

## **Orthopedic physicians join Steward Health Care team**

Surgeons' specialties include robotic surgery, joint replacement, general orthopedics

Melbourne, Florida (December 5, 2019) – The Steward Health Care family is welcoming two longtime orthopedic surgeons: Kenneth Sands, MD, and Anthony Lombardo, MD.

Dr. Sands specializes in minimally invasive robotic-assisted surgery to relieve joint pain. He graduated from Tulane University School of Medicine in New Orleans and completed his residency at State University of New York in Brooklyn. His fellowship in orthopedic joint replacement surgery was at the Florida Orthopaedic Institute in Tampa.

“As I went through medical school, I realized that orthopedics is a great specialty as far as helping people,” said Dr. Sands. “People usually come in with some kind of acute or semi-acute pain and we’re able to make them better rather quickly.”

Board-certified by the American Board of Orthopaedic Surgery, Dr. Sands belongs to the American Academy of Orthopaedic Surgeons and the American Association of Hip and Knee Surgeons. Before coming to Florida, he practiced in Rome, Ga., serving as medical director of a total joint center he helped set up.

Dr. Sands is a U.S. Army veteran who was director of William Beaumont Army Medical Center’s program for adult joint reconstruction. He was also a faculty member at Texas Tech University Health Sciences Center School of Medicine in El Paso, Texas.

Dr. Lombardo’s specialties include sports medicine, and his orthopedic practice on knees and shoulders in Brevard stretches back to 1989. He said that his work is a good fit with his mechanical aptitude and his interest in people.

“In orthopedics, you’re always figuring things out, having to adapt – ‘MacGyvering’ things,” he said. “You go from plan A to plan B to plan C, which is a challenge I like. It also gives me a chance to be compassionate, to work with people, find out what they need, help them get better.”

Dr. Lombardo earned his medical degree from the University of Miami Miller School of Medicine, Jackson Memorial Hospital, where he also interned. He completed a four-year orthopedic surgical internship at the University of California, San Francisco.

Among Dr. Lombardo’s specialties are total joint replacement, arthroscopic knee and rotator cuff surgery, and reconstructive orthopedics – both for adults and children 10 and older.

He is a member of the American Academy of Orthopaedic Surgeons, the American Medical Association, the Florida Medical Association, the Brevard County Medical Society and the Florida Orthopaedic Society.

Both surgeons are accepting new patients. Contact them at 321-541-1777.

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## About Steward Health Care – Rockledge & Melbourne

The Mission of Rockledge Regional Medical Center and Melbourne Regional Medical Center is to provide the highest quality health care with compassion and respect. Both hospitals are full acute care hospitals and includes a network of affiliates providing rehab services, wound care, laboratory services and assisted living. For more information on Rockledge Regional Medical Center or Melbourne Regional Medical Center, visit: [www.Rockledgeregional.org](http://www.Rockledgeregional.org) and [www.Melbourneregional.org](http://www.Melbourneregional.org).

## About Steward Health Care System

Steward Health Care is the nation's largest private, tax paying physician-led health care network in the United States. Headquartered in Dallas, Texas, Steward operates 36 hospitals in the United States and the country of Malta that regularly receive top awards for quality and safety. The company employs approximately 42,000 health care professionals. The Steward network includes multiple urgent care centers and skilled nursing facilities, substantial behavioral health services, over 7,900 beds under management, and approximately 2.2 million full risk covered lives through the company's managed care and health insurance services.

The Steward Health Care Network includes 5,000 physicians across 800 communities who help to provide more than 12 million patient encounters per year. Steward Medical Group, the company's employed physician group, provides more than six million patient encounters per year. The Steward Hospital Group operates hospitals in Malta and nine states across the U.S., including Arizona, Arkansas, Florida, Louisiana, Massachusetts, Ohio, Pennsylvania, Texas, and Utah.