

## Calendar of Events

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September 17, 2019  
- October 15, 2019

### **A Matter of Balance Class**

**Sullivan Senior Center**

**2 W. Water St.**

**Sullivan, IL 61951**

9:00 am - 11:00 am

Kim Freund, 217-428-3458 ext 238

freund\_dec@cc.dio.org

*Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.*

*This program emphasizes practical strategies to manage falls.*

**YOU WILL LEARN TO:**

*view falls as controllable  
set goals for increasing activity  
make changes to reduce fall risks at home  
exercise to increase strength  
and balance*

**WHO SHOULD ATTEND?**

*anyone concerned about falls  
anyone interested in improving balance, flexibility and strength  
anyone who has fallen in the past  
anyone who has restricted activities because of falling concerns*

September 23, 2019

### **Free Support Group**

**Abundance of Life Health & Wellness Center**

**903 W. Jackson St.**

**Sullivan, IL 61951**

7:00pm

Terry or Jean Titus, 217-728-4638

tj.titus@yahoo.com

*Abundance of Life Health & Wellness Center offers free support group Monthly on the 4th Monday.*

September 23, 2019

### **Boy Scout Meeting**

**Wyman Park**

**900-1098 N Main St**

**Sullivan, IL 61951**

6pm

Geri Wood,

woodins@moultrie.com

*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*

- September 23, 2019      **Monday Morning Quilters at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:30am-11:30am  
*Meets each Monday at the Elizabeth Titus Memorial Library*
- September 24, 2019      **BINGO at Moultrie County Beacon**  
**Moultrie County Beacon**  
**401 W. Water St.**  
**Sullivan, IL 61951**  
Doors open at 4:30 and Early Bird Bingo starts at 6:00 pm  
Susan Rauch, 217-728-7396  
srauch@mcbeacon.org  
*Mouiltrie County Beacon BINGO every Tuesday*
- September 24, 2019      **Sullivan Rotary Club Meeting**  
**TNT Resturant**  
**North side of Square**  
**Sullivan, IL 61951**  
11:30am  
Laurrie Minor, 2177284223  
info@sullivanchamber.com  
*Club meets at 11:30am at TNT Pizzeria*
- September 25, 2019      **Wee- Time & Story Time at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:35 Wee Time/ 10am Story Tlme  
*Wednesday are Wee- Time & Story Time at the Elizabeth Titus Memorial Library*
- September 26, 2019      **BINGO at American Legion**  
**Sullivan American Legion Post #68**  
**8 East Strain**  
**Sullivan, IL 61951**  
6:00 pm  
*The Sullivan American Legion hosts Bingo every Thursday night*
- September 26, 2019      **Free Play Group**  
**Early Intervention**  
**203 S. Graham**  
**Sullivan, IL 61951**  
9-10:30am  
Kathy Thomas, 217-728-7396  
*Bright Start is a free play group program for birth thru age three who reside in Moultrie County. Play groups meet on Thursday mornings at the Early Intervention Building*

- September 30, 2019      **Boy Scout Meeting**  
**Wyman Park**  
**900-1098 N Main St**  
**Sullivan, IL 61951**  
6pm  
Geri Wood,  
woodins@moultrie.com  
*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*
- September 30, 2019      **Monday Morning Quilters at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:30am-11:30am  
*Meets each Monday at the Elizabeth Titus Memorial Library*
- October 1, 2019      **Dine with a Doc**  
**Mason Point-Knight Building**  
**One Masonic Way**  
**Sullivan, IL 61951**  
11:00am  
Angie Clawson, 217-728-4394 ext1200  
aclawson@petersenhealthcare.net  
*Dine with a Doc at Mason Point Max J. Knight building. A FREE lunch for seniors and the opportunity to meet with a physician from the area.*
- October 1, 2019      **Dine With A Doc**  
11am  
Nicole White,  
*Mason Point Dine With A Doc*
- October 1, 2019      **BINGO at Moultrie County Beacon**  
**Moultrie County Beacon**  
**401 W. Water St.**  
**Sullivan, IL 61951**  
Doors open at 4:30 and Early Bird Bingo starts at 6:00 pm  
Susan Rauch, 217-728-7396  
srauch@mcbeacon.org  
*Mouiltrie County Beacon BINGO every Tuesday*
- October 1, 2019      **Sullivan Rotary Club Meeting**  
**TNT Resturant**  
**North side of Square**  
**Sullivan, IL 61951**  
11:30am  
Laurrie Minor, 2177284223  
info@sullivanchamber.com  
*Club meets at 11:30am at TNT Pizzeria*
- October 2, 2019      **Sons of the American Legion Post 68 meeting**  
**American Legion Post #68**  
**8 E. Strain St.**  
**Sullivan, IL 61951**  
7pm  
*Sons of the American Legion Post 68 meeting*

