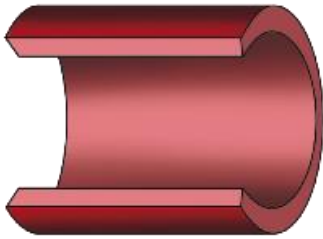


## Catch health problems before they go too far.

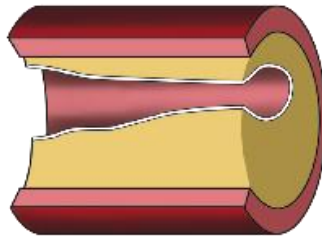
Life Line Screening, recognized with an A+ rating by the Better Business Bureau, offers a 5-test package to thoroughly check you for risk of stroke, cardiovascular disease and other chronic conditions. The combination of these tests helps detect problems—**before you have symptoms** and while you and your doctor can still take action...so you can keep doing the things you love.



### Plaque buildup in the arteries can lead to heart disease, aneurysm or stroke.



A normal artery allows blood to flow through easily.



Plaque buildup in the arteries reduces your blood flow and can be dangerous if left untreated.

### Register now to check the health of your arteries

### 5 Important Screenings for Only \$149 a Savings of \$181!

- Carotid Artery Screening (Plaque)
- Heart Rhythm Screening (Atrial Fibrillation)
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening
- Osteoporosis Risk Assessment

Join the **8 million people** who have been screened. We are coming to your neighborhood.

**Where: Carroll – American Legion**

**When: Monday, January 6, 2020**

**Call Brenda Clark to pre-register at 317-409-8685 and receive a special discount**

Please call toll-free **888-653-6434** to register for your screening and to receive a \$10 discount or visit [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle)

Screening results are provided to you in 21 days. We direct all participants with abnormal results to take the report to their physician. Carotid Artery and PAD screenings help identify the presence of Atherosclerosis, and if found, can be an early warning for higher risks of stroke and coronary artery disease. Such early warning information can help you and your doctor take important steps to reduce your risk for more serious health issues. If necessary, steps may include lifestyle and diet, medical therapies, and even more thorough follow-up testing and evaluation of your heart function. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. Screenings in California are provided by Life Line Mobile Screening, a physician owned practice. Screenings in Kansas are performed by Life Line Screening of America, Ltd. on behalf of Life Line Screening Physicians, P.A. Screenings in New Hampshire, New Jersey and New York are performed by Life Line Medical Screening, LLC (Dr. Andrew Manganaro, 70 Niagara Street, Buffalo NY, 14202). Life Line Screening does not engage in the practice of medicine in those states. This information is not intended to induce referrals by Life Line Screening to Life Line Medical Screening, LLC for any professional medical service. Texas residents: Physician authorization is required. A Life Line Screening affiliated physician will provide authorization for you if you qualify. Cancellation Policy: A full refund is issued if you call to cancel at least 2 days prior to your appointment. If less than 2 days' notice is given, we will issue a Gift Card for the full amount to be used by you, or anyone you choose, to purchase future screening services.

# Know Your Risk: Checking the Health of Your Arteries

Answer the risk factor questions and then check your result based on age group.

1. Do you have a family history of heart attack, stroke or other cardiovascular disease?.....  Yes  No  Unknown
2. Do you have diabetes?.....  Yes  No  Unknown
3. Do you have high blood pressure?.....  Yes  No  Unknown
4. Do you have high cholesterol?.....  Yes  No  Unknown
5. Do you smoke or live with a smoker?.....  Yes  No  Unknown
6. Are you overweight by 20lbs or more?.....  Yes  No  Unknown
7. Are you age 55 or older ?.....  Yes  No

**AGE:** Under 40



**AGE:** 40 to 54



**AGE:** 55 & Older



## Wait a While

Screenings are not recommended for people under 40. (Unless your doctor has recommended them to you.)

Make sure to get your blood pressure, cholesterol, height, weight, and waist size checked.

## Consider

Vascular screening may be right for you. Though you are on the younger side, your risk factors potentially make you a candidate. Please consult with your doctor and consider your personal preferences about screening.

2 OR MORE YES ANSWERS

## Recommended

Vascular screening is most likely right for you. You have at least 2 risk factors, including your age. These risk factors make you a candidate.

2 OR MORE YES ANSWERS

*Other factors may impact your risk such as gender, ethnicity, and Body Mass Index. Please consult with your doctor.*

## Not Recommended

You are in an appropriate age group to consider vascular screening, but do not have enough risk factors to warrant screenings at this time. If you have several "Unknown" make sure to get those answers and then take the quiz again just to doublecheck.

0 OR 1 YES ANSWERS

## Not Recommended

You are in an appropriate age group to consider vascular screening, but do not have enough risk factors to warrant screenings at this time. If you have several "Unknown" make sure to get those answers and then take the quiz again just to doublecheck.

0 OR 1 YES ANSWERS