FOR IMMEDIATE RELEASE
November 15, 2019

CONTACT:

Stephanie Nelson
Marketing and Communications Coordinator
snelson@vnatc.com
772.978.5515

<div align="center">

VNA Complimentary Wellness Screenings in December

</div>

MELBOURNE, Florida – (Friday, November 15, 2019) – The Visiting Nurse Association (VNA) is offering the following no-cost community wellness screenings throughout Brevard County this December:

Blood Pressure and Blood Sugar Screenings:

- Wednesday, December 4   9:30 a.m. – 11:00 a.m. Cocoa Beach Public Library 550 N. Brevard Ave, Coco
- Thursday, December 5   9:00 a.m. – 11:00 a.m.   Greater Palm Bay Senior Center 1275 Culver Dr. NE, Palm Bay
- Friday, December 6   11:00 a.m. – 12:00 p.m. AARP Indian Harbour Beach Recreation Center 1233 Yacht Club Blvd, Melbourne
- Monday, December 9   9:30 a.m. – 10:30 a.m. Satellite Beach Civic Center 565 Cassia Blvd, Satellite Beach
- Tuesday, December 10   10:30 a.m. – 12:00 p.m. Arrowood Mobile Park 1000 Fell Rd., Melbourne
- Tuesday, December 10   10:30 a.m. – 12:00 p.m. Wickham Senior Center 2785 Leisure Way, Melbourne
- Thursday, December 12   8:30 a.m. – 9:30 a.m. Ascension Manor 2960 Pineapple Ave, Melbourne
- Thursday, December 12   10:00 a.m. – 12:00 p.m. Sunflower House 777 E. Merritt Island Causeway, Merritt Island
- Tuesday, December 17   9:30 a.m. – 11:00 a.m.   Melbourne Public Library 540 E. Free Ave, Melbourne

For morning blood sugar tests, you will need to fast from midnight on.

Blood Pressure Screenings:
- Tuesday, December 17   12:00 p.m. – 1:00 p.m. Cape Canaveral Library 201 Polk Ave, Cape Canaveral
- Thursday, December 19   12:00 p.m. – 1:00 p.m.   South Mainland Library 7921 Ron Beatty Blvd, Micco

About VNA
Since 2000, VNA has been providing home healthcare services throughout Brevard County. A 501(C)(3) non-profit, the organization also provides community wellness services such as flu vaccinations, no-cost blood pressure/blood sugar screenings, speakers on health-related topics for local community groups, and attends and sponsors several health expos throughout Brevard County. VNA Home Health is affiliated with the Visiting Nurse Association of the Treasure Coast (VNA), which has been serving Indian River County for over 40 years. For more information about VNA services, call 321-752-7550 or visit www.vnatc.com.