- October 2, 2019      **Wee- Time & Story Time at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:35 Wee Time/ 10am Story Time  
*Wednesday are Wee- Time & Story Time at the Elizabeth Titus Memorial Library*
- October 3, 2019      **Ambuc Men's Meeting**  
**Sullivan Ambuc Hall**  
12:00 AM - 12:00 AM  
Geri Wood,  
woodins@moultrie.com  
*Ambuc Mens Meeting*
- October 3, 2019      **BINGO at American Legion**  
**Sullivan American Legion Post #68**  
**8 East Strain**  
**Sullivan, IL 61951**  
6:00 pm  
*The Sullivan American Legion hosts Bingo every Thursday night*
- October 3, 2019      **Free Play Group**  
**Early Intervention**  
**203 S. Graham**  
**Sullivan, IL 61951**  
9-10:30am  
Kathy Thomas, 217-728-7396  
*Bright Start is a free play group program for birth thru age three who reside in Moultrie County. Play groups meet on Thursday mornings at the Early Intervention Building*
- October 4, 2019      **FREE Community Breakfast**  
**Mason Point**  
**1 Masonic Way**  
**Sullivan, IL 61951**  
7am-9am  
Angie Clawson, 217-728-4394 ext1200  
aclawson@petersenhealthcare.net  
*Mason Point invites you to join them for a free breakfast the 1st Friday of each month in the Stone's Throw Restaurant.*
- October 7, 2019      **American Legion Auxiliary Meeting**  
**American Legin Post #68**  
**8 East Strain St.**  
**Sullivan, IL 61951**  
7pm  
*American Legion Auxiliary Meeting*
- October 7, 2019      **Boy Scout Meeting**  
**Wyman Park**  
**900-1098 N Main St**  
**Sullivan, IL 61951**  
6pm  
Geri Wood,  
woodins@moultrie.com  
*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*

- October 7, 2019      **Monday Morning Quilters at the Elizabeth Titus Memorial Library**  
Elizabeth Titus Memorial Library  
2 West Water Street  
Sullivan, IL 61951  
9:30am-11:30am  
*Meets each Monday at the Elizabeth Titus Memorial Library*
- October 8, 2019      **BINGO at Moultrie County Beacon**  
Moultrie County Beacon  
401 W. Water St.  
Sullivan, IL 61951  
Doors open at 4:30 and Early Bird Bingo starts at 6:00 pm  
Susan Rauch, 217-728-7396  
srauch@mcbeacon.org  
*Mouiltrie County Beacon BINGO every Tuesday*
- October 8, 2019      **Sullivan Rotary Club Meeting**  
TNT Resturant  
North side of Square  
Sullivan, IL 61951  
11:30am  
Laurie Minor, 2177284223  
info@sullivanchamber.com  
*Club meets at 11:30am at TNT Pizzeria*
- October 9, 2019      **Free Senior Breakfast hosted by Eastview Terrace**  
Mid Illinois Senior Services  
114 E. Jefferson  
Sullivan, IL 61951  
8am  
Adam Pullen, 217-728-7367  
apullen@petersenhealthcare.net  
*Free Senior Breakfast the 3rd Wednesday of each month at Eastview Terrace*
- October 9, 2019      **Sullivan Sports Boosters Meeting**  
Sullivan High School  
725 N. Main  
Sullivan, IL 61951  
7pm  
*Sports Boosters meeting in the Sullivan High School Media Center*
- October 9, 2019      **Wee- Time & Story Time at the Elizabeth Titus Memorial Library**  
Elizabeth Titus Memorial Library  
2 West Water Street  
Sullivan, IL 61951  
9:35 Wee Time/ 10am Story Tlme  
*Wednesday are Wee- Time & Story Time at the Elizabeth Titus Memorial Library*
- October 10, 2019      **BINGO at American Legion**  
Sullivan American Legion Post #68  
8 East Strain  
Sullivan, IL 61951  
6:00 pm  
*The Sullivan American Legion hosts Bingo every Thursday night*

- October 10, 2019      **Free Play Group**  
**Early Intervention**  
**203 S. Graham**  
**Sullivan, IL 61951**  
9-10:30am  
Kathy Thomas, 217-728-7396  
*Bright Start is a free play group program for birth thru age three who reside in Moultrie County. Play groups meet on Thursday mornings at the Early Intervention Building*
- October 14, 2019      **Boy Scout Meeting**  
**Wyman Park**  
**900-1098 N Main St**  
**Sullivan, IL 61951**  
6pm  
Geri Wood,  
woodins@moultrie.com  
*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*
- October 14, 2019      **Monday Morning Quilters at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:30am-11:30am  
*Meets each Monday at the Elizabeth Titus Memorial Library*
- October 15, 2019      **BINGO at Moultrie County Beacon**  
**Moultrie County Beacon**  
**401 W. Water St.**  
**Sullivan, IL 61951**  
Doors open at 4:30 and Early Bird Bingo starts at 6:00 pm  
Susan Rauch, 217-728-7396  
srauch@mcbeacon.org  
*Mouiltrie County Beacon BINGO every Tuesday*
- October 15, 2019      **Sullivan Rotary Club Meeting**  
**TNT Resturant**  
**North side of Square**  
**Sullivan, IL 61951**  
11:30am  
Laurrie Minor, 2177284223  
info@sullivanchamber.com  
*Club meets at 11:30am at TNT Pizzeria*
- October 16, 2019      **Wee- Time & Story Time at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
9:35 Wee Time/ 10am Story Tlme  
*Wednesday are Wee- Time & Story Time at the Elizabeth Titus Memorial Library*

