

RATES for Classes Jan/Feb Classes begin Jan. 5

7-week session -\$48; Drop in Rate \$10

Kids Yoga - 6 sessions - \$30-Must sign up for entire session.

Credit Card, Venmo, Cash or Check payment methods.



January Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Holiday Schedule 5:30-6:30 am and 9:00-10:00 am Hatha/Flow (\$8)	Holiday Schedule 9:00-10:00 am Hatha/Flow (\$8)	1	2	3	4 Holiday Schedule 9:00-10:00 am Hatha/Flow (\$8)	
5 5:30-6:30 pm Athlete Yoga	6 5:30-6:30 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow	7 8 No Classes January 7 - 13 - Sharon is out of town.				9 10 No Classes	11 No Classes
12 No Classes	13 No Classes	14	15 5:30-6:30 am Hatha/Flow 400-4:45 Kids Yoga 7:15-8:15 pm Restorative	16	17	18 8-9:00 am Hatha/Flow 9:15-10:15 Chair	
19 5:30-6:30 pm Athlete Yoga	20 5:30-6:30 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow	21	22 5:30-6:30 am Hatha/Flow 400-4:45 Kids Yoga 7:15-8:15 pm Restorative	23	24	25 8-9:00 am Hatha/Flow 9:15-10:15 Chair	
26 5:30-6:30 pm Athlete Yoga	27 5:30-6:30 am Hatha/Flow 5:00-6:00 pm Beginner/Gentle Flow	28	29 5:30-6:30 am Hatha/Flow 4:00-4:45 Kids Yoga 7:15-8:15 pm Restorative	30	31	Move into new studio space! 1103 Broadway Below Leaps of Love and Highland Printers	