

RATES for Classes

8-week sessions -\$45; Drop in Rate \$7
 Credit Card, Venmo, Cash or Check
 payment methods.

Yoga with Sharon - June Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADDITIONAL CLASSES for JUNE/JULY: Later Morning Hatha - Monday's 8:30-9:30 am; Week Day Chair on Wednesdays 8:30-9:30 am - \$45 each class Kids yoga classes begin June 11 - 5 week summer sessions (\$20; \$5 drop in)						
						1 8-9:00 am Hatha/Flow 9:15-10:15 am Chair
2 5:30-6:30 pm Athlete Yoga 7:00-8:00 pm Restorative	3 5:20-6:15 am Hatha/Flow 8:30-9:30 am Hatha/Flow	4 9:00-9:45 am Kids Yoga at Latzer Library	5 5:20-6:15 am Hatha/Flow 8:30-9:30 am Chair 7:00 - 8:00 pm Restorative	6 9:00-9:45 am Kids Yoga at LatzerLibrary	7 6:30-7:30 am Park Yoga (Silver Lake Park)	8 8-9:00 am Hatha/Flow 9:15-10:15 am Chair
9 5:30-6:30 pm Athlete Yoga 7:00-8:00 pm Restorative	10 5:20-6:15 am Hatha/Flow 8:30-9:30 am Hatha/Flow	11 9:00-9:30 am Young Kids Yoga Age 5-9	12 5:20-6:15 am Hatha/Flow 8:30-9:30 am Chair 7:00 - 8:00 pm Restorative	13 9:00-9:45 am Older Kids Yoga Age 10-13	14 6:30-7:30 am Park Yoga (Silver Lake Park)	15 8-9:00 am Hatha/Flow 9:15-10:15 am Chair
16 5:30-6:30 pm Athlete Yoga 7:00-8:00 pm Restorative	17 5:20-6:15 am Hatha/Flow 8:30-9:30 am Hatha/Flow	18 9:00-9:30 am Young Kids Yoga Age 5-9	19 5:20-6:15 am Hatha/Flow 8:30-9:30 am Chair 7:00 - 8:00 pm Restorative	20 9:00-9:45 am Older Kids Yoga Age 10-13	21 6:30-7:30 am Park Yoga (Silver Lake Park)	22 8-9:00 am Hatha/Flow 9:15-10:15 am Chair
23/30 5:30-6:30 pm Athlete Yoga 7:00-8:00 pm Restorative	24 5:20-6:15 am Hatha/Flow 8:30-9:30 am Hatha/Flow	25 9:00-9:30 am Young Kids Yoga Age 5-9	26 5:20-6:15 am Hatha/Flow 8:30-9:30 am Chair 7:00 - 8:00 pm Restorative	27 9:00-9:45 am Older Kids Yoga Age 10-13	28 6:30-7:30 am Park Yoga (Silver Lake Park)	29 8-9:00 am Hatha/Flow 9:15-10:15 am Chair