

RATES for Classes

7 -week session -\$48; Drop in Rate \$10

Kids Yoga - 6 sessions - \$30-Must sign up for entire session.

Credit Card, Venmo, Cash or Check payment methods.



February Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Starting Feb. 1 - classes will be held at the new studio space, 1103 Broadway! Use the front entrance & take stairs down to the lower level! Below Leaps of Love and Highland Printers</p>						<p>1 8-9:00 am Hatha/Flow 9:15-10:15 Chair</p>
<p>2 5:30-6:30 pm Athlete Yoga</p>	<p>3 5:20-6:15 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow</p>	<p>4</p>	<p>5 5:20-6:15 am Hatha/Flow 400-4:45 Kids Yoga 7:15-8:15 pm Restorative</p>	<p>6</p>	<p>7</p>	<p>8 8-9:00 am Hatha/Flow 9:15-10:15 Chair</p>
<p>9 5:30-6:30 pm Athlete Yoga</p>	<p>10 5:20-6:15 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow</p>	<p>11</p>	<p>12 5:20-6:15 am Hatha/Flow 400-4:45 Kids Yoga 7:15-8:15 pm Restorative</p>	<p>13</p>	<p>14</p>	<p>15 8-9:00 am Hatha/Flow 9:15-10:15 Chair</p>
<p>16 5:30-6:30 pm Athlete Yoga</p>	<p>17 5:20-6:15 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow</p>	<p>18</p>	<p>19 5:20-6:15 am Hatha/Flow 400-4:45 Kids Yoga 7:15-8:15 pm Restorative</p>	<p>20</p>	<p>21</p>	<p>22 8-9:00 am Hatha/Flow 9:15-10:15 Chair</p>
<p>23 5:30-6:30 pm Athlete Yoga</p>	<p>24 5:20-6:15 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow</p>	<p>25</p>	<p>26 5:20-6:15 am Hatha/Flow NO KIDS YOGA 7:15-8:15 pm Restorative</p>	<p>27</p>	<p>28</p>	<p>29 8-9:00 am Hatha/Flow 9:15-10:15 Chair</p>