowa five counties.*

March 4, 2021

- March 7, 2021

**Oneota Film Festival 2021**

**Various Decorah and NE iowa locations**

9am to 9pm

Nancy Sojka, 563-419-1828

nsojka@gmail.com

*The Twelfth Annual Oneota Film Festival will include filmmakers and film-lovers screening more than 50 films by independent filmmakers about issues that matter.*