- October 17, 2019      **Care Givers Group at Mason Point**  
**Mason Point Knight Building**  
**1 Masonic Way**  
**Sullivan, IL 61951**  
5:30pm  
Johna McFadden, 217-728-4394  
jbuchanon@masonpoint.org  
*Care givers support group open to the public*
- October 17, 2019      **Ambuc Men's Meeting**  
**Ambuc Hall**  
12:00 AM - 12:00 AM  
Geri Wood,  
woodins@moultrie.com  
*Ambuc Men's Meeting*
- October 17, 2019      **Department of Motor Vehicles at the Elizabeth Titus Memorial Library**  
**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
10am-2pm  
*Department of Motor Vehicles at the Elizabeth Titus Memorial Library*
- October 17, 2019      **BINGO at American Legion**  
**Sullivan American Legion Post #68**  
**8 East Strain**  
**Sullivan, IL 61951**  
6:00 pm  
*The Sullivan American Legion hosts Bingo every Thursday night*
- October 17, 2019      **Free Play Group**  
**Early Intervention**  
**203 S. Graham**  
**Sullivan, IL 61951**  
9-10:30am  
Kathy Thomas, 217-728-7396  
*Bright Start is a free play group program for birth thru age three who reside in Moultrie County. Play groups meet on Thursday mornings at the Early Intervention Building*
- October 18, 2019  
- October 19, 2019  
October 21, 2019      **Sullivan Chamber & Economic Development Oktoberfest**  
  
**Boy Scout Meeting**  
**Wyman Park**  
**900-1098 N Main St**  
**Sullivan, IL 61951**  
6pm  
Geri Wood,  
woodins@moultrie.com  
*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*

- October 21, 2019      **Monday Morning Quilters at the Elizabeth Titus Memorial Library**  
Elizabeth Titus Memorial Library  
2 West Water Street  
Sullivan, IL 61951  
9:30am-11:30am  
*Meets each Monday at the Elizabeth Titus Memorial Library*
- October 22, 2019      **BINGO at Moultrie County Beacon**  
Moultrie County Beacon  
401 W. Water St.  
Sullivan, IL 61951  
Doors open at 4:30 and Early Bird Bingo starts at 6:00 pm  
Susan Rauch, 217-728-7396  
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TNT Resturant  
North side of Square  
Sullivan, IL 61951  
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- October 28, 2019      **Free Support Group**  
**Abundance of Life Health & Wellness Center**  
**903 W. Jackson St.**  
**Sullivan, IL 61951**  
7:00pm  
Terry or Jean Titus, 217-728-4638  
tj.titus@yahoo.com  
*Abundance of Life Health & Wellness Center offers free support group Monthly on the 4th Monday.*
- October 28, 2019      **Boy Scout Meeting**  
**Wyman Park**  
**900-1098 N Main St**  
**Sullivan, IL 61951**  
6pm  
Geri Wood,  
woodins@moultrie.com  
*Sullivan Boy Scouts Meeting at the Sullivan Scout cabin*
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9:30am-11:30am  
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- October 29, 2019      **BINGO at Moultrie County Beacon**  
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- October 31, 2019      **BINGO at American Legion**  
**Sullivan American Legion Post #68**  
**8 East Strain**  
**Sullivan, IL 61951**  
6:00 pm  
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7am-9am  
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**American Legin Post #68**  
**8 East Strain St.**  
**Sullivan, IL 61951**  
7pm  
*American Legion Auxiliary Meeting*
- November 5, 2019      **Dine with a Doc**  
**Mason Point-Knight Building**  
**One Masonic Way**  
**Sullivan, IL 61951**  
11:00am  
Angie Clawson, 217-728-4394 ext1200  
aclawson@petersenhealthcare.net  
*Dine with a Doc at Mason Point Max J. Knight building. A FREE lunch for seniors and the opportunity to meet with a physician from the area.*
- November 5, 2019      **Dine With A Doc**  
11am  
Nicole White,  
*Mason Point Dine With A Doc*
- November 6, 2019      **Sons of the American Legion Post 68 meeting**  
**American Legion Post #68**  
**8 E. Strain St.**  
**Sullivan, IL 61951**  
7pm  
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**Sullivan Ambuc Hall**  
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woodins@moultrie.com  
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8am  
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**Sullivan High School**  
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7pm  
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**Elizabeth Titus Memorial Library**  
**2 West Water Street**  
**Sullivan, IL 61951**  
10am-2pm  
*Department of Motor Vehicles at the Elizabeth Titus Memorial Library*
- December 13, 2019      **Sullivan Chamber & Economic Development Old Fashion Christmas**