

**FOR IMMEDIATE RELEASE** October 16, 2019

CONTACT:

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## VNA Complimentary Community Wellness Screenings in November

**MELBOURNE, Florida** – (Wednesday, October 16, 2019) – The Visiting Nurse Association (VNA) is offering the following no-cost community wellness screenings throughout Brevard County this November:

## **Blood Pressure and Blood Sugar Screenings:**

- Friday, November 1, 2019 11:00 a.m. 12:00 p.m. AARP Indian Harbour Beach Recreation Center 1233 Yacht Club Blvd, Melbourne 32937
- Wednesday, November 6, 2019 9:30 a.m. 11:00 a.m. Cocoa Beach Public Library 550 N. Brevard Ave, Cocoa 32931
- Wednesday, November 6, 2019 9:30 a.m. 11:30 a.m. VNA Sebastian Hidden Treasures 11646 Us Hwy 1, Sebastian 32958
- Thursday, November 7, 2019 9:00 a.m. 11:00 a.m. Greater Palm Bay Senior Center 1275 Culver Dr. NE, Palm Bay 32907
- Tuesday, November 12, 2019 10:30 a.m. 12:00 p.m. Arrowood Mobile Park 1000 Fell Rd., Melbourne 32904
- Tuesday, November 12, 2019 10:30 a.m. 12:00 p.m. Wickham Senior Center 2785 Leisure Way, Melbourne 32935
- Wednesday, Wednesday 13, 2019 9:30 a.m. 11:30 a.m. VNA Sebastian Hidden Treasures 11646 Us Hwy 1, Sebastian 32958
- Thursday, November 14, 2019 8:30 a.m. 9:30 a.m. Ascension Manor 2960 Pineapple Ave, Melbourne 32935
- Tuesday, November 19, 2019 9:30 a.m. 11:00 a.m. Melbourne Public Library 540 E. Free Ave, Melbourne 32901

\*For morning blood sugar tests, you will need to fast from midnight on.

## **Blood Pressure Screenings:**

• Tuesday, November 19, 2019 12:00 p.m. – 1:00 p.m. Cape Canaveral Library 201 Polk Ave, Cape Canaveral 32920

 Thursday, November 21, 2019 12:00 p.m. – 1:00 p.m. South Mainland Library 7921 Ron Beatty Blvd, Micco 32976

## About VNA

Since 2000, VNA has been providing home healthcare services throughout Brevard County. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com.