



**FOR IMMEDIATE RELEASE: May 3, 2019**

**For more information, contact:**

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**HSHS Athletes Advantage Sports Medicine and HSHS  
Medical Group offering free school physicals for  
students entering 10<sup>th</sup> through 12<sup>th</sup> grade  
*Online registration required, opens May 6***

Ensure your athletes are ready for the upcoming sports seasons by registering your son or daughter for free sports physicals offered by HSHS Athletes Advantage Sports Medicine and HSHS Medical Group. The sports physicals are offered for students entering 10<sup>th</sup> grade through 12<sup>th</sup> grade. Sports physicals will not address chronic issues, medications, or immunizations.

A variety of dates and locations are available throughout the HSHS Southern Illinois Division, in O'Fallon, Breese, Greenville and Highland. Each of these will be from 5 to 8 p.m.

- Wednesday, June 12 at HSHS St. Joseph's Hospital's HealthPlex in Breese.
- Monday, June 24 at HSHS St. Joseph's Hospital's Specialty Clinics in Highland.
- Monday, July 8 at HSHS Holy Family Hospital's Specialty Clinics in Greenville.
- Tuesday, July 23 at HSHS Medical Group Primary & Specialty Care – O'Fallon at 670 Pierce Blvd.
- Tuesday, August 6 at HSHS Medical Group Primary & Specialty Care – O'Fallon at 670 Pierce Blvd.

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Online registration is required and opens May 6. Spots are limited, so make your appointment early. To register, visit [athletesadvantage.hshs.org/sports](http://athletesadvantage.hshs.org/sports). For more information, contact Jamie Wagner, manager, at (618) 526-5628 or email [jamie.wagner@hshs.org](mailto:jamie.wagner@hshs.org).

HSHS Athletes Advantage Sports Medicine has been providing Certified Athletic Trainers to local schools since 2002. HSHS Athletes Advantage Sports Medicine is part of the Southern Illinois Division of Hospital Sisters Health System, which also includes HSHS St. Elizabeth's Hospital in O'Fallon, HSHS St. Anthony's Memorial Hospital in Effingham, HSHS St. Joseph's Hospital in Breese, HSHS Holy Family Hospital in Greenville, and HSHS St. Joseph's Hospital in Highland.

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**About Hospital Sisters Health System**

Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high quality, Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our 15 Local Systems and physician practices in Illinois (Breese, Decatur, Effingham, Greenville, Highland, Litchfield, O'Fallon, Shelbyville, and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan, and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and Hospital Sisters of St. Francis is the founding institute. For more information about HSHS, visit [www.hshs.org](http://www.hshs.org). For more information about Hospital Sisters of St. Francis, visit [www.hospitalersisters.org](http://www.hospitalersisters.org).